

Jefferson State Community College  
and  
Childcare Resources

**presents**

Stepping Stones  
2009

Saturday, July 25, 2009  
7:30 a.m. – 3:15 p.m.

*Jefferson State Community College  
Shelby-Hoover Campus*



# Stepping Stones 2009

## Schedule of Events

Time	Event
7:30 am – 8:00 am	Registration & Visit Exhibitor Tables
8:00 am – 10:00 am	<p><b>Session 1</b></p> <p><b>101 – Alabama Child Care and Education Professional Development System</b>            This session will inform participants about “Alabama Pathways to Quality Care and Education”. Participants will define professional development, outline their own professional development plan and identify professional development resources. <i>DHR: Child Care Professional and Family. CDA: Maintaining a commitment to professionalism.</i>  <b>Maria Dacus</b>, quality enhancement coordinator, Alabama Department of Human Resources</p> <p><b>102 – Loving Discipline vs. Punishment</b>            Participants will learn what behaviors to expect based on the age of the children. They will also learn and understand the difference between discipline and punishment.  <i>DHR: Positive Guidance and Discipline. CDA: Positive ways to support children’s social and emotional development.</i>  <b>Ruby M. Felton</b>, community program specialist, Exchange Club Family Skills Center</p> <p><b>103 – Teaching Limits: The 6 C’s of Discipline</b>            This session will provide helpful behavior modification practices and proper guidance techniques to use when working with young children.  <i>DHR: Child Development. CDA: Principles of child development and learning.</i>  <b>Lisa Kirkland</b>, special education teacher, Montgomery County Board of Education</p> <p><b>104 – Goldilocks and The Three Bears Are Still Important</b>            Remember the stories from your childhood? This will remind you of stories past, introduce stories of the present and present stories for the future. You will learn to interweave different story styles with activities you can use in your classroom.  <i>DHR: Language Development. CDA: Principles of child development and learning.</i>  <b>Robin Fiedler, PhD</b>, assistant professor, University of Alabama at Birmingham.</p> <p><b>105 – Dollar Science</b>            In this workshop you will participate in hands-on science activities for children 3-6 years old. You will gain a better understanding of pre-school science while experimenting with fun, inexpensive and educational materials.  <i>DHR: Child Development. CDA: Steps to advance children’s physical and intellectual development.</i>  <b>Lindsay Odell</b>, early childhood education manager, McWane Science Center</p>

8:00 am – 10:00 am  
(continued)

**106 – Writing On & “Off the Wall”**

Come follow us down the chalk marked road! There will be inspiring storytelling, journaling, prewriting and language development through traditional, as well as “off the wall” interactive strategies for students ages 3-5. *DHR: Language Development. CDA: Steps to advance children's physical and intellectual development.*

Lisa Dolensky, pre-kindergarten teacher, Christ the King Preschool

**107 – Too Many Timeouts**

Do you find yourself constantly putting the children in timeout? Come learn how you can put timeouts in timeout! *DHR: Positive Guidance and Discipline. CDA: Positive ways to support children's social and emotional development.*

Jami Parker, executive director, South Highland Child Development Center

**108 – Shaken Baby Syndrome**

The goal of this session, offered by the UAB Shaken Baby Prevention Program, is to decrease the number of shaken baby syndrome cases by educating participants on the dangers of shaking small children and teaching them healthy ways to respond to infant crying. *DHR: Health, Safety and Universal Precautions. CDA: Planning a safe and healthy environment to invite learning.*

Melissa Nelson, program coordinator, UAB Shaken Baby Prevention Program

**109 – Hidden Treasures in Literature: Emergent Literacy in the Classroom**

Come join this hands-on workshop that will introduce ways to use emergent literature for all subject areas including science, math and social studies. *DHR: Language Development. CDA: Principles of child development and learning.*

Theresa Patterson, technical assistant, Office of School Readiness

**110 – Job Responsibilities, Roles and Workplace Dynamics**

Workplace frustration can occur when roles and responsibilities are misunderstood. Rod creatively takes the NAEYC and AL DHR understanding of center staff roles and responsibilities, discusses the causes of workplace interpersonal conflict and solicits group involvement in providing specific solutions. *DHR: Child Care Professional and Family. CDA: Strategies to manage an effective program operation.*

Rodney Annis, director of weekday children's ministry, Canterbury United Methodist Church

**111 – Elements of Supervision In a Childcare Setting**

Supervision should be one of your top priorities as a child care provider. This session will focus on the dangers of poor supervision, room arrangement, DHR Minimum Standards, etc. *DHR: Quality Child Care and Licensing. CDA: Principles of child development and learning.*

Charita Perry, director of child care program, Greater Shiloh Missionary Baptist Church

**112 – Transitioning to Kindergarten: Does Quality Care Really Matter?**

Think that going from child care to big school just means a different building and a new teacher? It means so much more than that. The quality of child care prior to school entry sets the stage for later success in both school and life. Attend this session to learn just what a difference you are making in the life of a child. *DHR: Quality Child Care and Licensing. CDA: Principles of child development and learning.*

Joan Wright, executive director, Childcare Resources

<p>10:00 am – 10:20 am</p>	<p><b>Visit Exhibitor Tables and Check on Door Prizes</b></p> <p>Please use this time to visit with our exhibitors. You will find them to be a great resource for your early childhood program.</p> <p>Also, don't forget to stop by to see if you have been selected to win one of our great door prizes.</p>
<p>10:20 am – 12:20 pm</p>	<p><b>Session 2</b></p> <p><b>201 – Alabama Child Care and Education Professional Development System (Repeat from Session 1)</b>  This session will inform participants about “Alabama Pathways to Quality Care and Education”. Participants will define professional development, outline their own professional development plan, and identify professional development resources. <i>DHR: Child Care Professional and Family. CDA: Maintaining a commitment to professionalism.</i>  <b>Maria Dacus</b>, quality enhancement coordinator, Alabama Department of Human Resources</p> <p><b>202 – Loving Discipline vs. Punishment (Repeat from Session 1)</b>  Participants will learn what behaviors to expect based on the age of the children. They will also learn and understand the difference between discipline and punishment.  <i>DHR: Positive Guidance and Discipline. CDA: Positive ways to support children's social and emotional development.</i>  <b>Ruby M. Felton</b>, community program specialist, Exchange Club Family Skills Center</p> <p><b>203 – Special Touches: Ideas for Children with Special Needs</b>  Come learn some exciting ways to meet the various needs of all your children. You will leave with ideas for cross-curricular activities based on literature that will include whole class activities, physical therapy, speech therapy and occupational therapy.  <i>DHR: Child Development. CDA: Steps to advance children's social and emotional development.</i>  <b>Lisa Kirkland</b>, special education teacher, Montgomery County Board of Education</p> <p><b>204 – Developmental Stages of Preschool Children</b>  Teachers often have to change classrooms or substitute in a classroom they really don't know. What is important at each age and what can you expect of the children? This session will give you a child's eye view of what to expect.  <i>DHR: Quality Child Care and Licensing. CDA: Principles of child development and learning.</i>  <b>Robin Fiedler, PhD</b>, assistant professor, University of Alabama at Birmingham</p> <p><b>205 – Dollar Science (Repeat from Session 1)</b>  In this workshop you will participate in hands-on science activities for children 3-6 years old. You will gain a better understanding of pre-school science while experimenting with fun, inexpensive and educational materials.  <i>DHR: Quality Child Care and Licensing. CDA: Steps to advance children's physical and intellectual development.</i>  <b>Lindsay Odell</b>, early childhood education manager, McWane Science Center</p>

10:20 am – 12:20 pm  
(continued)

**206 – Pray n’ Play**

Attention all faith-based centers, this session is for you. Lisa will introduce activities that will nurture the spirituality of your little ones as well as contribute to family outreach and promote a classroom environment of kindness.

*DHR: Child Care Professional and Family. CDA: Positive ways to support children’s social and emotional development.*

Lisa Dolensky, pre-kindergarten teacher, Christ the King Preschool

**207 – What is Autism?**

This session is designed for Pre-K teachers to understand what is and what is NOT Autism. Everyone has heard of Autism but not everyone understands it or knows how to approach/teach children who have been diagnosed. This session will reveal the “mysteries” of Autism.

*DHR: Child Development. CDA: Principles of child development and learning.*

Tonya Trim, education specialist, Office of School Readiness

**208 – Enhancing Development with Art**

Teachers are always looking for new art activities to use in the classroom. This session will introduce fun art activities that are not only fun but also enhance the children’s development. You will also look at the difference between art and crafts. *DHR: Child Care Professional and Family. CDA: Principles of child development and learning.*

Patrice Smith, developmental specialist, United Cerebral Palsy

**209 – Including ALL Children**

Do you get nervous thinking about having a child with special needs in your classroom? Well rest easy because in this session you will learn how to make simple adaptations to your classroom and activities to include children with special needs. *DHR: Health, Safety and Universal Precautions. CDA: Planning a safe and healthy environment to invite learning.*

Kelli Gerchow, developmental specialist, United Cerebral Palsy

**210 – Fun with Books**

Yes, fun with BOOKS. It is possible to make reading fun for young children. This session will introduce techniques and activities for classroom story time, puppets, voices, etc. *DHR: Language Development. CDA: Principles of child development and learning.*

Sharon Townson, assistant director, Cullman County Public Library

**211 – Learning Language Through Technology**

Technology is taking over the world or at least it feels like that at times. In this session you will learn fun and creative ways to teach language and literacy through the latest technology. *DHR: Language Development. CDA: Steps to advance children’s physical and intellectual development.*

Jami Parker, executive director, South Highland Child Development Center

**212 – Looking for Math in All the Right Places**

In this session, preschool teachers will learn how to integrate appropriate math concepts and skills in their daily schedule. You will identify national standards in mathematics for preschool children and discover songs, finger plays, games and books that promote mathematical thinking in children.

*DHR: Child Development. CDA: Principles of child development and learning.*

Tara Skiles, technical assistant, Alabama Office of School Readiness

<p>10:20 am – 12:20 pm (continued)</p>	<p><b>213 – All Work and No Play – Are You Play Deprived?</b> Do kids really learn more through play? Play is a fundamental avenue to learning. Discover why play is crucial to a child's learning and how to implement more play in your classroom. <i>DHR: Quality Child Care and Licensing. CDA: Principles of child development and learning.</i> Brooke Burgess, health and development specialist, Success By 6</p>
<p>12:20 pm – 1:00 pm</p>	<p><b>Lunch &amp; Visit Exhibitor Tables</b></p> <p>Please use this time to visit with our exhibitors. You will find them to be a great resource for your early childhood program. Also, don't forget to stop by to see if you have been selected to win one of our great door prizes.</p>
<p>1:00 pm – 3:00 pm</p>	<p><b>Session 3</b></p> <p><b>301 – Sing and Dance Through Play</b> This session will introduce a variety of exciting games, activities and methods for teaching through movement. You will learn the brain dance to integrate the whole child as you get a handle on movement as a tool for learning. <i>DHR: Child Development. CDA: Steps to advance children's physical and intellectual development.</i> Mary Foshee, project director, Children's Dance Foundation</p> <p><b>302 – Check Out Your Library: A Literature Based Curriculum</b> Your local public library can be your biggest resource. Are you making the most of it? In this session you will discover everything your library has to help you create a literature based curriculum. <i>DHR: Quality Child Care and Licensing. CDA: Principles of child development and learning.</i> Dona Smith, children's librarian, Homewood Public Library</p> <p><b>303 – The 'Not So Grouchy' Ladybug</b> This session will be packed full of ideas to use ladybugs across the curriculum. You will leave with ideas to use ladybugs during math, snack, science, literature and outdoor play. <i>DHR: Child Development. CDA: Principles of child development and learning.</i> Lisa Kirkland, special education teacher, Montgomery Co. Board of Education</p> <p><b>304 – Transitioning to Kindergarten: Important Tools to Guide the Way</b> Are your children really ready for Kindergarten? Do you even know what they need to be ready? This session will equip you with the tools you will need to make sure you are preparing your 4 year old children for that next step. <i>DHR: Child Care Professional and Family. CDA: Steps to advance children's physical and intellectual development.</i> Jan McShan, early childhood coordinator, Birmingham City Schools</p> <p><b>305 – Elements of Supervision In a Childcare Setting</b> Supervision should be one of your top priorities as a child care provider. This session will focus on the dangers of poor supervision, room arrangement, DHR Minimum Standards, etc. <i>DHR: Quality Child Care and Licensing. CDA: Principles of child development and learning.</i> Charita Perry, director of child care program, Greater Shiloh Missionary Baptist Church</p>

<p>1:00 pm – 3:00 pm (continued)</p>	<p><b>306 – Using Your Playground as an Outdoor Classroom</b>  In this session you will learn about how to extend centers and activities to enhance children’s recess time with items you already have in your classroom. You will also discover what your role should be in the outdoor classroom.  <i>DHR: Child Development. CDA: Principles of child development and learning.</i>  Tara Skiles, technical assistant, Alabama Office of School Readiness</p> <p><b>307 – Making the Classroom Visual for Children with Developmental Delays or Autism</b>  This session will provide hands-on visuals of ideas/strategies on how to teach a child with Autism or Developmental Delays, as well as maintaining different behaviors in the classroom. <i>DHR: Positive Guidance and Discipline. CDA: Positive ways to support children’s social and emotional development.</i>  Tonya Trim, education specialist, Office of School Readiness</p> <p><b>308 – Safe Kids! Happy Kids!</b>  Playground time is typically the children’s favorite time of day so you already have the happy kids but do you have the safe kids? This session will focus on playground safety and everything that goes into making outside play fun and safe. <i>DHR: Child Care Professional and Family. CDA: Principles of child development and learning.</i>  Patrice Smith, developmental specialist, United Cerebral Palsy</p> <p><b>309 – Happy, Healthy and Safe Children</b>  Having happy, healthy and safe children should be one of your top priorities as a child care provider. This session will introduce to you the appropriate steps in basic precautions to assure you are providing the best of care.  <i>DHR: Health, Safety, and Universal Precautions. CDA: Planning a safe and healthy environment to invite learning.</i>  Kelly Gerchow, developmental specialist, United Cerebral Palsy</p> <p><b>310 – Fun with Books (Repeat from Session 2)</b>  Yes, fun with BOOKS. It is possible to make reading fun for young children. This session will introduce techniques and activities for classroom story time, puppets voices, etc. <i>DHR: Language Development. CDA: Principles of child development and learning.</i>  Sharon Townson, assistant director, Cullman County Public Library</p>
<p>3:00 pm – 3:15 pm</p>	<p><b>Visit Exhibitor Room and Check on Door Prizes</b></p> <p>This will be your last chance to check and see if you have been selected for a door prize.</p> <p>Don’t forget to make one last visit to our exhibitor tables.</p>
<p>3:15 pm</p>	<p><b>Conference Concludes</b></p>



## Stepping Stones 2009 Registration Instructions

Registration fees are non-refundable. Acceptable methods of payment are money orders, credit cards, personal checks and cash. ALL registration forms must be in our office no later than 12:00 noon on July 22, 2009.

*NO EXCEPTIONS.*

- One form per applicant. Duplicate as needed.
- Pricing is \$35 which includes 6 hours of training and lunch.
- Lunch will be provided by Chic-fil-A. The menu will include:
  - Your choice of Chic-fil-A Fried Chicken Sandwich, Grilled Sandwich or Side Salad served with:
    - Chips
    - Brownie
    - Fruit Cup
    - Bottled Water
- Payment must accompany registration. Form will not be processed without payment.
- All registrations are on a first-come, first-served basis. **Registration is limited!**
- Submission of this registration form grants permission for Childcare Resources to take photographs of participants during the conference for use in our newsletters and/or on our web site.
- After registering, if you are unable to attend, you must notify us no later than 4 p.m. on Wednesday, July 22, 2009, to receive training vouchers only.
- Please provide all requested information on the following registration form. Any information not provided might delay in registering you for the conference. An example of a completed registration form is included.
- If you have any questions regarding registration, please call Kadie Whatley at 252.1991 x300.



**Stepping Stones 2009 Registration Form**

Please send this form with your payment of \$35 to:  
**Childcare Resources**  
**Stepping Stones Registration**  
**1904 First Avenue North**  
**Birmingham, AL 35203**

**EXAMPLE ONLY**

Name: Tracie Snipes Email: [tsnipes@ccr-bhm.org](mailto:tsnipes@ccr-bhm.org)  
 Home Address: 123 Apple Street City/State/Zip: Birmingham, AL 35203  
 Home #: 205-123-4567 County: Jefferson  
 Name of Center/FCCH: The Best Child Care Program  
 Address: 1234 Orange Avenue  
 City/State/Zip: Birmingham, AL 35203 Work #: 205-252-1991  
 Visa  MasterCard  Expiration Date: 08/12 Credit Card Number: 1234 5678 9101 2131  
 3 digit security code (found on back of card): 123 Authorization Signature: sign your name here  
 Amount Paying: \$35.00

Please choose ONE of the following for lunch:  
 Fried Chicken Sandwich \_\_\_\_\_ or Grilled Chicken Sandwich X or Side Salad \_\_\_\_\_

Sessions	Session 1 8:00 a.m. – 10:00 a.m.	Session 2 10:20 a.m. – 12:20 p.m.	Session 3 1:00 p.m. – 3:00 p.m.
1 <sup>st</sup> Choice Enter Session #	103	210	304
2 <sup>nd</sup> Choice Enter Session #	101	205	306
3 <sup>rd</sup> Choice Enter Session #	110	202	301



**Stepping Stones 2009 Registration Form**

Please send this form with your payment of \$35 to:  
**Childcare Resources**  
**Stepping Stones Registration**  
**1904 First Avenue North**  
**Birmingham, AL 35203**

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Home Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Home #: \_\_\_\_\_ County: \_\_\_\_\_

Name of Center/FCCH: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Work #: \_\_\_\_\_

Visa  MasterCard  Expiration Date: \_\_\_\_\_ Credit Card Number: \_\_\_\_\_

3 digit security code (found on back of card): \_\_\_\_\_ Authorization Signature: \_\_\_\_\_

Amount Paying: \_\_\_\_\_

Please choose ONE of the following for lunch:

Fried Chicken Sandwich \_\_\_\_\_ or Grilled Chicken Sandwich \_\_\_\_\_ or Side Salad \_\_\_\_\_

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3 <sup>rd</sup> Choice Enter Session #			