

Ten Simple Things

That Can Boost Your Child's Brain Power

1.
Spend time with your child.

2.
Hold and hug your child.

3.
Provide a stable relationship.

4.
Provide a safe, healthy
environment.

5.
Encourage your child with
attention and praise.

6.
Insist on quality care for
your child.

7.
Talk with your child.

8.
Play with your child.

9.
Sing and play music
with your child.

10.
Read to your child.

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