



Chase Away Winter Blues with Winter Fun

Winter is here and one key concept preschoolers need to know is that each year consists of different seasons. There are several activities that can entertain and teach at the same time. Have fun with these suggested activities and your children will learn to love winter.

Rice Cake Snowman

Provide each child with small rice cakes, cream cheese, pretzel sticks, chocolate chips and cheetos. Have each child spread cream cheese over two rice cakes and place them to form the body of a snowman. Add chocolate chips for eyes, cheetos for a nose and pretzels for arms.

Footprints in the Snow

Gather several old pairs of shoes and boots and cut a long length of white butcher paper. Have one child at a time choose a pair of shoes to put on. Paint the bottoms of the shoes with blue paint, then invite the child to walk across the paper making footprints in the "snow." Continue until everyone has had a turn. Compare the varying designs made by the different shoes and boots.

Iceberg Mania

Make your water table into an icy ocean. Fill large bowls or water table with colored ice cubes (icebergs). Add plastic polar animals for an icy experience.

Indoor Ice Blocks

Cut large pieces of Styrofoam to resemble pieces of ice. Place them in the block area along with stuffed animals such as polar bears and seals that may live in the cold. The children can create an entire icy paradise.

Smashing Snowman

Provide white paint and a potato masher. Have the children dip the masher into white tempera paint and then press it onto blue construction paper three times to make the three parts of a snowman's body. Allow the paint to dry. Once dry, the children can place features on the snowman like a felt hat and nose and button eyes.

Mitten Match

Using a mitten pattern, create several pairs of mittens, one with a number on it, and one with corresponding number of dots. Hang one half of each set on a clothes line in the classroom. The children will find the corresponding glove and hang it next to the one on the clothes line.





It's Resource and Referral Update Time and We will be Calling all Directors

Thousands of families contact us each year when they search for child care, and we provide them with free, customized lists of providers who may meet their needs.

To be sure we have the most accurate information about your program in our system, someone will call you within the next few months to update your record.

Thank you for taking the time (5 – 10 minutes) to complete this update.

Sky's the Limit!

Childcare Resources' Annual
Conference
for Child Care Professionals

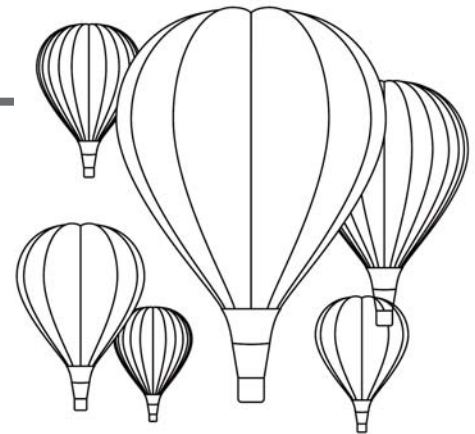
March 6, 2010

We are once again hosting this outstanding event at the
Birmingham Jefferson Convention Complex

To register or for more information, visit us online at
www.ccr-bhm.org

Look for your registration materials in the mail soon.

Tracie Snipes
(205)252-1991, ext. 310, tsnipes@ccr-bhm.org



Educational Opportunities

January, February, March 2010

Thank you for choosing Childcare Resources - the leader in continuing education for child care professionals - for your training needs.

JANUARY 2010

<p>Thursday, January 7 6:00 – 7:00 Free Level: Basic Deadline: January 5</p>	<p>Right from Birth Telecourse (A Partnership with Alabama Public Television) Twelve weekly televised programs and independent study with written exercises for child care providers. You MUST have access to a television that receives APTV to participate. Orientation will be Thursday, January 7 from 6:00p.m. to 7:00p.m. The remaining sessions are completed independently. View or record the 30 minute segments once a week on Saturday mornings from 7:00a.m. to 7:30a.m. Complete the questionnaire and return to the course facilitator. Funded by DHR. You must complete all modules and attend orientation and the final session. Contact: Beverly Cook, 252-1991 ext. 315, bcook@ccr-bhm.org CEUs / Hours: 1.4 CEUs / 14 Hours DHR CATEGORY: (3) Positive Guidance and Discipline; (1.5) Language Development; (6.5) Child Development; (1) Child Care Professional and Family; (1.5) Quality Child Care and Licensing; (2.5) Health, Safety and Universal Precautions CDA CATEGORY: (5) Planning a safe, healthy environment to invite learning; (5) Principles of child development; (4) Strategies to manage an effective program operation</p>
<p>Friday, January 8 (repeat from Jan. 7) 9:00 -10:00 Free Level: Basic Deadline: January 5</p>	<p>Right from Birth Telecourse (A Partnership with Alabama Public Television) Twelve weekly televised programs and independent study with written exercises for child care providers. You MUST have access to a television that receives APTV to participate. Orientation will be Friday, January 8 from 9:00a.m. to 10:00a.m. The remaining sessions are completed independently. View or record the 30 minute segments once a week on Saturday mornings from 7:00a.m. to 7:30a.m. Complete the questionnaire and return to the course facilitator. Funded by DHR. You must complete all modules and attend orientation and the final session. Contact: Beverly Cook, 252-1991 ext. 315, bcook@ccr-bhm.org CEUs / Hours: 1.4 CEUs / 14 Hours DHR CATEGORY: (3) Positive Guidance and Discipline; (1.5) Language Development; (6.5) Child Development; (1) Child Care Professional and Family; (1.5) Quality Child Care and Licensing; (2.5) Health, Safety and Universal Precautions CDA CATEGORY: (5) Planning a safe, healthy environment to invite learning; (5) Principles of child development; (4) Strategies to manage an effective program operation</p>
<p>Tuesday, January 12 9:00 -11:30 & 2:00 - 4:30 Free Level: Basic Deadline: January 8</p>	<p>What's With the Biting?: Dealing With Biters in the Classroom Why do children bite? Every toddler classroom seems to have at least one biter...maybe more. This session will illustrate some of the main causes of biting, and how to deal with those difficult moments when biting occurs regularly in the classroom. Funded by DHR. Contact: Courtney Nix, 252-1991, ext.312 cnix@ccr-bhm.org CEUs / Hours: .25 CEUs / 2.5 Hours DHR CATEGORY: (2.5) Positive Guidance & Discipline CDA CATEGORY: (2.5) Planning a safe, healthy environment to invite learning</p>

<p>Wednesday, January 13 9:00 -11:30 Free Level: Basic Deadline: January 9</p>	<p>I Have a Dream That is one of the most well known quotes in American History and February is Black History Month. How will you celebrate/recognize Black History Month in your classroom? Come discover how to introduce some of the most influential people in history to the children in your classroom. Funded by DHR. Contact: Tracie Snipes, 252-1991,ext. 310 tsnipes@ccr-bhm.org CEUs / Hours: .25 CEUs / 2.5 Hours DHR CATEGORY: (2.5) Quality Child Care and Licensing CDA CATEGORY: (2.5) Principles of child development and learning</p>
<p>Thursday, January 14 9:00 -11:30 & 5:30-8:00 Free Level: Basic Deadline: January 11</p>	<p>Cooking with Math We will focus on increasing your knowledge on how to “add” cooking into the classrooms using everyday mathematical concepts. Funded by DHR. Contact: Shakira Trice, 252-1991 ext. 322, strice@ccr-bhm.org CEUs / Hours: .25 CEUs / 2.5 Hours DHR CATEGORY: (2.5) Quality Child Care and Licensing CDA CATEGORY: (2.5) Principles of child development and learning</p>
<p>Friday, January 15 9:00 -11:30 Free Level: Intermediate Deadline: January 12</p>	<p>Director’s Series: Train To Retain Overworked, underpaid, uninspired.. Most of these attitudes stem because teachers are confused with what is expected from them. Research shows that the more a person knows about the boundaries, policies and teaching methods, the better perception they have about their job and the better their productivity. Come explore the problems and solutions that can help keep staff longer and happier and improve quality in your program. Funded by DHR. Contact: Beckie McRee, 252-1991, ext. 311, bmcree@ccr-bhm.org CEUs / Hours: .25 CEUs / 2.5 Hours DHR CATEGORY: (2.5) Child Care Professional and Family CDA CATEGORY: (2.5) Strategies to manage an effective program operation</p>
<p>Tuesday and Thursday January 19 and 21 8:30-3:00 \$35 Level: Basic Deadline: January 15</p>	<p>Starting from Scratch Do you want to open a child care center? This course will provide an overview of DHR requirements, starting a business, business plans, health codes, fire codes,zoning requirements, program management and more. Funded by UWCA. You must attend both days to receive full credit. Contact: Beckie McRee, 252-1991, ext. 311, bmcree@ccr-bhm.org CEUs / Hours: 1.0 CEUs / 10 Hours DHR CATEGORY: (3) Health, Safety, and Universal Precautions; (4) Quality Childcare and Licensing; (3) Child Care Professional and Family CDA CATEGORY: (5) Planning a safe, healthy environment to invite learning; (5) Strategies to manage an effective program operation</p>



**Childcare Resources will be closed Monday January 18
in observance of Martin Luther King, Jr. Day**

**Rev. Dr. Martin Luther King, Jr.
January 15, 1929 – April 4, 1968**

<p>Tuesday, January 19 6:00 - 8:00 Free Level: Basic Deadline: January 15</p>	<p>Alabama Early Learning Guidelines-Orientation The Alabama Early Learning Guidelines (AELG) are a guide to the building blocks necessary to prepare each child for future success in school and life. The AELG consists of 9 modules and this session is the 1st of the 9 modules. In order to attend the other 8 sessions, you must attend an orientation session. You will need to bring your copy of the AELG standards. Please see enclosed AELG registration form to register. Funded by DHR. Contact: Tracie Snipes, 252-1991 ext. 310, tsnipes@ccr-bhm.org CEUs / Hours: .2 CEUs / 2 Hours DHR CATEGORY: (2) Child Development CDA CATEGORY: (2) Principles of child development and learning</p>
<p>Wednesday, January 20 8:30 - 4:00 Free Level: Basic No Deadline</p>	<p>Welcome to Child Care I This class covers topics required in the DHR Minimum Standards for new providers. We will discuss Child Development; Quality Child Care and Licensing; and Health, Safety, and Universal Precautions. Funded by DHR. Contact: Shakira Trice, 252-1991, ext. 322, strice@ccr-bhm.org CEUs / Hours: .6 CEUs / 6 Hours DHR CATEGORY: (2) Child Development, (2) Quality Child Care and Licensing, (2) Positive Guidance and Discipline CDA CATEGORY: (2) Positive ways to support children's social and emotional development; (1) Strategies to establish productive relationships with families; (1) Maintaining a commitment to professionalism; (2) Principles of child development and learning</p>
<p>Tuesday, January 26 8:30 - 4:00 \$8 Level: Intermediate Deadline: January 22</p>	<p>Steppin' It Up: Child Care Professional and Family Do you ever feel like you need to take your training up a notch? If you feel this way, this intermediate class dealing with childcare professional and family topics is for you. We will cover topics such as making and maintaining portfolios, addressing cultural differences between families and ourselves, as well as learning to work as a strong team. This fresh information is sure to keep you one step ahead in your pre-school environment. Funded by UWCA. Contact: Courtney Nix, 252-1991 ext. 312, cnix@ccr-bhm.org CEUs / Hours: .6 CEUs / 6 Hours DHR CATEGORY: (6) Child Care Professional and Family CDA CATEGORY: (2) Strategies to establish productive relationships with families; (2) Maintaing a commitment to professionalism; (2) Principles of child development and learning</p>
<p>Wednesday, January 27 9:00 -11:30 & 2:00 -4:30 Free Level: Intermediate Deadline: January 25</p>	<p>Lesson Planning for Infants and Toddlers Come learn the why's, how's and what's of lesson planning for infants and toddlers. Funded by DHR. Contact: Dawn Allen, 252-1991 ext. 313, dallen@ccr-bhm.org CEUs / Hours: .25 CEUs / 2.5 Hours DHR CATEGORY: (2.5) Quality Child Care and Licensing CDA CATEGORY: (2.5) Principles of child development and learning</p>

<p>Thursday, January 28 9:00 -11:30 Free Level: Basic Deadline: January 23</p>	<p>Active Learning for Children Join us as we explore how children learn through daily activities. We will discuss activities such as modeling with playdoh, nametag creations, book reads, straws, science, and math sort. Funded by DHR Contact: Leslie Steckler, lsteckler@ccr-bhm.org, 252-1991, ext. 314 CEUs / Hours: .25 CEUs / 2.5 Hours DHR CATEGORY: (2.5) Quality Child Care and Licensing CDA CATEGORY: (2.5) Principles of child development and learning</p>
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<p>Saturday, January 30 8:30-12:45 Free Level: Basic Deadline: January 26</p>	<p>Family Child Care Home Workshop 8:30-10:30 Alabama Early Learning Guidelines-Observation The Alabama Early Learning Guidelines (AELG) are a guide to the building blocks necessary to prepare each child for future success in school and life. In this session you will identify the purpose of intentional child observations, identify children's learning styles and discover developmental checklists. You will need to bring your copy of the AELG standards. Please see enclosed AELG registration form to register. In order to attend this session, you must attend the orientation first. Funded by DHR. Contact: Tracie Snipes, 252-1991 ext. 310, tsnipes@ccr-bhm.org CEU's/Hours: .4 CEU's/ 4 hours DHR CATEGORY: (2) Child Development CDA CATEGORY: (2) Principles of child development and learning</p> <p>10:45-12:45 Alabama Early Learning Guidelines-Role of the Parent and Caregiver The Role of the Parent and Caregiver session will involve learners in activities to help facilitate positive relationships between parents and caregivers. The session will help learners become familiar with ways to help start, build, and maintain positive relationships when children are in out-of-home care and learn how to set a positive tone for a partnership between parents and caregivers. You will need to bring your copy of the AELG standards. Please see enclosed AELG registration form to register. In order to attend this session, you must attend the orientation first. Funded by DHR. DHR CATEGORY: (2) Child Care Professional and Family CDA CATEGORY: (2) Maintaining a commitment to professionalism</p>
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FEBRUARY 2010

<p>Tuesday, February 2 5:30 - 8:00 Free Level: Basic Deadline: January 29</p>	<p>Spring Make N' Take Spring is just around the corner. Come join us for a training session that will center on putting a theme box together for your classroom. You will leave with developmentally appropriate theme box ideas, activities, and hands-on materials. Funded by DHR. Contact: Beverly Cook, 252-1991 ext. 315, bcook@ccr-bhm.org CEUs / Hours: .25 CEUs / 2.5 Hours DHR CATEGORY: (2.5) Child Development CDA CATEGORY: (2.5) Principles of child development and learning</p>
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Groundhog Day February 2, 2010



On February 2nd, the official groundhog, Punxsutawney Phil, comes out of his burrow on Gobbler's Knob, in front of thousands of faithful followers from all over the world, to predict the weather for the rest of the winter. According to legend, if Phil sees his shadow, there will be six more weeks of winter weather. If he does not see his shadow, there will be an early spring.

<p>Wednesday, February 3 2:30-4:30 Free Level: Basic Deadline: February 1</p>	<p>Alabama Early Learning Guidelines-Observation The Alabama Early Learning Guidelines (AELG) are a guide to the building blocks necessary to prepare each child for future success in school and life. In this session you will identify the purpose of intentional child observations, identify children's learning styles and discover developmental checklists. You will need to bring your copy of the AELG standards. Please see enclosed AELG registration form to register. In order to attend this session, you must attend the orientation first. Funded by DHR Contact: Tracie Snipes, 252-1991 ext. 310, tsnipes@ccr-bhm.org CEUs / Hours: .2 CEUs / 2 Hours DHR CATEGORY: (2) Child Development CDA CATEGORY: (2) Principles of child development and learning</p>
<p>Thursday, February 4th 2:30 - 5:00 Free Level: Intermediate Deadline: February 1</p>	<p>I'm Tired of the Playscape! Rev Up Your Outdoor Classroom In this session we will explore how outdoor play affect all aspects of development, your role of the teacher on the playground, creative activities for outdoor play, and accommodations for children with special needs. Funded by DHR. Contact: Kimberly Kornman, 252-1991, ext. 329, kkornman@ccr-bhm.org CEU's/Hours: .25 CEU's/2.5 Hours DHR Category: Quality Child Care and Licensing CDA Category: Planning a safe, healthy environment to invite learning</p>
<p>Tuesday and Thursday, February 9 and 11 8:30 to 3:00 \$25 Level: Basic Deadline: February 4</p>	<p>Family Child Care Home 101 Are you interested in becoming a Family Child Care Home provider? Caring for children in your home is a lot different from working at a child care center. In this workshop, you will hear from different speakers on the "ins and outs" of family child care and learn what steps you should be taking in preparation for becoming a family child care home provider. THIS WORKSHOP IS FOR THOSE ONLY INTERESTED IN OPENING A FAMILY CHILD CARE HOME. Funded by UWCA. You must attend both days to receive full credit. Contact: Tracie Snipes, 252-1991 ext. 310, tsnipes@ccr-bhm.org CEUs / Hours: 1.0 CEUs / 10 Hours DHR CATEGORY: (3) Health, Safety, and Universal Precautions; (4) Quality Childcare and Licensing; (3) Child Care Professional and Family CDA CATEGORY: (5) Planning a safe, healthy environment to invite learning; (5) Strategies to manage an effective program Operation</p>
<p>Wednesday, February 10 9:00 -11:30 Free Level: Advanced Deadline: February 5</p>	<p>"Welcome To Our School !" First impressions are important when trying to get parents to entrust their children to your program AND to show "who" you are. Join us as we discover ways to make it clear who you are and what your school stands for with vital marketing information and visual points of interest in your school. Funded by DHR. Contact: Beckie McRee, 252-1991 ext. 311, bmcre@ccr-bhm.org CEU's /Hours: .25 CEU's, 2.5 hours DHR Category: (2.5) Child Care Professional and Family CDA Category: (2.5) Maintaining a commitment to professionalism</p>
<p>Tuesday, February 16 9:00 - 11:30 & 5:30 - 8:00 Free Level: Intermediate Deadline: February 11</p>	<p>Change Your Trash to Treasures Come join us for fun with an arts and crafts make n' take. You will learn how to be creative through designing fun and educational activities for your children. Funded by DHR. Contact: Donna Steele, 252-1991 ext. 323, dsteele@ccr-bhm.org CEU's /Hours: .25 CEU's, 2.5 hours DHR Category: (2.5) Quality Child Care and Licensing CDA Category: (2.5) Principles of child development and learning</p>

<p>Wednesday, February 17 8:30 to 4:00 Free Level: Basic No Deadline</p>	<p>Welcome to Child Care II This class covers topics required in the DHR Minimum Standards for new providers. We will discuss Child Care Professional and Family; Language Development; and Positive Guidance and Discipline. Funded by DHR. Contact: Shakira Trice, 252-1991 ext. 322, strice@ccr-bhm.org CEUs / Hours: .6 CEUs / 6 Hours DHR CATEGORY: (2) Language Development, (2) Child Care Professional and Family, (2) Health, Safety and Universal Precautions CDA CATEGORY: (2) Positive ways to support children's social and emotional development; (1) Strategies to establish productive relationships with families; (1) Maintaining a commitment to professionalism; (2) Principles of child development and learning</p>
<p>Thursday, February 18 9:00 - 11:30 & 3:00 - 5:30 Free Level: Intermediate Deadline: February 15</p>	<p>YOU MAKE ME SICK!: Germ & Infectious Disease Control "When one gets sick we ALL get sick!" Come and discover how easily we spread germs everyday in the classroom. We will also discuss just how much it takes to keep all of those gross germs under control! Funded by DHR. Contact: Courtney Nix, 252-1991, ext. 312, cnix@ccr-bhm.org CEUs / Hours: .25 CEUs / 2.5 Hours DHR CATEGORY: (2.5) Health, Safety and Universal Precautions CDA CATEGORY: (2.5) Principles of child development and learning</p>
<p>Friday, February 19 9:00 - 11:00 Free Level: Basic Deadline: February 16</p>	<p>Health 101 Put those infections behind bars. Get those childhood rashes off the street. Susan Washington from Healthy Child Care Alabama will share safety, diapering, and proper handwashing tips. Funded by DHR Contact: Courtney Nix, 252-1991, ext. 312, cnix@ccr-bhm.org CEUs / Hours: .2 CEUs / 2 Hours DHR CATEGORY: (2) Health, Safety and Universal Precautions CDA CATEGORY: (2) Principles of child development and learning</p>
<p>Tuesday, February 23 9:00 - 11:30 & 2:00 - 4:30 Free Deadline: February 18</p>	<p>Emergent Literacy in the Home and Classroom Come explore the wonderful world of children's literature through activities for the home and classroom. Learn how to expand books across the curriculum, how to create lessons in art, math, science and how to have book talks with children of all ages. Funded by DHR. Contact: Leslie Steckler, lsteckler@ccr-bhm.org, 252-1991, ext. 314 CEUs / Hours: .25 CEUs / 2.5 Hours DHR CATEGORY: (2.5) Language Development CDA CATEGORY: (2.5) Principles of child development and learning</p>
<p>Wednesday, February 24 9:00 - 11:30 Free Level: Advanced Deadline: February 19</p>	<p>Director's Series: Eenie, Meenie, Miney Moe Choosing a curriculum can be a hard choice if you don't know your options. Come explore just what is out there and why it matters what choice you make as we examine the different curriculums for preschoolers. Funded by DHR. Contact: Beckie McRee, 252-1991 ext. 311, bmcree@ccr-bhm.org CEU's/Hours: (.25 CEU's/2.5 hours) DHR Category (2.5) Quality Child Care and Licensing CDA Category (2.5) Principles of child development</p>

<p>Wednesday, February 24 2:00 - 4:00 Free Level: Basic Deadline: February 20</p>	<p>Alabama Early Learning Guidelines-Role of the Parent and Caregiver The Role of the Parent and Caregiver session will involve learners in activities to help facilitate positive relationships between parents and caregivers. The session will help learners become familiar with ways to help start, build, and maintain positive relationships when children are in out-of-home care and learn how to set a positive tone for a partnership between parents and caregivers. You will need to bring your copy of the AELG standards. Please see enclosed AELG registration form to register. In order to attend this session, you must attend the orientation first. Funded by DHR Contact: Tracie Snipes, 252-1991 ext. 310, tsnipes@ccr-bhm.org CEU's/Hours: (.25 CEU's/2.5 hours) DHR Category (2.5) Child Care Professional and Family CDA Category (2.5) Principles of child development</p>
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<p>Thursday, February 25 8:30 - 4:00 \$8 Level: Intermediate Deadline: February 22</p>	<p>Steppin' It Up: Health, Safety, and Universal Precautions Do you ever feel like you need to take your training up a notch? If you feel this way, this intermediate class dealing with health, safety, and universal precautions is for you. We will cover topics such as being prepared for emergency situations, childhood obesity, the effects of media, and how to introduce exciting health and safety activities into your curriculum. This fresh information is sure to keep you one step ahead in your preschool environment. Funded by UWCA. Contact: Courtney Nix, 252-1991, ext. 312, cnix@ccr-bhm.org CEUs / Hours: .6 CEUs / 6 Hours DHR CATEGORY: (6) Health, Safety, and Universal Precautions CDA CATEGORY: (2) Planning a safe, healthy environment to invite learning; (2) Steps to advance children's physical and intellectual development; (2) Positive ways to support children's social and emotional development</p>
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MARCH 2010

<p>Tuesday, March 2 2:00 - 4:30 Free Level: Intermediate Deadline: February 26</p>	<p>Circus of Emotions Ever feel like your classroom is a circus? If so, join us as we juggle the different characteristics and emotions that children face in their everyday lives. Funded by DHR. Contact: Shakira Trice, 252-1991 ext. 322, strice@ccr-bhm.org CEU's/Hours: .25 CEU's/2.5 hours DHR Category: (2.5) Child Development CDA Category: (2.5) Principles of child development</p>
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<p>Tuesdays & Thursdays March 9, 11, 16 and 18 8:30 to 3:00 Level: Basic Fee: \$50 Deadline: March 6</p>	<p>Basic Administration Course Come learn the basics of operating a child care center. Topics will include hiring staff, wage and hour, staff management, stress management, and more. This course fulfills the DHR licensing requirement of administrative training for directors. You will spend twenty hours at Childcare Resources and five hours with a mentor. Funded by UWCA. You must attend all four days of training to receive full credit. Contact: Beckie McRee, 252-1991 ext. 311, bmcree@ccr-bhm.org CEUs / Hours: 2.5 CEUs / 25 Hours DHR CATEGORY: (5) Quality Child Care and Licensing; (20) Administration CDA CATEGORY: (5) Planning a safe, healthy environment to invite learning; (3) Strategies to establish productive relationships with families; (14) Strategies to manage an effective program operation; (3) Maintaining a commitment to professionalism</p>
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<p>Wednesday, March 10 9:00 - 11:30 & 1:00 - 3:30 Free Level: Intermediate Deadline: March 5</p>	<p>What is Going On In There?: Basics of Brain Development We all want to discover why children do what they do. We will explore the brain development of children in the early years and how this brain development plays a vital role in the behaviors of children. Funded by DHR. Contact: Courtney Nix, 252-1991 ext. 312, cnix@ccr-bhm.org CEUs / Hours: 2.5 CEUs / 25 Hours DHR CATEGORY: (2.5) Child Development CDA CATEGORY: (2.5) Principles of child development</p>
<p>Wednesday, March 17 9:00 - 11:30 & 1:00 - 3:30 Free Level: Basic Deadline: March 12</p>	<p>She's Not the Evil Stepmother! Involving Your Parents in Your Program Come and learn the importance of parent-teacher partnerships, principles of "family-centered" care, making your classroom/center more family friendly, successful formal and informal communication with parents, and how to discuss uncomfortable issues regarding the child. Funded by DHR Contact: Kimberly Kornman, 252-1991 ext. 329, kkornman@ccr-bhm.org CEUs / Hours: 2.5 CEUs / 25 Hours DHR CATEGORY: (2.5) Child Care Professional and Family CDA CATEGORY: (2.5) Principles of child development</p>
<p>Thursday, March 18 5:30 - 7:30 Free Level: Basic Deadline: March 15</p>	<p>Alabama Early Learning Guidelines-Self-Concept and Emotional Development The Self-concept and Emotional Development session will engage learners in activities that can be used to help children develop a positive picture of self and understand and express their own emotions. The session will help the learners use the AELG to help children build self-esteem, identify and name their emotions, and regulate their behavior. You will need to bring your copy of the AELG standards. Please see enclosed AELG registration form to register. In order to attend this session, you must attend the orientation first. Funded by DHR. Contact: Tracie Snipes, 252-1991, ext. 310, tsnipes@ccr-bhm.org CEU's/Hours: .2 CEU's/2 hours DHR Category: (2) Positive Guidance and Discipline CDA CATEGORY: (2) Positive ways to support children's social and emotional development</p>
<p>Tuesday, March 23 8:30 - 4:00 \$8 Level: Intermediate Deadline: March 18</p>	<p>Steppin' It Up: Language Development Do you ever feel like you need to take your training up a notch? If so, this intermediate class dealing with language development topics is for you. We will cover topics such as using pictures to encourage pre-readers, making literacy more literal and introducing a second language into the classroom. This fresh information is sure to keep you one step ahead in your preschool environment. Funded by UWCA. Contact: Courtney Nix, 252-1991 ext. 312, cnix@ccr-bhm.org CEUs / Hours: .6 CEUs / 6 Hours DHR CATEGORY: (6) Language Development CDA CATEGORY: (2) Planning a safe, healthy environment to invite learning; (2) Steps to advance children's physical and intellectual development; (2) Principles of child development and learning</p>
<p>Wednesday, March 24 9:00 - 11:30 Free Level: Intermediate Deadline: March 20</p>	<p>Shake It Up! We will focus on how to "shake up" science in the classroom. You will participate in hands-on activities and ideas to promote a science based education for young children. Funded by DHR. Contact: Shakira Trice, 252-1991 ext. 322, strice@ccr-bhm.org CEU's/Hours: .25 CEU's/2.5 hours DHR CATEGORY: (2.5) Quality Child Care and Licensing CDA CATEGORY: (2.5) Principles of child development and learning</p>

<p>Thursday, March 25 9:00 - 11:30 & 5:30 - 8:00 Free Level: Intermediate Deadline: March 22</p>	<p>From Rembrandt to Picasso - Art with Infants and Toddlers Infants and Toddlers love art too! So come learn fun ideas and tools to use to help our youngest explore and learn. Funded by DHR. Contact: Dawn Allen, 252-1991 ext. 313, dallen@ccr-bhm.org CEU's/Hours: .25 CEU's/2.5 hours DHR CATEGORY: (2.5) Quality Child Care and Licensing CDA CATEGORY: (2.5) Principles of child development and learning</p>
<p>Friday, March 26 9:00 - 11:00 Free Level: Basic Deadline: March 23</p>	<p>Medication and Child Care Put those infections behind bars. Get those childhood rashes off the street. Susan Washington from Healthy Child Care Alabama will share safety, diapering, and proper handwashing tips. Contact: Courtney Nix, 252-1991, ext. 312, cnix@ccr-bhm.org. Funded by DHR CEUs / Hours: .2 CEUs /2 Hours DHR CATEGORY: (2) Health, Safety and Universal Precautions CDA CATEGORY: (2) Principles of child development and learning</p>
<p>Wednesday, March 31 9:00 - 11:30 Free Level: Intermediate Deadline: March 26</p>	<p>Director's Series: Get Re-Acquainted Join us as we review the DHR standards and explore the new addendums that will help you get re-acquainted with the standards that are the cornerstone of QUALITY. Funded by DHR Contact: Beckie McRee, 252-1991 ext. 311, bmccree@ccr-bhm.org CEU's/Hours: .25 CEU's/2.5 hours DHR CATEGORY: (2.5) Quality Child Care and Licensing CDA CATEGORY: (2.5) Principles of child development and learning</p>

**First Day of Spring!
March 20, 2010**

The March (or vernal) Equinox will occur on March 20 in 2010, marking the beginning of spring in the northern hemisphere. The March equinox is the movement when the sun crosses the true celestial equator – or the line in the sky above the earth's equator – from south to north, around March 20 of each year. At that time, day and night are balanced to nearly 12 hours each all over the world and the earth's axis of rotation is perpendicular to the line connecting the centers of the earth and the sun.



Early Learning Resource Library

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*We offer more than wonderful children's books.
Check out our other **free** products and services:*

Laminating ▲ Die Cuts ▲ Resource Boxes
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For more information,
contact Beverly Cook
(205) 252-1991, ext. 315
bcook@ccr-bhm.org

Stop by and visit today!

**Rather read the Training Post online?
Log on to www.ccr-bhm.org**

Parenting Counts

In collaboration with Alabama Public Television and Talaris Research Institute, Childcare Resources is pleased to offer free Parenting Counts training workshops for parent groups or on-site staff meetings.

Full-Length Workshops (1 1/2—2 hour workshops)

Communicating

Explores how early communication between parents and baby helps a baby learn strong language skills and later learn strong literacy skills.

Exploring

Explores ways to help parents learn more about how children are born with the urge to explore and test their world and how babies learn by imitating or copying.

Handling Stress

Examines the causes of stress in infants and young children. You will understand more about your role in helping young children learn to calm themselves when they are stressed.

Mini-Workshops (30 minutes)

Baby Cues

Explores the topic of the signals or cues that babies use to communicate their wants and needs.

Copycats

Explores the topic of imitation.

Parentese

Explores “parentese” or the funny way parents talk to their babies and young children.

Reading Faces

Explores the way that babies read faces and gestures to learn about feeling and how to act.

Stress

Explores the topic of stress and helps parents understand that young babies can feel stress.

Testing 1, 2, 3

Explores the topic of exploration and helps parents understand about exploration with all five senses.

Building Words

Explores the topic of how children build language skills in rich language environments.

Valuing Emotions

Explores the topic of valuing feelings and how we can help children have a healthy emotional life.

Tantrums

Explores the topic of tantrums and how they are a normal part of child development.

*To schedule a Parenting Counts workshop, please contact Kadie Whatley,
(205) 252-1991, ext. 300, kwhatley@ccr-bhm.org*

Alabama Early Learning Guidelines

The Alabama Early Learning Guidelines (AELG) are a guide to the building blocks necessary to prepare each child for future success in school and life and they are intended to be inclusive of all children. The Alabama Early Learning Guidelines are a result of a collaboration between the Alabama Department of Human Resources (DHR) and various stakeholders across the state. The AELG consist of nine modules:

Session 1: Orientation

Session 2: Observation

Session 3: The Role of the Parent and Caregiver

Session 4: Self-concept and Emotional Development

Session 5: Social Development

Session 6: Language and Literacy

Session 7: Physical Development

Session 8: Cognitive Development

Session 9: Putting It All Together for Alabama's Children

Please note:

In order to attend Sessions 2-9, you MUST attend the orientation session first. Upon the completion of each session, you will receive a certificate. Upon completion of all 9 sessions, a certificate will be mailed from the Alabama Department of Human Resources.

For the complete text of Alabama Department of Human Resources' Early Learning Guidelines, please visit their website: <http://www.dhr.alabama.gov>.

Training To Go

Childcare Resources offers **Training To Go** - a program that brings training directly to your child care program Monday through Friday. Call Kadie Watley at (205) 252-1991, ext. 300 or email Kadie at kwhatley@ccr-bhm.org to arrange your reservation today!

Basic Topics:

Classroom Control (PGD)

From Vampires to Kick Boxers: Why Children Do The Crazy Things They Do! (PGD)

It's Mine: Responding to Problems and Conflicts (PGD)

Let's Face It: Valuing Children's Emotions (CD)

Who's Watching the Children: Supervision in the Classroom (CD)

Intermediate Topics:

Center Strategies (QCCL)

Nightmare in My Classroom: Shedding Fear About Relationships with Parents (CCPF)

No, David! Gentle Discipline in Children's Books (PGD)

Once Upon a Time (LD)

What's My Motivation? (CCPF)

Advanced Topics:

Alphabet Trail (LD)

Child Abuse and Your Classroom (HSUP)

Portfolios: A Guide to Developing Teacher and Child Portfolios (CCPF)

My Dog Died: Dealing with Difficult Topics with Children (CD)

DHR CATEGORIES

CD: Child Development

CCPF: Child Care Professional and Family

LD: Language Development

HSUP: Health, Safety and Universal Precautions

PGD: Positive Guidance and Discipline

QCCL: Quality Child Care and Licensing

Childcare Resources Training Registration Policies

1. Childcare Resources' training is open to all persons regardless of race, national origin, religion, age, sex, political beliefs or handicapping disability.
2. Please register using the designated registration forms only.
3. One applicant per registration form please. You may duplicate the registration form as needed. If payment is required, payment must accompany the registration form when it is received. If your check is rejected by your bank, a \$35 returned check fee will be applied to your total payment. If payment is not received, you are not registered for the training. Payment may not be made on the day of the training.
4. Registrations must be received by the registration deadline. Registrations received after the deadline date may not be accepted.
5. Once you are registered, you will receive a postcard in the mail confirming your registration. If you do not receive a postcard in the mail at least one day before the training, please call Alissa Simpson, (205) 252-1991, ext. 304, to confirm that you are registered.
6. Trainings begin on time. You are expected to arrive on time and stay for the duration of the training in order to receive credit. Once the training has begun, you will not be allowed into the training room.
7. Childcare Resources has been approved as an Authorized Provider by the International Association for Continuing Education and Training (IACET). To receive full clock hours and CEU credit, you must be present for the entire training.
8. Learners are expected to actively participate in all training activities and in a pre and post assessment which will be used for the evaluation of the learning outcomes and learning experience. Learners will also complete an overall training evaluation.
9. Children are not permitted at any training session.
10. Cancellations are permitted up to three full business days prior to a scheduled training. If you cancel a paid training, you will receive training vouchers only to use for future training. Cash or check refunds are not available.
11. Childcare Resources accepts Mastercard and Visa as a payment option for training sessions (we cannot accept debit cards). On the registration form, please fill out the credit card section in its entirety in order to be properly registered.
12. Submission of a registration form grants permission for Childcare Resources to take photographs during training to use in our various newsletters and on our web site.
13. If a training is full when you register, your name will be placed on a waiting list. The waiting list is registered on a first-come, first-served basis as space permits.



1904 First Avenue North
Birmingham, AL 35203



Training Post Winter 2010

Training Opportunities, News and Resources for the Early Care Educator

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(800) 822-2734
www.ccr-bhm.org

Childcare Resources Mission

The mission of Childcare Resources is to make quality care and education of children happen by providing information, education, and assistance to families, providers of child care, and the community.

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Birmingham, AL
Permit #4550

Director's Network!

An invitation to child care program directors and potential directors:

Come join us and fellowship with other directors on Tuesday, January 12, 2010
from 12:00 p.m. until 1:30 p.m.

Lunch will be served compliments of Harris Early Learning Center

Please R.S.V.P by Friday, January 8, 2010 to Beckie McRee, (205) 252-1991, ext. 311, or
direct email to Beckie at bmcree@ccr-bhm.org.

Location: Harris Early Learning Center, downtown Birmingham

CDA Assistance

Are you working toward your CDA or wanting to pursue a CDA? Our training sessions will apply to your needed CDA hours. Please check out our October-December training section that includes the CDA category and hours received. You may also contact the CDA Council at 800-424-4310
www.cdacouncil.org.

We look forward to helping you achieve your CDA!

Want to receive the Training Post in your email inbox?

It's easy! Simply email Kadie Whatley
at kwhatley@ccr-bhm.org
and include your full name,
address and email address.

We look forward to hearing from you!

Childcare Resources Training Registration Form (No Payment Required)

The following is a list of the free trainings offered by Childcare Resources from January through March 2010. Please mark which trainings you would like to attend and mail this form to:

**Childcare Resources
1904 First Avenue North
Birmingham, AL 35203**

Name (Please Print):	Place of Employment:
Race: African-American <input type="checkbox"/> Caucasian <input type="checkbox"/> Hispanic <input type="checkbox"/> Other <input type="checkbox"/>	Center <input type="checkbox"/> Family Child Care Home <input type="checkbox"/> Other <input type="checkbox"/>
Gender: Female <input type="checkbox"/> Male <input type="checkbox"/>	City/County: <input type="checkbox"/> Birmingham <input type="checkbox"/> Jefferson <input type="checkbox"/> Shelby <input type="checkbox"/> Walker <input type="checkbox"/> Blount

Home Address

City/State/Zip:

Home Phone: () Email Address:

January 2010

Right from Birth Telecourse	January 7	6:00 – 7:00
Right from Birth Telecourse	January 8	9:00 - 10:00
What's With the Biting? Dealing with Biters in the Classroom	January 12	9:00 – 11:30
What's With the Biting? Dealing with Biters in the Classroom	January 12	2:00 – 4:30
I Have A Dream	January 13	9:00 – 11:30
Cooking with Math	January 14	9:00 – 11:30
Cooking with Math	January 14	5:30 – 8:00
Director's Series: Train to Retain	January 15	9:00 – 11:30
Welcome to Child Care I	January 20	8:30 – 4:00
Lesson Planning for Infants and Toddlers	January 27	9:00 – 11:30
Lesson Planning for Infants and Toddlers	January 27	2:00 - 4:30
Active Learning for Children	January 28	9:00 – 11:30
Family Child Care Home Conference	January 30	8:30 – 12:45

February 2010

Spring Make N' Take	February 2	5:30 - 8:00
I'm Tired of the Playscape! Rev Up Your Outdoor Classroom	February 4	2:30 – 5:00
Welcome to Our School	February 10	9:00 – 11:30
Change Your Trash to Treasures	February 16	9:00 – 11:30
Change Your Trash to Treasures	February 16	5:30 – 8:00
Welcome to Child Care II	February 17	8:30 – 4:00
You Make Me Sick! Germ and Infectious Disease Control	February 18	9:00 – 11:30
You Make Me Sick! Germ and Infectious Disease Control	February 18	3:00 – 5:30

	Health 101	February 19	9:00 – 11:00
	Emergent Literacy in the Home and Classroom	February 23	9:00 – 11:30
	Emergent Literacy in the Home and Classroom	February 23	2:00 – 4:30
	Director's Series: Eenie, Meenie, Miney Moe	February 24	9:00 – 11:30
March 2010			
	Circus of Emotions	March 2	2:00 – 4:30
	What Is Going On In There? Basics of Brain Development	March 10	9:00 – 11:30
	What Is Going On In There? Basics of Brain Development	March 10	1:00 – 3:30
	She's Not the Evil Stepmother! Involving Your Parents in Your Program	March 17	9:00 – 11:30
	She's Not the Evil Stepmother! Involving Your Parents in Your Program	March 17	1:00 – 3:30
	Shake It Up!	March 24	9:00 – 11:30
	From Rembrandt to Picasso	March 25	9:00 – 11:30
	From Rembrandt to Picasso	March 25	5:30 -8:00
	Medication and Child Care	March 26	9:00 – 11:00
	Director's Series: Get Re-Acquainted	March 31	9:00 – 11:30

ALL REGISTRANTS – PLEASE READ:

I understand that punctuality promotes a professional atmosphere for learning. By registering for trainings at Childcare Resources, I understand that training will begin on time and if I arrive late I cannot be permitted to attend that training.

Childcare Resources Training Registration Form (No Payment Required)

The following is a list of the free Alabama Early Learning Guidelines trainings offered by Childcare Resources from January through March 2010.

Please mark which trainings you would like to attend and mail this form to:

**Childcare Resources
1904 First Avenue North
Birmingham, AL 35203**

Name (Please Print):	Place of Employment:
Race: African-American <input type="checkbox"/> Caucasian <input type="checkbox"/> Hispanic <input type="checkbox"/> Other <input type="checkbox"/>	Center <input type="checkbox"/> Family Child Care Home <input type="checkbox"/> Other <input type="checkbox"/>
Gender: Female <input type="checkbox"/> Male <input type="checkbox"/>	City/County: <input type="checkbox"/> Birmingham <input type="checkbox"/> Jefferson <input type="checkbox"/> Shelby <input type="checkbox"/> Walker <input type="checkbox"/> Blount
Home Address	
City/State/Zip:	
Home Phone: ()	Email Address:

In order to attend the Alabama Early Learning Guidelines session, you must attend the orientation and or have attended a previous orientation session.

January 2010			
Orientation	January 19	6:00 – 8:00	
February 2010			
Observation	February 3	2:30 – 4:30	
Role of the Parent and Caregiver	February 24	2:00 – 4:00	
March 2010			
Self-Concept and Emotional Development	March 18	5:30-7:30	

ALL REGISTRANTS – PLEASE READ:

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ALABAMA EARLY LEARNING GUIDELINES



ALABAMA DEPARTMENT OF HUMAN RESOURCES

Childcare Resources Training Registration Form (Payment Required)

The following is a list of the trainings offered by Childcare Resources from January through March 2010. The trainings listed below do have a fee requirement. The fee for each training is listed alongside the other information for the training.

Select trainings and mail form with payment or vouchers to:

Childcare Resources
1904 First Avenue North
Birmingham, AL 35203

Name (Please Print):		Name of Program:	
Race: African-American <input type="checkbox"/> Caucasian <input type="checkbox"/> Hispanic <input type="checkbox"/> Other <input type="checkbox"/>		Center <input type="checkbox"/> Family Child Care Home <input type="checkbox"/> Other <input type="checkbox"/>	
Gender: Female <input type="checkbox"/> Male <input type="checkbox"/>		City/County: <input type="checkbox"/> Birmingham <input type="checkbox"/> Jefferson <input type="checkbox"/> Shelby <input type="checkbox"/> Walker <input type="checkbox"/> Blount	
Home Address			
City/State/Zip:			
Home Phone: ()		Email Address:	
<input type="checkbox"/> Visa <input type="checkbox"/> Mastercard Expiration Date:		Credit Card Number:	
3 digit security code (found on back of card):		Authorization Signature:	
January 2010			
\$25	Starting from Scratch	January 19 and 21	8:30 – 3:00
\$8	Steppin' It Up: Child Care Professional & Family	January 26	8:30 – 4:00
February 2010			
\$25	Family Child Care Home 101	February 9 and 11	8:30 - 3:00
\$8	Steppin' It Up: Health, Safety & Universal Precautions	February 25	8:30 – 4:00
March 2010			
\$50	Basic Administration Course	March 9, 11, 16 and 18	8:30 – 3:00
\$8	Steppin It Up': Language Development	March 23	8:30 – 4:00
Total Amount Due			

ALL REGISTRANTS – PLEASE READ:

I understand that punctuality promotes a professional atmosphere for learning. By registering for trainings at Childcare Resources, I understand that training will begin on time and if I arrive late I cannot be permitted to attend that training.