

QUALITY TIMES



new canvas catalog training available!:

Learn about the rich history of early childhood development!
Page 8

new training calendar:

Print out our new training calendar to stay on top of what's
coming up and make the most of every opportunity!
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Childcare Resources Training and Registration Policies

We appreciate your respect of our training policies and procedures and look forward to providing an effective learning environment for all of our participants.

Childcare Resources is the proud recipient of the National Quality Assurance Designation by Child Care Aware of America and the 2004 Exemplar Award by the International Association for Continuing Education and Training (IACET). We are dedicated to providing the highest quality experience for child care providers seeking assistance and training that enhances the quality of care for children in central Alabama.

Every training is evaluated for Continuing Education Unit (CEU) approval.

- Sessions that offer CEUs have undergone a process of evaluation and development and successfully met rigorous criteria in accordance with IACET guidelines.
- All trainings are related to one of the Alabama Department of Human Resources (DHR) Training Categories, Child Development Associate (CDA) Subject Areas, Alabama Pathways Core Knowledge Areas (CKA), and Child Care Development Fund (CCDF).

Training Policies

1. Childcare Resources training is open to all persons regardless of race, national origin, religion, age, sex, political beliefs, disabilities or socioeconomic status. Childcare Resources demonstrates its commitment to treat everyone with fairness and respect by valuing diversity, inclusion and its culture through the development and delivery of its learning events. Childcare Resources is committed to providing reasonable accommodation for individuals with disabilities in its services, programs, and activities. To request reasonable accommodation, contact Amy Bradley at 205-945-0018 ext. 312 or abradley@ccr-bhm.org. Requests should be made as soon as possible but at least two weeks prior to the scheduled training.
2. Submission of a registration form grants permission for Childcare Resources to take photographs during training to use in agency publications and on social media.
3. Training begins on time; you are expected to arrive on time. Once training begins, entering the training will be prohibited.
4. Childcare Resources is accredited by the International Association for Continuing Education and Training (IACET). Childcare Resources complies with the ANSI/IACET Standard, which is recognized internationally as a standard of excellence in instructional practices. As a result of this accreditation, Childcare Resources is authorized to issue the IACET CEU. To receive full clock hours and CEU credit, you must be present for the entire training.
5. Learners are expected to actively participate in all training activities; complete a pre- and post-assessment, which will be used for the evaluation of the learning outcomes and learning expectations, and submit a training evaluation.
6. Children are not permitted at any training session.
7. Cancellations and registration for substitutions are permitted one full business day prior to scheduled training. Refunds are not available.
8. Substitution Policy: Substitutions are only allowed for paid trainings and must be completed one full business day in advance of a training. If you would like to send a substitute in the place of a registered learner, you must complete a registration form for the new learner and call Beth Nelson at (205) 945-0018 Ext. 302. Substitutions on the day of the training will not be permitted. The original registered learner will be withdrawn from registration and must re-register with a new form.
9. Training Attendance Policy: Due to high demand of our trainings and limited seating, Childcare Resources will allow learners to have three no-shows in a 12-month period for pre-registered trainings. After three no-shows, you will be notified that you are not allowed to pre-register for trainings. You will be allowed to arrive at the time of the training and register for any available seating. Seating will not be guaranteed and is based on availability.
10. Incident Weather: In the event of a weather-related delay or closure at Childcare Resources, updates will be posted on the agency's website, www.ccr-bhm.org. Any affected session(s) will be rescheduled with the new date communicated via the website.

Registration Procedures

1. Please register using Quality Times registration forms or Cvent on our website. **FORMS MUST BE COMPLETE!**
2. One applicant per registration form. You may duplicate the form as needed.
3. Fee-based trainings must be paid before the registration deadline for registration to be complete. A \$35 fee will be charged for all returned checks. If payment is not received, registration is incomplete.
4. You will receive an email through Cvent to confirm registration. If you do not receive confirmation within 24 hours of the training, please call (205) 945-0018 ext. 302.
5. Checks, money orders, MasterCard, Discover, American Express, PayPal and Visa are accepted for payment. Please see registration forms for more information.
6. Trainings are enrolled on a first come, first served basis. Please register early!



Training Registration Form

January February March 2025

Learner Information

*Required Information for all learners

**Required for first time learners

Privacy Policy: All learner records and correspondence will be sent to the learner address on this form.

*Learner Name (Please Print): *Is this your first training with us? Y N		*Learner Home Address: (Include street address, city, state and zip code)	
*Learner Home Phone:	*Gender <input type="checkbox"/> Female <input type="checkbox"/> Male	*Age: <input type="checkbox"/> 19-30 <input type="checkbox"/> 31-50 <input type="checkbox"/> 50+	*Learner Race: <input type="checkbox"/> African-American <input type="checkbox"/> Caucasian <input type="checkbox"/> Hispanic <input type="checkbox"/> Other_____
*Learner Cell Phone:			
*What is your role in working with children? <input type="checkbox"/> Center Director <input type="checkbox"/> Center Teacher <input type="checkbox"/> Center Support Staff <input type="checkbox"/> Family Child Care Home Licensee		<input type="checkbox"/> Group Home Licensee <input type="checkbox"/> Group Home Assistant <input type="checkbox"/> Interested in Family Child Care Home <input type="checkbox"/> Interested in Being a Center Teacher	
*Employer Name:		*Employer Address:	
*Business Phone:	*Business Email:	*Business City/County: <input type="checkbox"/> Birmingham City <input type="checkbox"/> Blount <input type="checkbox"/> Jefferson <input type="checkbox"/> Shelby <input type="checkbox"/> Walker <input type="checkbox"/> Other_____	
*Number of Children served:			
*Type of Child Care Provider: <input type="checkbox"/> Child Care Center <input type="checkbox"/> Family Child Care Home <input type="checkbox"/> Relative Care		*Is this Provider: <input type="checkbox"/> Licensed <input type="checkbox"/> Child Care Subsidy Program Participant <input type="checkbox"/> Licensed-Exempt	
*Learner Email: Join our email list: Y N		**How do you receive the Quality Times? <input type="checkbox"/> I do not receive the Quality Times <input type="checkbox"/> Mail <input type="checkbox"/> Email <input type="checkbox"/> Internet <input type="checkbox"/> I want to receive the Quality Times by <input type="checkbox"/> Mail <input type="checkbox"/> Email	

Registration Procedures

Please register using our agency registration forms. **FORMS MUST BE COMPLETE!**

1. One applicant per registration form. You may duplicate the form as needed.
2. Select the training dates on the back of this form and mail or deliver this form with payment to: Childcare Resources, 244 West Valley Avenue, Suite 200, Birmingham, AL 35209
3. Fee-based trainings must be paid in full before the registration deadline for registration to be complete. A \$35 fee will be charged for all returned checks. If payment is not recieved, registration is incomplete.
4. You will receive an email to confirm registration. If you do not receive confirmation within 24 hours of the training, please call (205) 945-0018 ext. 302.
5. Checks, money orders, MasterCard, Discover, Visa, PayPal and American Express are accepted for payment.
6. Trainings are enrolled on a first come, first served basis. Please register early!
7. Effective October 1, 2017, Childcare Resources will no longer issue training vouchers for fee-based trainings. Please make every effort to attend the training session(s) you have registered for or send a substitute in your place. Registration for substitutions must be completed one full business day in advance of the training date.
8. Please review our Training Attendance and Substitution Policies on page 2 of the Quality Times before submitting this form.



Payment Procedures

1. Proof of payment is required for your registration to be complete. Therefore, faxed registration forms will not be processed for fee-based training.
2. You may submit a check or money order with this form and return it to Childcare Resources via mail.
3. If you would like to pay by PayPal or credit card go online to www.ccr-bhm.org. Click on Providers-Training and Technical Assistance-Quality Times and proceed with online registration hosted by Cvent.

Payment Method: (Circle)
Check Cash Money Order

CIRCLE THE TRAININGS OF YOUR CHOICE:

January

- Free Welcome to Child Care I (Training On Demand)
Monday, January 13 - Monday, January 27, 2025;
Self-Guided Two Week Long Course
- Free CPR / First Aid (In-Person)
Tuesday, January 14, 2025; 12:00pm to 3:00pm
- Free Conquering Canvas: A Learner's Guide to Navigate the Online
Training Platform (In-Person)
Wednesday, January 15, 2025; 9:00am to 11:00am
- Free Alabama Public Television Presents (APT): Motions and Movements
(Live Virtual Training)
Thursday, January 16, 2025; 2:00pm to 4:00pm
- Free Creative Beginnings: Art and Sensory Experiences for Infants
and Toddlers (In-Person)
Wednesday, January 22, 2025; 9:00am to 11:00am
- Free First Steps to a Career in Child Care (Live Virtual Training)
Thursday, January 23, 2025; 6:00pm to 7:30pm
- \$25 Health & Safety: Jefferson County Department of Health Regulations for the
Construction, Operation and Maintenance of Child Care Centers (In-Person)
Saturday, January 25, 2025; 9:00am to 11:00am
- Free Emergency Preparedness: Are You Ready? (In-Person)
Saturday, January 25, 2025; 11:30am to 12:30pm
- Free Eco-Healthy Child Care (In-Person)
Tuesday, January 28, 2025; 11:00am to 1:00pm
- Free Director's Network: Who's On Your Team? A Guide to Growing Successful
Teams in Early Care Environments (In-Person)
Wednesday, January 29, 2025; 9:30am to 11:00am
- Free Unlocking Individual Potential by Supporting Diverse Learners
(Live Virtual Training)
Wednesday, January 29, 2025; 1:00pm to 3:00pm
- Free Health 101: The Basics of Keeping Children Healthy and Safe in a Child Care
Setting (In-Person)
Thursday, January 30, 2025; 9:30am to 10:30am
- Free Medication and Child Care: A Guide to the Baby Douglas Law (In-Person)
Thursday, January 30, 2025; 11:00am to 12:00pm
- Free Managing Food Allergies in the Early Childhood Setting (In-Person)
Thursday, January 30, 2025; 12:30pm to 1:30pm

February

- \$60 Basic Administration Course: Course Only (In-Person)
Monday, February 3 - Thursday, February 6, 2025; 8:30am to 3:00pm
- Free Welcome to Child Care II (Training On Demand)
Monday, February 10 - Monday, February 24, 2025; Self-Guided Two Week
Long Course
- \$25 Health & Safety: Jefferson County Department of Health Regulations for the
Construction, Operation and Maintenance of Child Care Centers
(Training on Demand)
Monday, February 10 - Sunday, February 16, 2025; Self-Guided
Week Long Course
- Free Alabama Pathways Professional Development Registration Platform
(Live Virtual Training)
Tuesday, February 11, 2025; 10:00am to 12:00pm
- Free CPR / First Aid (In-Person)
Tuesday, February 11, 2025; 12:00pm to 3:00pm
- Free Childcare Resources Presents: Socialization for Infants and Toddlers
(Live Virtual Training)
Thursday, February 13, 2025; 2:00pm to 4:00pm
- Free Building and Physical Premises Safety (Live Virtual Training)
Tuesday, February 18, 2025; 6:00pm to 7:00pm
- Free Handling and Storage of Hazardous Materials (Live Virtual Training)
Tuesday, February 18, 2025; 7:30pm to 8:30pm
- Free Understanding Trauma in Young Children (In-Person)
Wednesday, February 19, 2025; 11:00am to 12:30pm
- \$15 Make-N-Take: "STEM"ulating Activities for Preschoolers (In-Person)
Thursday, February 20, 2025; 9:00am to 10:30am

- Free Director's Series: Child Health Screenings: The Why, What, How and Where
(Live Virtual Training)
Thursday, February 20, 2025; 12:30pm to 2:30pm
- Free Super Saturday: Exploring Observation, Screening, and Assessment in Early
Care Education (Training On Demand)
Saturday, February 22 - Saturday, March 1, 2025; Self-Guided
Week Long Course
- Free Super Saturday: It's All About Me!: Individualizing Learning in Early Care
Settings (Training On Demand)
Saturday, February 22 - Saturday, March 1, 2025; Self-Guided
Week Long Course
- Free Ooo Baby, Baby: Creating Inclusive Infant & Toddler Environments (In-Person)
Tuesday, February 25, 2025; 9:00am to 11:00am
- \$15 Getting to Know Me: Infants (In-Person)
Wednesday, February 26, 2025; 9:00am to 12:00pm
- Free Health 101: The Basics of Keeping Children Healthy and Safe in a Child Care
Setting (In-Person)
Thursday, February 27, 2025; 9:30am to 10:30am
- Free Medication and Child Care: A Guide to the Baby Douglas Law (In-Person)
Thursday, February 27, 2025; 11:00am to 12:00pm
- Free Managing Food Allergies in the Early Childhood Setting (In-Person)
Thursday, February 27, 2025; 12:30pm to 1:30pm

March

- Free Grant Writing 101 (Live Virtual Training)
Tuesday, March 4, 2025; 6:00pm to 8:00pm
- Free Grant Writing 101 (In-Person)
Wednesday, March 5, 2025; 11:00am to 1:00pm
- \$25 Health & Safety: Jefferson County Department of Health Regulations for the
Construction, Operation and Maintenance of Child Care Centers (In-Person)
Thursday, March 6, 2025; 12:30pm to 2:30pm
- Free Transportation in Early Child Care (Training On Demand)
Saturday, March 8, 2025; Self-Guided Week Long Course
- Free First Steps to a Career in Child Care (Training On Demand)
Monday, March 10 - Sunday, March 16, 2025; Self-Guided Week Long Course
- Free CPR / First Aid (In-Person)
Tuesday, March 11, 2025; 12:00pm to 3:00pm
- Free Alabama Public Television Presents (APT): Bringing Books to Life (In-Person)
Thursday March 13, 2025; 2:00pm to 4:00pm
- Free Mini Detectives: Investigating Math Concepts in the World Around Us
(In-Person) *Hybrid Event (only sign up for either In-Person or Live Virtual)
Tuesday, March 18, 2025; 9:00am to 11:00am
- Free Mini Detectives: Investigating Math Concepts in the World Around Us
(Live Virtual Training) *Hybrid Event (only sign up for either
In-Person or Live Virtual)
Tuesday, March 18, 2025; 9:00am to 11:00am
- Free Director's Network: Share Your Story: Marketing Strategies to Sustain a Quality
Program (Live Virtual Training)
Wednesday, March 19, 2025; 1:00pm to 2:30pm
- \$15 Inquiry Based Science: Health and Biology (In-Person)
Thursday, March 20, 2025; 9:00am to 10:30am
- Free Enhancing Infant Development Through Tummy Time: Best Practices and
Techniques (In-Person)
Wednesday, March 26, 2025; 9:00am to 11:00am

Learner Name: _____

Training Levels		Target Age Groups	
Basic (B)	Most appropriate for entry-level professionals who are new to early childhood and/or school-age care. Basic Level Training covers a foundational understanding and demonstration of developing skills.	Infants	Birth to 12 months
Intermediate (I)	Most appropriate for professionals who have at least (2) years of experience and 120 hours of training in child development, and are moving toward more formal education. Intermediate Level Training includes expanding knowledge and application, and refining skills.	Toddlers	1 and 2 year olds
Advanced (A)	Most appropriate for professionals who have at least three (3) years of experience and 30 credit hours in child development. Advanced Level Training focuses on a more thorough knowledge and understanding of developmentally appropriate practice and highly effective application and demonstration of skills.	Preschoolers	3 and 4 year olds
		School-agers	5 to 12 year olds
		ALL	Infants, Toddlers, Preschoolers, and School-agers

DHR Minimum Standards Training Areas		CDA (Child Development Associate) Subject Areas		Alabama Pathways Core Knowledge Areas (CKA Areas)	
CD	Child Development	1	Planning a safe and healthy learning environment	CGD	Child Growth and Development
HSUP	Health, Safety and Universal Precautions	2	Advancing children's physical and intellectual development	HSN	Health, Safety & Nutrition
QCCL	Quality Child Care and Licensing	3	Supporting children's social and emotional development	LEE	Learning Experiences and Enrichment
CCPF	Child Care Professional and the Family	4	Building productive relationships with families	DIV	Diversity
LD	Language Development	5	Managing an effective program	COA	Child Observation and Assessment (Planning for Individual Needs)
PDG	Positive Discipline and Guidance	6	Maintaining a commitment to professionalism	ICFC	Interaction with Children, Families and Communities
AM	Administration and Management	7	Observing and recording children's behavior	PPD	Personal and Professional Development
		8	Understanding principles of child development and learning	MA	Management & Administration

CCDF (Child Care Development Fund) Training Areas

- Prevention and control of infectious diseases (including immunizations)
- Sudden Infant Death Syndrome (SIDS) prevention and use of safe sleep practices
- Administration of medication
- Prevention of and response to emergencies due to food and allergic reactions
- Building and physical premises safety, including identifying electrical hazards, bodies of water, and vehicular traffic
- Prevention of Shaken Baby Syndrome and abusive head trauma
- Emergency preparedness and response planning for natural and man-caused events
- Handling and storage of hazardous materials, including correct disposal of biocontaminants
- If applicable, appropriate pre-cautions in transporting children
- First-aid and CPR
- Recognizing and reporting child abuse and neglect
- Identifying and serving homeless children and their families
- Promoting the social, emotional, physical and cognitive development of children, **including those related to nutrition and physical activity, using scientifically-based, developmentally appropriate and age appropriate strategies.**
- Caring for children in geographic areas with significant concentrations of poverty and unemployment
- Implementing behavior strategies, including positive behavior interventions and support models that promote positive social and emotional development and reduce challenging behaviors, **including reducing expulsions of preschool-aged children for such behaviors**
- Engaging parents and families in culturally and linguistically appropriate ways to expand their knowledge, skills and capacity to be meaningful partners in supporting their children's positive development
- Understanding early neurological development
- Using data to guide program improvement
- Supporting positive development of **school-age children**
- Improving the quality of programs and services for **infants and toddlers**

Childcare Resources will be closed:

New Year's Day

Wednesday, January 1, 2025

Martin Luther King Jr. Day

Monday, January 20, 2025



training session descriptions

Curious about the difference between our online training options? Here's a helpful guide!

IN-PERSON

In-person trainings held at Childcare Resources or another specified location at a specific date and time.

LIVE VIRTUAL TRAINING

Virtual training with a live instructor at a specific date and time through Childcare Resources' Online Portal.

Learners must log on to the portal prior to and following the live training to complete the pre-test, post-test, and evaluation to receive credit for the course.

Learners must be present for the duration of the training to receive credit. Learners who are driving or attending to other matters while on the Live Virtual Training will not receive a certificate.

TRAINING ON DEMAND (one week)

Self-guided, self-paced online training course through Childcare Resources' Online Portal. The training is available for a specified week, typically Monday through Sunday.

All course work must be completed to receive full credit. Most Training On Demand sessions result in the earning of 2 Clock Hours of training credit.

CANVAS CATALOG

Self-guided, self-paced online training course through Childcare Resources' Canvas Catalog ([ccr-bhm.catalog.instructure.com](https://www.ccr-bhm.org/canvas-catalog)).

Participants can register and attend Canvas Catalog trainings at any time during the course availability dates. Courses are self-guided, and available online for 30 days. All sections of the session must be completed to receive full credit.

See Page 8 for detailed instructions for registration and course availability.

To register for all online and in-person trainings, visit www.ccr-bhm.org/training. Prior to the start date of each training, you will receive an email with online training instructions from Childcare Resources and an invitation to join the training through Canvas Online Training Portal.



NEW



Mark Your Calendar for Success!


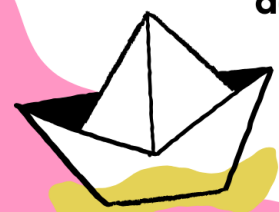
Exciting News! We've added a brand-new calendar to the end of our training catalog. Stay organized and never miss an important date like office closures, training sessions, and other exciting events. Stay on top of what's coming up and make the most of every opportunity!



NEW CANVAS CATALOG TRAINING!

Integrating Early Childhood Theories and Developmental Domains

Early childhood development has a very rich history with contributions from some of the greatest theorists in education. This training provides an overview of child growth and development during early childhood years, theories of development, and theorists that affect how the early care community approaches the classroom environment.



January 13, 2025 - February 14, 2025

MORE INFORMATION ON PAGE 8

canvas catalog with childcare resources

NOW AVAILABLE!

Register, attend the session, complete the course, and earn your certificate all on your own. Let's get started!
Visit ccr-bhm.catalog.instructure.com

FIRST TIME USERS

1. Click desired training tile by the name of the course and then click "Enroll."
2. Create your account by entering your registration information.
3. Select the button "Register New Account." You will not be able to move forward in enrollment until all information is complete.
4. Follow prompts and select "Enroll."
5. Check your email for confirmation and instructions to create a password and continue following prompts to enroll in your selected course.

REGISTERED USERS

1. Click desired training tile by the name of the course and then click "Enroll"
2. Select the blue button that states "Already have an account? Sign in here"
3. Sign in using your created login and password information.

Self-Guided 30-Day Courses

Dates Offered: January 13 – February 13, 2025

Registration opens January 13, 2025. Space is limited to 30 participants for each course.

Integrating Early Childhood Theories and Developmental Domains

Early childhood development has a very rich history with contributions from some of the greatest theorists in education. This training provides an overview of child growth and development during early childhood years, theories of development, and theorists that affect how the early care community approaches the classroom environment.

Cost: Free
CEUs Offered: No

Funded By: DHR
DHR Categories: CD

Training Level: Intermediate
CDA Categories: 8

Target Age Group: ALL
CKA Categories: CGD

Training Hours: 3
CCDF Categories: 13

Sudden Infant Death (SIDS) and Safe Sleep Practices

This training is designed to increase learners' knowledge about Sudden Infant Death Syndrome (SIDS) and Safe Sleep practices. This training provides key information about SIDS and Safe Sleep and offers important data to help reduce the occurrences of SIDS.

Cost: Free
CEUs Offered: Yes

Funded By: DHR
DHR Categories: HSUP

Training Level: Basic
CDA Categories: 1

Target Age Group: ALL
CKA Categories: HSN

Training Hours: 1
CCDF Categories: 2

Prevention of Shaken Baby Syndrome and Abusive Head Trauma

A crying baby can be overwhelming at times for caregivers and parents. Shaken baby syndrome is a serious form of abuse inflicted upon a child. Case studies show 80 percent of children suffer from some sort of permanent damage when shaken. This training will focus on strategies to use to help prevent shaken baby syndrome.

Cost: Free
CEUs Offered: Yes

Funded By: DHR
DHR Categories: HSUP

Training Level: Basic
CDA Categories: 1

Target Age Group: ALL
CKA Categories: HSN

Training Hours: 1
CCDF Categories: 6

Recognizing and Reporting Child Abuse and Neglect in Early Child Care

In this workshop, we will examine the roles and responsibilities of child care providers in preventing, recognizing, reporting, and responding to child abuse and neglect within the early child care setting. This 1-hour training will provide an overview of prevention efforts, mandated reporting laws and responsibilities, as well as ways child care providers can care for and support children exhibiting symptoms of abuse.

Cost: Free
CEUs Offered: Yes

Funded By: DHR
DHR Categories: HSUP

Training Level: Basic
CDA Categories: 1

Target Age Group: ALL
CKA Categories: HSN

Training Hours: 1
CCDF Categories: 11

Language and Literacy in the Early Care Setting

Social-emotional development is essential to young children's well being. This training highlights how teachers can use literature to help children learn life lessons that address navigating social and emotional situations. During this training, learners will be introduced to hands-on classroom activities that will help promote social and emotional development.

Cost: Free
CEUs Offered: Yes

Funded By: DHR
DHR Categories: CD, LD

Training Level: Basic
CDA Categories: 2

Target Age Group: Infant, Toddlers
CKA Categories: CGD, LEE

Training Hours: 2
CCDF Categories: 20

Who's Watching the Children 2.0: Supervision and Basic Safety in Early Care

How would you rate the quality of supervision in your early care program? Supervision in group settings is serious business! A minor oversight in supervision practices can be a matter of life or death for a child. According to Child Care Aware of America, children spend on average, 36 hours a week in child care. High quality supervision and basic safety practices take into consideration that every decision counts and that basic safety practices are woven into all experiences. Let's explore what it takes to make your supervision and safety practices top notch!

Cost: Free
CEUs Offered: Yes

Funded By: DHR
DHR Categories: HSUP

Training Level: Intermediate
CDA Categories: 1

Target Age Group: ALL
CKA Categories: HSN

Training Hours: 2
CCDF Categories: 5

Germ Busters! Best Practices for Illness Prevention in Early Care Settings

Germ and more germs! Do you ever wonder what keeps children sick in early care? According to research, children under age 5 spend at least 35 hours a week in child care. This reinforces the importance of health and safety practices in child care. Come learn preventative strategies that will keep children and early care providers safe from illnesses.

Cost: Free
CEUs Offered: Yes

Funded By: DHR
DHR Categories: HSUP

Training Level: Basic
CDA Categories: 1

Target Age Group: ALL
CKA Categories: HSN

Training Hours: 1
CCDF Categories: 1

Allergy Awareness: Managing Allergies in the Early Care Setting

Food related allergies are rapidly increasing food safety and public health concerns because food allergies impact close to 10% of all children in the United States. This number is estimated at 1 in 13 children, or around 2 students per classroom. Children as young as newborns can have allergies to food ingredients within breastmilk and formula. This training will focus on food related allergies in relation to early education programs. The training will include guidance for the development of plans to prevent an allergic reaction, identifying symptoms, responding to a food allergy emergency, and the top foods that trigger allergic reactions. Excellence in early care begins with keeping children healthy and safe.

Cost: Free
CEUs Offered: Yes

Funded By: DHR
DHR Categories: HSUP

Training Level: Basic
CDA Categories: 1

Target Age Group: ALL
CKA Categories: HSN

Training Hours: 1
CCDF Categories: 4

Medication in the Early Care Setting: Safe Practices for the Usage of Medication with Children

When planning to give medication to children in the early care setting, it is important that providers have knowledge of why and how they should administer medication when necessary. The training will help providers identify policies and procedures pertaining to administering medication that should be practiced in their programs. This training will also focus on why the Baby Douglas Law was put into place, and it will give insight on how to implement safe practices for the usage of medication with children. Learning outcome for this training: Learners will successfully identify accurate solutions to medication situations by using scenarios provided by the instructor.

Cost: Free
CEUs Offered: Yes

Funded By: DHR
DHR Categories: HSUP

Training Level: Basic
CDA Categories: 1

Target Age Group: ALL
CKA Categories: HSN

Training Hours: 1
CCDF Categories: 3

Successful Parent-Teacher Conferences in Early Care

Are you interested in promoting better relationships with the families in your center? As the director, it is important to be the leader in creating and helping to implement practices in your center that support positive relationships with families of the children you serve. NAEYC identifies the category of "relationships" as having the most powerful impact on the healthy development of children in your care. Formal conferences with parents are a critical part of serving families well. Let's explore how you can lead positive and effective practices to successfully serve the families enrolled in your program.

Cost: Free
CEUs Offered: Yes

Funded By: DHR
DHR Categories: CCPF

Training Level: Intermediate
CDA Categories: 4

Target Age Group: ALL
CKA Categories: ICFC

Training Hours: 2
CCDF Categories: 13

Biting – It's a Pain for Everyone!

When children bite, it affects everyone: the provider, staff, parents, and families being bitten. Parents look to providers to help make the biting stop; therefore, providers need information and practices to assist them in confronting this troublesome situation. Let's examine why certain children bite, what our roles are and strategies that can help minimize this behavior.

Cost: Free
CEUs Offered: Yes

Funded By: DHR
DHR Categories: CD, PDG

Training Level: Basic
CDA Categories: 6

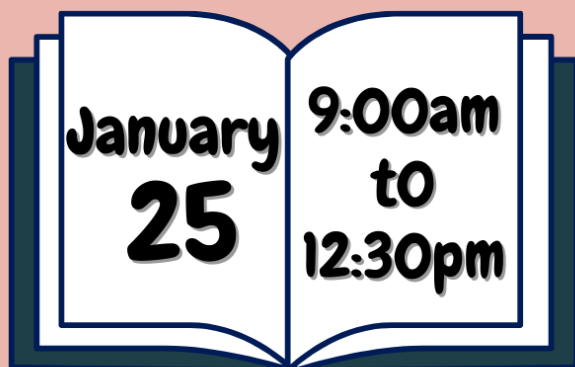
Target Age Group: ALL
CKA Categories: CGD, PPD

Training Hours: 2.5
CCDF Categories: 14





THE LIBRARY WILL BE OPEN!



Our Early Learning Resource Library will be open Saturday, January 25 from 9:00am to 12:30pm! Stop by and explore our treasure trove of educational resources! From engaging books to interactive activities, there's something for every curious mind!

**For more info: Kenya Watts
kwatts@ccr-bhm.org
(205) 945-0018 Ext. 315**



★ On-Demand ★ Super Saturdays Training Sessions

EXPLORING OBSERVATION, SCREENING, AND ASSESSMENT IN EARLY CARE EDUCATION

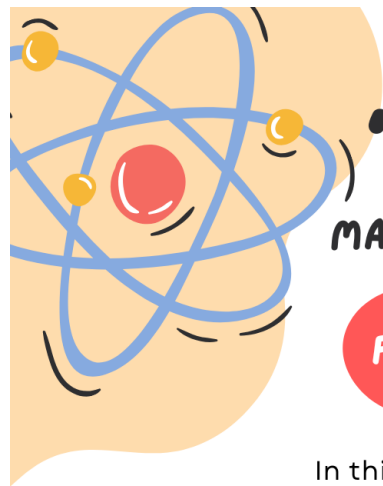
- ◆ **Deadline to Register:**
Saturday, February 15, 2025
- ◆ **Dates Offered:**
Saturday, February 22 - Saturday, March 1

Join us as we explore the assessment process and how to utilize the results to enhance classroom practice and support children's development and learning.

IT'S ALL ABOUT ME!: INDIVIDUALIZING LEARNING IN EARLY CARE SETTINGS

- ◆ **Deadline to Register:**
Saturday, February 15, 2025
- ◆ **Dates Offered:**
Saturday, February 22 - Saturday, March 1

This training will focus on why individualized learning in the early care setting is important and what individualized learning in the classroom looks like. We will explore factors that contribute to the pace of learning for children, such as learning styles and how teachers can utilize a child's individuality to support successful development.



"STEM"ULATING

MAKE-N-TAKE ACTIVITIES FOR PRESCHOOLERS

FEBRUARY 20, 2025 | 9:00AM TO 10:30AM

In this session, the learner will explore activities that are "STEM" (Science, Technology, Engineering, and Math) based for toddlers. Science, Technology, Engineering, and Math are integral parts of everyday life. Teachers must know how to invite investigation and exploration into classroom experiences, so the results have a positive impact on all aspects of a toddler's development. Learners will construct activities that involves all aspects of "STEM".

There is a \$15 fee to attend this training. There will be door prizes and chances to win resources centered around STEM.

FOR MORE INFO:
KENYA WATTS OR BETH NELSON
205-945-0018 EXT. 315/302
KWATTS@CCR-BHM.ORG / BNELSON@CCR-BHM.ORG



New Library Resources!

The Resource Library has added some new and exciting resources to it's collection. Stop by and check out the new infant, toddler, and preschool resources that are now available!



FOR MORE INFO:
Kenya Watts
205-945-0018 ext. 315
kwatts@ccr-bhm.org






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For additional information or to register, contact Ali Rebman ext. 329 or Mary Douglas Turner ext. 333. Limited to 10 participants.

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**Creating a
Culture of Care:
Supporting Children,
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FEBRUARY 21-22, 2025

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TUSCALOOSA, AL

You can visit <https://training.ua.edu/itsnc/> for
the most up-to-date information and
Registration Links!

January Training Sessions

Welcome to Child Care I (Training On Demand)

Dates Offered: Monday, January 13 - Monday, January 27, 2025; Self-Guided Two Week Long Course

Location: Childcare Resources; Online Portal

Deadline to Register: Monday, January 6, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: QCCL, CCPF, HSUP

CCDF Categories: 13, 20

Funded By: DHR

Training Hours: 6

CDA Categories: 1, 4, 5, 6

Training Level: Basic

CEUs Offered: Yes

CKA Categories: HSN, MA, ICFC

Welcome to Child Care I covers topics required by DHR Child Care Licensing and Performance Standards for child care providers and staff. The following training categories will be discussed: quality child care and licensing, the child care professional and family, and health, safety and universal precautions. Child care professionals must show proof of acquiring the necessary training hours in these categories before opening or working in a child care center or home.

CPR / First Aid (In-Person)

Dates Offered: Tuesday, January 14, 2025; 12:00pm to 3:00pm

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Tuesday, January 7, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 10

Funded By: DHR

Training Hours: 3

CDA Categories: 1

Training Level: Basic

CEUs Offered: No

CKA Categories: HSN

First responders are key in medical emergencies, and lives are being saved by initiating cardiopulmonary resuscitation (CPR) in a timely fashion. The Alabama Department of Public Health is a valuable source for certification for CPR and First Aid. According to the Emergency Care Safety Institute (ECSI), all participants seeking a CPR/First Aid certification will be required to perform their demonstration of CPR from a position on the floor. **Limited to 10 participants.**

Conquering Canvas: A Learner's Guide to Navigate the Online Training Platform (In-Person)

Dates Offered: Wednesday, January 15, 2025; 9:00am to 11:00am

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Wednesday, January 8, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: CCPF

CCDF Categories: N/A

Funded By: DHR

Training Hours: 2

CDA Categories: 6

Training Level: Basic

CEUs Offered: Yes

CKA Categories: PPD

Since 2020, Childcare Resources has utilized the Canvas Learning Management System as an online training platform to assist providers in attaining training credit hours and advancing professional development. This training will guide users in the process of successfully completing training using this platform. Early care professionals will gain information on what is expected of them, the role(s) of Childcare Resources' staff, and how to successfully navigate experiences for both Live Virtual trainings and Training on Demand.

Alabama Public Television Presents (APT): Motions and Movements (Live Virtual Training)

Dates Offered: Thursday, January 16, 2025; 2:00pm to 4:00pm

Location: Alabama Public Television; Online Portal

Deadline to Register: Thursday, January 9, 2025

Cost: Free

Target Age Group: Preschoolers

DHR Categories: CD

CCDF Categories: 13, 16, 17

Funded By: DHR

Training Hours: 2

CDA Categories: 1, 2, 8

Training Level: Basic

CEUs Offered: No

CKA Categories: CGD, LEE, COA

What is the connection between little hands and big feet? Preschoolers are developing motor skills to make motions and movements. This training will help you understand the types of motor skills, how and when they develop, as well as offering simple activities to foster independence.

January Training Sessions

Creative Beginnings: Art and Sensory Experiences for Infants and Toddlers (In-Person)

Dates Offered: Wednesday, January 22, 2025; 9:00am to 11:00am

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Wednesday, January 15, 2025

Cost: Free

Target Age Group: Infants, Toddlers

DHR Categories: CD

CCDF Categories: 13

Funded By: ITSN

Training Hours: 2

CDA Categories: 8

Training Level: Basic

CEUs Offered: No

CKA Categories: LEE

This engaging training session is designed for learners who wish to explore innovative art and sensory activities tailored for infants and toddlers. Learners will discover a variety of fun, age-appropriate creative experiences that foster imagination, sensory exploration, and early developmental skills. Kabrielle Nation is an Infant Toddler Specialist with the Infant Toddler Specialist Network.

First Steps to a Career in Child Care (Live Virtual Training)

Dates Offered: Thursday, January 23, 2025; 6:00pm to 7:30pm

Location: Childcare Resources; Online Portal

Deadline to Register: Thursday, January 16, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: QCCL

CCDF Categories: N/A

Funded By: DHR

Training Hours: 1.5

CDA Categories: 6

Training Level: Basic

CEUs Offered: Yes

CKA Categories: PPD

Thinking about opening a child care center or a family child care home? Get answers to common questions regarding cost, location, how to get started and much more. Are you new to Childcare Resources? Get to know the mission and vision of our agency, and how to better utilize the programs and services we offer. This session is also for providers who have not previously attended a training at Childcare Resources.

Health & Safety: Jefferson County Department of Health Regulations for the Construction, Operation and Maintenance of Child Care Centers (In-Person)

Dates Offered: Saturday, January 25, 2025; 9:00am to 11:00am

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Saturday, January 18, 2025

Cost: \$25

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 1, 3

Funded By: UWCA

Training Hours: 2

CDA Categories: 1

Training Level: Basic

CEUs Offered: Yes

CKA Categories: HSN

This health and safety training meets the revised Jefferson County Department of Health Regulations; however, it is suitable for all counties. Topics will include employee requirements; child health and wellness; child illness; diapering; toileting and hand washing; food service; nutrition; and other health and safety related topics.

Emergency Preparedness: Are You Ready? (In-Person)

Dates Offered: Saturday, January 25, 2025; 11:30am to 12:30pm

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Saturday, January 18, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 7

Funded By: DHR

Training Hours: 1

CDA Categories: 1

Training Level: Basic

CEUs Offered: Yes

CKA Categories: HSN

Inevitably an emergency will arise in your child care setting. Are you and your staff prepared to handle any emergency situation you may encounter? This training includes realistic guidance for planning, preparing, and practicing how to effectively handle any emergency situation.

January Training Sessions

Eco-Healthy Child Care (In-Person)

Dates Offered: Tuesday, January 28, 2025; 11:00am to 1:00pm

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Tuesday, January 21, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: LD, CD, PDG

CCDF Categories: 13, 15

Funded By: DHR

Training Hours: 2

CDA Categories: 2, 3, 7, 8

Training Level: Basic

CEUs Offered: Yes

CKA Categories: CGD, LEE

It's easier than you think for your center to be Eco-Healthy! Join us for this cutting edge training as we share simple, free and low cost steps that will help you create a safer and healthier environment for children to learn and grow. Topics will include the presence and impacts of radon, pesticides, chemicals, lead and other elements. Learn where they can be found in the child care environment and how to protect children from the dangers of exposure. Come learn easy steps your center can take to become an Eco-Healthy Child Care Facility.

Director's Network: Who's On Your Team? A Guide to Growing Successful Teams in Early Care Environments (In-Person)

Dates Offered: Wednesday, January 29, 2025; 9:30am to 11:00am

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Wednesday, January 22, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: AM

CCDF Categories: 13

Funded By: DHR

Training Hours: 1.5

CDA Categories: 5

Training Level: Basic

CEUs Offered: No

CKA Categories: MA

Calling all directors! "Teamwork makes the dream work" is a quote that many people are familiar with. Let's explore skills that build a successful team. This training will include information about what it takes to be a team player and identifying team mindset qualities in staff members. We will focus on the obstacles that may be present and how to successfully motivate improvement by overcoming communication barriers, successfully setting goals for staff, and teaching effective team mindset skills. Identifying and enhancing these skills can result in the development of a "dream team"! Charita Perry is an Independent Child Care Consultant.

Unlocking Individual Potential by Supporting Diverse Learners (Live Virtual Training)

Dates Offered: Wednesday, January 29, 2025; 1:00pm to 3:00pm

Location: Childcare Resources; Online Portal

Deadline to Register: Wednesday, January 22, 2025

Cost: Free

Target Age Group: Preschoolers, School-agers

DHR Categories: CD

CCDF Categories: 13

Funded By: DHR

Training Hours: 2

CDA Categories: 2, 3, 8

Training Level: Basic

CEUs Offered: No

CKA Categories: CGD, LEE, DIV, COA

In this training, we will share valuable insights and strategies for fostering an inclusive learning environment. Join us to learn about indicators that will help you identify the preferred learning styles of your students and practical teaching tips tailored to each learning style. We will also explore how to employ multimodal learning strategies to create a supportive and effective environment, thus empowering every student to reach their full potential. Michelle Denney is the Special Projects Coordinator with Truman Pierce Institute.

Health 101: The Basics of Keeping Children Healthy and Safe in a Child Care Setting (In-Person)

Dates Offered: Thursday, January 30, 2025; 9:30am to 10:30am

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Thursday, January 23, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 1

Funded By: DHR

Training Hours: 1

CDA Categories: 1

Training Level: Basic

CEUs Offered: No

CKA Categories: HSN

Alabama Department of Public Health/Healthy Child Care Alabama Nurse Consultant will lead an important discussion for exclusion criteria, diapering, disinfectant solution, infection control, and hand washing. Practical tips and resources for application in your child care program will be shared.

January Training Sessions

Medication and Child Care: A Guide to the Baby Douglas Law (In-Person)

Dates Offered: Thursday, January 30, 2025; 11:00am to 12:00pm

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Thursday, January 23, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 3

Funded By: DHR

Training Hours: 1

CDA Categories: 1

Training Level: Basic

CEUs Offered: No

CKA Categories: HSN

In 2004, the Alabama Legislature passed a new law addressing the safe medication of children in child care facilities known as the Baby Douglas Law. The law focuses on giving children only medications that are prescribed by a doctor or that are appropriate for the age of the child, and requires caregivers to follow dosage instructions precisely. Learn the history of the Baby Douglas Law from Alabama Department of Public Health/Healthy Child Care Alabama, and how to ensure that you are following the appropriate guidelines.

Managing Food Allergies in the Early Childhood Setting (In-Person)

Dates Offered: Thursday, January 30, 2025; 12:30pm to 1:30pm

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Thursday, January 23, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 4

Funded By: DHR

Training Hours: 1

CDA Categories: 1

Training Level: Advanced

CEUs Offered: No

CKA Categories: HSN

It is no surprise to find a list of food allergies on a child's enrollment form. A Nurse Consultant with Alabama Department of Public Health/Healthy Child Care Alabama will share how managing food allergies in the early childhood classroom is a collaborative effort involving parents, teachers, and the child.

February Training Sessions

Basic Administration Course: Course Only (In-Person)

Dates Offered: Monday, February 3 - Thursday, February 6, 2025; 8:30am to 3:00pm

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Monday January 27, 2025

Cost: \$60

Target Age Group: ALL

DHR Categories: AM

CCDF Categories: 18

Funded By: UWCA

Training Hours: 20

CDA Categories: 1: 4hrs; 4: 1hr;
5: 14hrs; 6: 1hr

Training Level: Basic

CEUs Offered: Yes

CKA Categories: MA

Come learn the basics of operating a child care center. Topics will include hiring staff, wage and hour, staff management, stress management and more. This course fulfills the DHR licensing requirement of administrative training for directors. You must attend all four days of training for credit to be awarded.

Welcome to Child Care II (Training On Demand)

Dates Offered: Monday, February 10 - Monday, February 24, 2025; Self-Guided Two Week Long Course

Location: Childcare Resources; Online Portal

Deadline to Register: Monday, February 3, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: LD, CD, PDG

CCDF Categories: 13, 15

Funded By: DHR

Training Hours: 6

CDA Categories: 2, 3, 7, 8

Training Level: Basic

CEUs Offered: Yes

CKA Categories: CGD, LEE

Welcome to Child Care II covers topics required by DHR in the Child Care Licensing and Performance Standards for child care providers and staff. The following training categories will be discussed: child development, language development, and positive discipline, and guidance. All staff must show proof of acquiring the necessary clock hours in these categories before opening or working in a child care center or home.

February Training Sessions

Health & Safety: Jefferson County Department of Health Regulations for the Construction, Operation and Maintenance of Child Care Centers (Training on Demand)

Dates Offered: Monday, February 10 - Sunday, February 16, 2025; Self-Guided Week Long Course

Location: Childcare Resources; Online Portal

Deadline to Register: Monday, February 3, 2025

Cost: \$25

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 1, 3

Funded By: UWCA

Training Hours: 2

CDA Categories: 1

Training Level: Basic

CEUs Offered: Yes

CKA Categories: HSN

This health and safety training meets the revised Jefferson County Department of Health Regulations; however, it is suitable for all counties. Topics will include employee requirements; child health and wellness; child illness; diapering; toileting and hand washing; food service; nutrition; and other health and safety related topics.

Alabama Pathways Professional Development Registration Platform (Live Virtual Training)

Dates Offered: Tuesday, February 11, 2025; 10:00am to 12:00pm

Location: Childcare Resources; Online Portal

Deadline to Register: Tuesday, February 4, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: CCPF

CCDF Categories: N/A

Funded By: DHR

Training Hours: 2

CDA Categories: 6

Training Level: Basic

CEUs Offered: No

CKA Categories: PPD

Learn how to navigate the Alabama Professional Development registration platform. Alabama Pathways is a free online resource for early childhood professionals working in child care facilities. The professional development system addresses the training and education needs of caregivers and teachers in the field of early childhood and school-age care. The goal of Alabama Pathways is to provide a path to support and advance the best practices of those who care for and teach children from birth through 12 years.

CPR / First Aid (In-Person)

Dates Offered: Tuesday, February 11, 2025; 12:00pm to 3:00pm

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Tuesday, February 4, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 10

Funded By: DHR

Training Hours: 3

CDA Categories: 1

Training Level: Basic

CEUs Offered: No

CKA Categories: HSN

First responders are key in medical emergencies, and lives are being saved by initiating cardiopulmonary resuscitation (CPR) in a timely fashion. The Alabama Department of Public Health is a valuable source for certification for CPR and First Aid. According to the Emergency Care Safety Institute (ECSI), all participants seeking a CPR/First Aid certification will be required to perform their demonstration of CPR from a position on the floor.

Limited to 10 participants.

Childcare Resources Presents: Socialization for Infants and Toddlers (Live Virtual Training)

Dates Offered: Thursday, February 13, 2025; 2:00pm to 4:00pm

Location: Childcare Resources; Online Portal

Deadline to Register: Thursday, February 6, 2025

Cost: Free

Target Age Group: Infants, Toddlers

DHR Categories: CD

CCDF Categories: 13

Funded By: DHR

Training Hours: 2

CDA Categories: 3, 4, 8

Training Level: Basic

CEUs Offered: No

CKA Categories: CGD

Are infants born with the understanding of how to be social? What are some ways toddlers can demonstrate socialization? What ways can caregivers promote and aid socialization for infants and toddlers? In this training, we will answer these questions and many, many more through hands-on activities and discussions.

February Training Sessions

Building and Physical Premises Safety (Live Virtual Training)

Dates Offered: Tuesday, February 18, 2025; 6:00pm to 7:00pm

Location: Childcare Resources; Online Portal

Deadline to Register: Tuesday, February 11, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 5

Funded By: DHR

Training Hours: 1

CDA Categories: 1

Training Level: Basic

CEUs Offered: Yes

CKA Categories: HSN

Children need to be safe to learn and to develop to their fullest potential. This training will discuss strategies for creating a safe environment and provide effective steps to promote building and physical premises safety in child care settings.

Handling and Storage of Hazardous Materials (Live Virtual Training)

Dates Offered: Tuesday, February 18, 2025; 7:30pm to 8:30pm

Location: Childcare Resources; Online Portal

Deadline to Register: Tuesday, February 11, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 8

Funded By: DHR

Training Hours: 1

CDA Categories: 1

Training Level: Basic

CEUs Offered: Yes

CKA Categories: HSN

Children are much more vulnerable than adults to the exposure of hazardous materials because their bodies are developing. Children eat, drink, and breathe more in proportion to their body size. In this training, we will discuss potential toxic substances in the child care environment and how to minimize children's exposure to toxic materials.

Understanding Trauma in Young Children (In-Person)

Dates Offered: Wednesday, February 19, 2025; 11:00am to 12:30pm

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Wednesday, February 12, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: CD

CCDF Categories: 13

Funded By: DHR

Training Hours: 1.5

CDA Categories: 3, 8

Training Level: Intermediate

CEUs Offered: No

CKA Categories: CGD

Trauma causes unique effects on the lives of children ages birth to 5. This training explores a broad and inclusive view of trauma and provides practical ways that professionals can infuse trauma knowledge and understanding into their daily work. Beth Jones, MSW, IECMH-E® PPEER Project Director for the Infant & Early Childhood Special Programs.

Make-N-Take: "STEM" ulating Activities for Preschoolers (In-Person)

Dates Offered: Thursday, February 20, 2025; 9:00am to 10:30am

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Thursday, February 13, 2025

Cost: \$15

Target Age Group: Toddlers

DHR Categories: LD

CCDF Categories: 13

Funded By: UWCA

Training Hours: 1.5

CDA Categories: 3

Training Level: Basic

CEUs Offered: No

CKA Categories: LEE

In this session, the learner will explore activities that are "STEM" (Science, Technology, Engineering, and Math) based for toddlers. Science, Technology, Engineering, and Math are integral parts of everyday life. Teachers must know how to invite investigation and exploration into classroom experiences, so the results have a positive impact on all aspects of a toddler's development. Learners will construct activities that involves all aspects of "STEM".

February Training Sessions

Director's Series: Child Health Screenings: The Why, What, How and Where (Live Virtual Training)

Dates Offered: Thursday, February 20, 2025; 12:30pm to 2:30pm

Location: Childcare Resources; Online Portal

Deadline to Register: Thursday, February 13, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 13

Funded By: DHR

Training Hours: 2

CDA Categories: 1

Training Level: Intermediate

CEUs Offered: No

CKA Categories: HSN

Child health and wellness screening is an important service that can be provided in a child care setting. This training will provide guidance for a variety of screening opportunities like vision, hearing and dental. It will also include information about why screening is important, what types of screening services can be offered, how to develop a plan and where to turn for screening support. Join Dr. Laura Bloom, Director of Montevallo Child Study and Human Development and Family Studies Professor, on a journey to enhance quality services for the children in your care.

Super Saturday: Exploring Observation, Screening, and Assessment in Early Care Education (Training On Demand)

Dates Offered: Saturday, February 22 - Saturday, March 1, 2025; Self-Guided Week Long Course

Location: Childcare Resources; Online Portal

Deadline to Register: Saturday, February 15, 2025

Cost: Free

Target Age Group: All

DHR Categories: CD

CCDF Categories: 13

Funded By: DHR

Training Hours: 2

CDA Categories: 7

Training Level: Intermediate

CEUs Offered: Yes

CKA Categories: COA

Observation, developmental screening, and assessment tools are a vital component of effective practice in a quality early childhood program. Join us as we explore the assessment process and how to utilize the results to enhance classroom practice and support children's development and learning.

Super Saturday: It's All About Me!: Individualizing Learning in Early Care Settings (Training On Demand)

Dates Offered: Saturday, February 22 - Saturday, March 1, 2025; Self-Guided Week Long Course

Location: Childcare Resources; Online Portal

Deadline to Register: Saturday, February 15, 2025

Cost: Free

Target Age Group: Infant, Toddler, Preschoolers

DHR Categories: CD

CCDF Categories: 13

Funded By: DHR

Training Hours: 2

CDA Categories: 7, 8

Training Level: Intermediate

CEUs Offered: Yes

CKA Categories: CGD

Most children's development occurs in a predictable sequence; however, the rate at which they develop a certain skill can vary. It is the teacher's responsibility to provide a classroom environment where all children can develop skills at their natural pace. This training will focus on why individualized learning in the early care setting is important and what individualized learning in the classroom looks like. We will explore factors that contribute to the pace of learning for children, such as learning styles and how teachers can utilize a child's individuality to support successful development.

Ooo Baby, Baby: Creating Inclusive Infant & Toddler Environments (In-Person)

Dates Offered: Tuesday, February 25, 2025; 9:00am to 11:00am

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Tuesday, February 18, 2025

Cost: Free

Target Age Group: Infants, Toddlers

DHR Categories: CD, QCCL

CCDF Categories: 13, 15, 20

Funded By: DHR

Training Hours: 2

CDA Categories: 1, 2, 3, 8

Training Level: Basic

CEUs Offered: No

CKA Categories: CGD, LEE, COA

As infant/toddler childcare providers, it is easy to forget that our classroom environments do not have to be picture perfect. However, our environment plays a large part in the behavior and overall development of the children we serve. In this training, we will discuss how to create a quality infant/toddler environment that encourages growth and development while also providing a safe place for ALL children to learn and play. Meredith Bishop is the Childcare Enhancement with a Purpose Inclusion Consultant for United Ability.

February Training Sessions

Getting to Know Me: Infants (In-Person)

Dates Offered: Wednesday, February 26, 2025; 9:00am to 12:00pm

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Wednesday, February 19, 2025

Cost: \$15

Target Age Group: Infants

DHR Categories: CD, PDG

CCDF Categories: 20

Funded By: UWCA

Training Hours: 3

CDA Categories: 1, 2

Training Level: Intermediate

CEUs Offered: Yes

CKA Categories: CGD, LEE

During the first year of life, babies develop skills they will use for the rest of their lives. As a child care provider working with infants, it's important for you to understand the ages and stages of development during these critical 12 months of life. This training will address infant development, safe sleeping, parent/caregiver communication as well as appropriate toys, which helps to develop skills and awareness. Learners will receive developmentally appropriate materials that support children from birth to 12 months.

Health 101: The Basics of Keeping Children Healthy and Safe in a Child Care Setting (In-Person)

Dates Offered: Thursday, February 27, 2025; 9:30am to 10:30am

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Thursday, February 20, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 1

Funded By: DHR

Training Hours: 1

CDA Categories: 1

Training Level: Basic

CEUs Offered: No

CKA Categories: HSN

Alabama Department of Public Health/Healthy Child Care Alabama Nurse Consultant will lead an important discussion for exclusion criteria, diapering, disinfectant solution, infection control, and hand washing. Practical tips and resources for application in your child care program will be shared.

Medication and Child Care: A Guide to the Baby Douglas Law (In-Person)

Dates Offered: Thursday, February 27, 2025; 11:00am to 12:00pm

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Thursday, February 20, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 3

Funded By: DHR

Training Hours: 1

CDA Categories: 1

Training Level: Basic

CEUs Offered: No

CKA Categories: HSN

In 2004, the Alabama Legislature passed a new law addressing the safe medication of children in child care facilities known as the Baby Douglas Law. The law focuses on giving children only medications that are prescribed by a doctor or that are appropriate for the age of the child, and requires caregivers to follow dosage instructions precisely. Learn the history of the Baby Douglas Law from Alabama Department of Public Health/Healthy Child Care Alabama, and how to ensure that you are following the appropriate guidelines.

Managing Food Allergies in the Early Childhood Setting (In-Person)

Dates Offered: Thursday, February 27, 2025; 12:30pm to 1:30pm

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Thursday, February 20, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 4

Funded By: DHR

Training Hours: 1

CDA Categories: 1

Training Level: Advanced

CEUs Offered: No

CKA Categories: HSN

It is no surprise to find a list of food allergies on a child's enrollment form. A Nurse Consultant with Alabama Department of Public Health/Healthy Child Care Alabama will share how managing food allergies in the early childhood classroom is a collaborative effort involving parents, teachers, and the child.

March Training Sessions

Grant Writing 101 (Live Virtual Training)

Dates Offered: Tuesday, March 4, 2025; 6:00pm to 8:00pm

Location: Childcare Resources; Online Portal

Deadline to Register: Tuesday, February 25, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: AM

CCDF Categories: N/A

Funded By: DHR

Training Hours: 2

CDA Categories: 6

Training Level: Basic

CEUs Offered: No

CKA Categories: MA

This training session is beneficial for child care directors who are seeking funding to support their program, such as First Class Pre-K Grants. Learn how to tell your story, demonstrate a need, and describe how your program can best address that need with the support from an interested funder.

Grant Writing 101 (In-Person)

Dates Offered: Wednesday, March 5, 2025; 11:00am to 1:00pm

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Wednesday, February 26, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: AM

CCDF Categories: N/A

Funded By: DHR

Training Hours: 2

CDA Categories: 6

Training Level: Basic

CEUs Offered: No

CKA Categories: MA

This training session is beneficial for child care directors who are seeking funding to support their program, such as First Class Pre-K Grants. Learn how to tell your story, demonstrate a need, and describe how your program can best address that need with the support from an interested funder.

Health & Safety: Jefferson County Department of Health Regulations for the Construction, Operation and Maintenance of Child Care Centers (In-Person)

Dates Offered: Thursday, March 6, 2025; 12:30pm to 2:30pm

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Thursday, February 27, 2025

Cost: \$25

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 1, 3

Funded By: UWCA

Training Hours: 2

CDA Categories: 1

Training Level: Basic

CEUs Offered: Yes

CKA Categories: HSN

This health and safety training meets the revised Jefferson County Department of Health Regulations; however, it is suitable for all counties. Topics will include employee requirements; child health and wellness; child illness; diapering; toileting and hand washing; food service; nutrition; and other health and safety related topics.

Transportation in Early Child Care (Training On Demand)

Dates Offered: Saturday, March 8, 2025; Self-Guided Week Long Course

Location: Childcare Resources; Online Portal

Deadline to Register: Saturday, March 1, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 9

Funded By: DHR

Training Hours: 2

CDA Categories: 1

Training Level: Intermediate

CEUs Offered: Yes

CKA Categories: HSN

This training will highlight the importance of following safety guidelines when transporting children in the early child care setting. This training will cover a variety of topics including required documentation, safety checklists, driver safety, car seat safety, and how to safely plan field trips. Providers will leave this training with the knowledge needed to ensure they are following and implementing the appropriate transportation safety guidelines to keep the children in their care safe when transporting.

March Training Sessions

First Steps to a Career in Child Care (Training On Demand)

Dates Offered: Monday, March 10 - Sunday, March 16, 2025; Self-Guided Week Long Course

Location: Childcare Resources; Online Portal

Deadline to Register: Monday, March 3, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: QCCL

CCDF Categories: N/A

Funded By: DHR

Training Hours: 1.5

CDA Categories: 6

Training Level: Basic

CEUs Offered: Yes

CKA Categories: PPD

Thinking about opening a child care center or a family child care home? Get answers to common questions regarding cost, location, how to get started and much more. Are you new to Childcare Resources? Get to know the mission and vision of our agency, and how to better utilize the programs and services we offer. This session is also for providers who have not previously attended a training at Childcare Resources.

CPR / First Aid (In-Person)

Dates Offered: Tuesday, March 11, 2025; 12:00pm to 3:00pm

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Tuesday, March 4, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: HSUP

CCDF Categories: 10

Funded By: DHR

Training Hours: 3

CDA Categories: 1

Training Level: Basic

CEUs Offered: No

CKA Categories: HSN

First responders are key in medical emergencies, and lives are being saved by initiating cardiopulmonary resuscitation (CPR) in a timely fashion. The Alabama Department of Public Health is a valuable source for certification for CPR and First Aid. According to the Emergency Care Safety Institute (ECSI), all participants seeking a CPR/First Aid certification will be required to perform their demonstration of CPR from a position on the floor. **Limited to 10 participants.**

Alabama Public Television Presents (APT): Bringing Books to Life (In-Person)

Dates Offered: Thursday March 13, 2025; 2:00pm to 4:00pm

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Thursday, March 6, 2025

Cost: Free

Target Age Group: Preschoolers

DHR Categories: CD

CCDF Categories: 13

Funded By: DHR

Training Hours: 2

CDA Categories: 2, 3, 8

Training Level: Basic

CEUs Offered: No

CKA Categories: CGD, LEE

Explore how to bring books to life in a new way for preschoolers. Using Author Studies, creative story-telling, and book activities, we will discover how to plan fun literacy experiences for everyday learning.

Mini Detectives: Investigating Math Concepts in the World Around Us (In-Person)

***Hybrid Event (only sign up for either In-Person or Live Virtual)**

Dates Offered: Tuesday, March 18, 2025; 9:00am to 11:00am

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Tuesday, March 11, 2025

Cost: Free

Target Age Group: Infants, Toddlers, Preschoolers

DHR Categories: CD

CCDF Categories: 13

Funded By: DHR

Training Hours: 2

CDA Categories: 2

Training Level: Basic

CEUs Offered: Yes

CKA Categories: LEE

During the formative years, a child's world is filled with experiences that include math concepts. Without realizing it, children immerse themselves in math on a daily basis through their natural curiosities. Let's explore how to make math learning fun and intentional in the early care environment. This training will also include ideas about how to facilitate math-based STEM activities.

March Training Sessions

Mini Detectives: Investigating Math Concepts in the World Around Us (Live Virtual Training) *Hybrid Event (only sign up for either In-Person or Live Virtual)

Dates Offered: Tuesday, March 18, 2025; 9:00am to 11:00am

Location: Childcare Resources; Online Portal

Deadline to Register: Tuesday, March 11, 2025

Cost: Free

Target Age Group: Infants, Toddlers, Preschoolers

DHR Categories: CD

CCDF Categories: 13

Funded By: DHR

Training Hours: 2

CDA Categories: 2

Training Level: Basic

CEUs Offered: Yes

CKA Categories: LEE

During the formative years, a child's world is filled with experiences that include math concepts. Without realizing it, children immerse themselves in math on a daily basis through their natural curiosities. Let's explore how to make math learning fun and intentional in the early care environment. This training will also include ideas about how to facilitate math-based STEM activities.

Director's Network: Share Your Story: Marketing Strategies to Sustain a Quality Program (Live Virtual Training)

Dates Offered: Wednesday, March 19, 2025; 1:00pm to 2:30pm

Location: Childcare Resources; Online Portal

Deadline to Register: Wednesday, March 12, 2025

Cost: Free

Target Age Group: ALL

DHR Categories: AM

CCDF Categories: 18

Funded By: DHR

Training Hours: 1.5

CDA Categories: 5

Training Level: Basic

CEUs Offered: No

CKA Categories: MA

You work hard to make your program the best it can be. It's time to let people know about the great things you are doing! In this session, we will discuss strategies for marketing your program through both print and digital campaigns and social media. The more they know, the more you grow! Sandy Resa is the Afterschool Quality Standards Project Director, and Michelle Denney is the Special Projects Coordinator with Truman Pierce Institute.

Inquiry Based Science: Health and Biology (In-Person)

Dates Offered: Thursday, March 20, 2025; 9:00am to 10:30am

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Thursday, March 13, 2025

Cost: \$15

Target Age Group: Preschoolers

DHR Categories: CD

CCDF Categories: 13

Funded By: UWCA

Training Hours: 1.5

CDA Categories: 2

Training Level: Intermediate

CEUs Offered: Yes

CKA Categories: LEE

What do living things need to survive? What makes life possible? How does life evolve and change? How do lifeforms interact with one another? All these questions and much more will be answered during this exploratory biology session. And most importantly, what we discover in this session will directly impact your classroom practice.

Enhancing Infant Development Through Tummy Time: Best Practices and Techniques (In-Person)

Dates Offered: Wednesday, March 26, 2025; 9:00am to 11:00am

Location: Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

Deadline to Register: Wednesday, March 19, 2025

Cost: Free

Target Age Group: Infants

DHR Categories: CD

CCDF Categories: 13

Funded By: ITSN

Training Hours: 2

CDA Categories: 2, 8

Training Level: Basic

CEUs Offered: No

CKA Categories: CGD

This training session will guide learners through information about the importance and implementation of effective tummy time. Learners will gain insights into how tummy time can be integrated into daily routines and adapted to suit each child's developmental stage and temperament for optimal growth and learning. Kabrielle Nation is an Infant Toddler Specialist with the Infant Toddler Specialist Network.

Policies for In-Person Service

As Childcare Resources begins to resume normal business operations, including in-person services for clients and the community, the following policies and safety practices have been put in place for the protection of all Childcare Resources staff, clients, volunteers, and customers.

January 1, 2025 - March 31, 2025

- The agency will be serving clients through limited, in-person trainings and by appointment with the appropriate staff member. To make an appointment, call (205) 945-0018.
- Clients needing Early Learning Resource Library (205-945-0018 ext. 315) services **must call and schedule an appointment before visiting the building.**
- Once your appointment is confirmed, the appropriate staff member will contact you with next steps and additional details.

Please check our website regularly for updates on in-person service policies.

What to Expect When Visiting

In response to the COVID-19 pandemic, Childcare Resources is adopting preventive measures to help protect the safety and health of our staff, clientele and community.

1. Masks are optional for everyone who enters our office.
2. You are recommended to use **hand sanitizer** when you enter the building as well as upon entry to any of our training rooms.



January 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30 	31	01 Office Closed for New Years Day 	02	03 	04
05	06 	07 	08 	09 	10 	11 
12	13 Welcome to Child Care I 01/13/2025-1/27/2025	14 CPR & First Aid 12:00 pm- 3:00 pm	15 Conquering CANVAS 9:00am-11:00am	16 APT Presents: Motions and Movements 2:00pm-4:00pm	17	18 
19	20 Office Closed for Martin Luther King Jr. Day 	21	22 Creative Beginnings: Art and Sensory Experiences for Infants and Toddlers 9:00AM-11:00AM	23 First Steps to a Career in Child Care 6:00pm-7:30pm	24	25 Health and Safety 9:00am-11:00am Emergency Preparedness: Are You Ready? 11:30am-12:30pm Early Learning Research Library is Open
26 	27	28 Eco-Healthy 11:00am-1:00pm	29 Director's Network: Who's On Your Team? A Guide to Growing Successful Teams in Early Care Environments 9:30am-11:00am Unlocking Individual Potential by Supporting Diverse Learners 1:00pm-3:00pm	30 Health 101 9:30 am- 10:30 am (18 person max) Medication and Child Care 11:00am- 12:00 pm (18 person max) Managing Food Allergies 12:30 pm- 1:30 pm (18 person max)	31	01

Training Legend:





In-Person

Live Virtual

On-Demand

Hybrid

February 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	01 
02	03 Basic Administration Day 1 8:30am-3:00pm	04 Basic Administration Day 2 8:30am-3:00pm	05 Basic Administration Day 3 8:30am-3:00pm	06 Basic Administration Day 4 8:30am-3:00pm	07	08
09	10 Training On Demand Welcome to Child Care II 2/10/2025-2/24/2025 Training On Demand Health and Safety 2/10/2025-2/16/2025	11 Alabama Pathways Training 10:00am-12:00pm CPR & First Aid 12:00 pm- 3:00 pm	12	13 CCR Presents: Socialization for Infants and Toddlers 2:00pm-4:00pm	14  Valentine's Day 	15
16	17 President's Day 	18 Building and Physical Premises 6:00pm-7:00pm Handling and Storage of Hazardous Materials 7:30pm-8:30pm	19 Understanding Trauma in Young Children 11:00am-12:30pm	20 Make-n-Take: "STEM" ulating Activities for Preschoolers 9:00am-10:30am Director's Series: Child Health Screenings: The Why, What, How , and Where 12:30pm-2:30pm	21	22 Super Saturday: Exploring Observation, Assessment, and Screening in Early Care Education 02/22/2025-3/1/2025 Super Saturday: It's All About Me: Individualizing Learning in the Early Care Setting 2/22/2025-3/1/2025
23	24	25 Ooo Baby, Baby: Creating Inclusive Infant and Toddler Environments 9:00am-11:00am	26 Getting to Know Me Infants 9:00am-12:00pm	27 Health 101 9:30 am- 10:30 am (18 person max) Medication and Child Care 11:00am- 12:00 pm (18 person max) Managing Food Allergies 12:30 pm- 1:30 pm (18 person max)	28	01

Training Legend: In-Person | Live Virtual | On-Demand | Hybrid

March 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	01
						
02	03	04 Grant Writing 101 6:00pm-8:00pm	05 Grant Writing 101 11:00am-1:00pm	06 Health and Safety 12:30pm-2:30pm	07	08 Transportation in Early Child Care 3/8/2025-3/22/2025
09 DAYLIGHT SAVINGS TIME STARTS 	10 First Steps to a Career in Child Care 3/10/2025-3/16/2025	11 CPR & First Aid 12:00 pm- 3:00 pm	12	13 APT Presents: Bringing Books to Life 2:00pm-4:00pm	14 Pi Day 	15
16	17 Saint Patrick's Day 	18 Mini Math Detectives: Investigating Math Concepts in the World Around Us 9:00am-11:00am	19 Director's Network: Share Your Story: Marketing Strategies to Sustain a Quality Program 1:00pm-2:30pm	20 Inquiry Science Training: Health & Biology 9:00 am-11:00am	21	22
23 	24	25	26 Enhancing Infant Development Through Tummy Time: Best Practices 9:00am-11:00am	27	28 	01

Training Legend:

In-Person

Live Virtual

On-Demand

Hybrid