

# QUALITY TIMES



## save the date:

Our Sky's the Limit Training Conference is just around the corner!

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## first steps to a career in child care:

Get answers to common questions regarding cost, location, how to get started and much more.

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# Childcare Resources Training and Registration Policies

**We appreciate your respect of our training policies and procedures and look forward to providing an effective learning environment for all of our participants.**

Childcare Resources is the proud recipient of the National Quality Assurance Designation by Child Care Aware of America and the 2004 Exemplar Award by the International Association for Continuing Education and Training (IACET). We are dedicated to providing the highest quality experience for child care providers seeking assistance and training that enhances the quality of care for children in central Alabama.

Every training is evaluated for Continuing Education Unit (CEU) approval.

- Sessions that offer CEUs have undergone a process of evaluation and development and successfully met rigorous criteria in accordance with IACET guidelines.
- All trainings are related to one of the Alabama Department of Human Resources (DHR) Training Categories, Child Development Associate (CDA) Subject Areas, Alabama Pathways Core Knowledge Areas (CKA), and Child Care Development Fund (CCDF).

## Training Policies

1. Childcare Resources training is open to all persons regardless of race, national origin, religion, age, sex, political beliefs, disabilities or socioeconomic status. Childcare Resources demonstrates its commitment to treat everyone with fairness and respect by valuing diversity, inclusion and its culture through the development and delivery of its learning events. Childcare Resources is committed to providing reasonable accommodation for individuals with disabilities in its services, programs, and activities. To request reasonable accommodation, contact Amy Bradley at 205-945-0018 ext. 312 or [abradley@ccr-bhm.org](mailto:abradley@ccr-bhm.org). Requests should be made as soon as possible but at least two weeks prior to the scheduled training.
2. Submission of a registration form grants permission for Childcare Resources to take photographs during training to use in agency publications and on social media.
3. Training begins on time; you are expected to arrive on time. Once training begins, entering the training will be prohibited.
4. Childcare Resources is accredited by the International Association for Continuing Education and Training (IACET). Childcare Resources complies with the ANSI/IACET Standard, which is recognized internationally as a standard of excellence in instructional practices. As a result of this accreditation, Childcare Resources is authorized to issue the IACET CEU. To receive full clock hours and CEU credit, you must be present for the entire training.
5. Learners are expected to actively participate in all training activities; complete a pre- and post-assessment, which will be used for the evaluation of the learning outcomes and learning expectations, and submit a training evaluation.
6. Children are not permitted at any training session.
7. Cancellations and registration for substitutions are permitted one full business day prior to scheduled training. Refunds are not available.
8. Substitution Policy: Substitutions are only allowed for paid trainings and must be completed one full business day in advance of a training. If you would like to send a substitute in the place of a registered learner, you must complete a registration form for the new learner and call Beth Nelson at (205) 945-0018 Ext. 302. Substitutions on the day of the training will not be permitted. The original registered learner will be withdrawn from registration and must re-register with a new form.
9. Training Attendance Policy: Due to high demand of our trainings and limited seating, Childcare Resources will allow learners to have three no-shows in a 12-month period for pre-registered trainings. After three no-shows, you will be notified that you are not allowed to pre-register for trainings. You will be allowed to arrive at the time of the training and register for any available seating. Seating will not be guaranteed and is based on availability.
10. Inclement Weather: In the event of a weather-related delay or closure at Childcare Resources, updates will be posted on the agency's website, [www.ccr-bhm.org](http://www.ccr-bhm.org). Any affected session(s) will be rescheduled with the new date communicated via the website.

## Registration Procedures

1. Please register using Quality Times registration forms or Cvent on our website. **FORMS MUST BE COMPLETE!**
2. One applicant per registration form. You may duplicate the form as needed.
3. Fee-based trainings must be paid before the registration deadline for registration to be complete. A \$35 fee will be charged for all returned checks. If payment is not received, registration is incomplete.
4. You will receive an email through Cvent to confirm registration. If you do not receive confirmation within 24 hours of the training, please call (205) 945-0018 ext. 302.
5. Checks, money orders, MasterCard, Discover, American Express, PayPal and Visa are accepted for payment. Please see registration forms for more information.
6. Trainings are enrolled on a first come, first served basis. Please register early!



# Training Registration Form

April May June 2024

## Learner Information

\*Required Information for all learners  
 \*\*Required for first time learners

**Privacy Policy: All learner records and correspondence will be sent to the learner address on this form.**

*Learner Name (Please Print): *Is this your first training with us? Y N		*Learner Home Address: (Include street address, city, state and zip code)	
*Learner Home Phone:	*Gender <input type="checkbox"/> Female <input type="checkbox"/> Male	*Age: <input type="checkbox"/> 19-30 <input type="checkbox"/> 31-50 <input type="checkbox"/> 50+	*Learner Race: <input type="checkbox"/> African-American <input type="checkbox"/> Hispanic <input type="checkbox"/> Caucasian <input type="checkbox"/> Other_____
*Learner Cell Phone:	<input type="checkbox"/> Center Director <input type="checkbox"/> Center Teacher <input type="checkbox"/> Center Support Staff <input type="checkbox"/> Family Child Care Home Licensee		<input type="checkbox"/> Group Home Licensee <input type="checkbox"/> Group Home Assistant <input type="checkbox"/> Interested in Family Child Care Home <input type="checkbox"/> Interested in Being a Center Teacher
*What is your role in working with children?		<input type="checkbox"/> Interested in Being a Center Director <input type="checkbox"/> Relative Care Provider <input type="checkbox"/> Parent <input type="checkbox"/> Other_____	
*Employer Name:	*Employer Address:		
*Business Phone:	*Business Email:	*Business City/County: <input type="checkbox"/> Birmingham City <input type="checkbox"/> Blount <input type="checkbox"/> Jefferson <input type="checkbox"/> Shelby <input type="checkbox"/> Walker <input type="checkbox"/> Other_____	
*Number of Children served:	*Type of Child Care Provider: <input type="checkbox"/> Child Care Center <input type="checkbox"/> Family Child Care Home <input type="checkbox"/> Relative Care		*Is this Provider: <input type="checkbox"/> Licensed <input type="checkbox"/> Child Care Subsidy Program Participant <input type="checkbox"/> Licensed-Exempt
*Learner Email: Join our email list: Y N	**How do you receive the Quality Times? <input type="checkbox"/> I do not receive the Quality Times <input type="checkbox"/> I want to receive the Quality Times by <input type="checkbox"/> Mail <input type="checkbox"/> Email <input type="checkbox"/> Internet <input type="checkbox"/> Mail <input type="checkbox"/> Email		

## Registration Procedures

Please register using our agency registration forms. **FORMS MUST BE COMPLETE!**

- One applicant per registration form. You may duplicate the form as needed.
- Select the training dates on the back of this form and mail or deliver this form with payment to: Childcare Resources, 244 West Valley Avenue, Suite 200, Birmingham, AL 35209
- Fee-based trainings must be paid in full before the registration deadline for registration to be complete. A \$35 fee will be charged for all returned checks. If payment is not received, registration is incomplete.
- You will receive an email to confirm registration. If you do not receive confirmation within 24 hours of the training, please call (205) 945-0018 ext. 302.
- Checks, money orders, MasterCard, Discover, Visa, PayPal and American Express are accepted for payment.
- Trainings are enrolled on a first come, first served basis. Please register early!
- Effective October 1, 2017, Childcare Resources will no longer issue training vouchers for fee-based trainings. Please make every effort to attend the training session(s) you have registered for or send a substitute in your place. Registration for substitutions must be completed one full business day in advance of the training date.
- Please review our Training Attendance and Substitution Policies on page 2 of the Quality Times before submitting this form.



## Payment Procedures

- Proof of payment is required for your registration to be complete. Therefore, faxed registration forms will not be processed for fee-based training.
- You may submit a check or money order with this form and return it to Childcare Resources via mail.
- If you would like to pay by PayPal or credit card go online to [www.ccr-bhm.org](http://www.ccr-bhm.org). Click on Providers-Training and Technical Assistance-Quality Times and proceed with online registration hosted by Cvent.

<b>Payment Method:</b> (Circle) <input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> Money Order
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# CIRCLE THE TRAININGS OF YOUR CHOICE:

## April

- Free Distance Learning Course with Alabama Public Television: Going to School Orientation (Live Virtual Training)  
Friday, April 12, 2024; 12:00pm to 1:00pm
- Free Transportation in Early Child Care (Training On Demand)  
Monday, April 15 - Sunday, April 21, 2024; Self-Guided Week Long Course
- Free Welcome to Child Care I (Training On Demand)  
Monday, April 15 - Sunday, April 28, 2024; Self-Guided Two Week Long Course
- Free CPR / First Aid (In-Person)  
Tuesday, April 16, 2024; 12:00pm to 3:00pm
- Free Health 101: The Basics of Keeping Children Healthy and Safe in a Child Care Setting (In-Person)  
Wednesday, April 17, 2024; 9:00am to 10:00am
- Free Medication and Child Care: A Guide to the Baby Douglas Law (In-Person)  
Wednesday, April 17, 2024; 10:15am to 11:15am
- Free Managing Food Allergies in the Early Childhood Setting (In-Person)  
Wednesday, April 17, 2024; 11:30am to 12:30pm
- Free Alabama Public Television Presents (APT): Innovative Inventors (Live Virtual Training)  
Thursday, April 18, 2024; 2:00pm to 4:00pm
- \$20 Health & Safety: Jefferson County Department of Health Regulations for the Construction, Operation and Maintenance of Child Care Centers (Training On Demand)  
Monday, April 22 - Sunday, April 28, 2024; Self-Guided Week Long Course
- Free First Steps to a Career in Child Care (Training On Demand)  
Monday, April 22 - Sunday, April 28, 2024; Self-Guided Week Long Course
- Free Conquering Canvas: A Learner's Guide to Navigate the Online Training Platform (In-Person)  
Tuesday, April 23, 2024; 9:30am to 11:30am
- Free Giggles and Tears: Navigating Infant and Toddler Social Emotional Development (In-Person)  
Wednesday, April 24, 2024; 9:00am to 11:00am
- Free Imagine, Create, Innovate with Engineering Design Challenges (Live Virtual Training)  
Wednesday, April 24, 2024; 1:00pm to 3:00pm
- Free Child Development Associate (CDA) 101: Orientation to Earning Your Credential (In-Person)  
Thursday, April 25, 2024; 11:00am to 1:00pm
- Free Super Saturday: Are You Stressed: Stress Management for Teachers in Early Care (Training on Demand)  
Saturday, April 27 - Saturday, May 4, 2024; Self-Guided Week Long Course
- Free Super Saturday: Mindful Moments in the Classroom (Training on Demand)  
Saturday, April 27 - Saturday, May 4, 2024; Self-Guided Week Long Course
- \$15 Make-n-Take: Lets Take it Out-side (In-Person)  
Tuesday, April 30, 2024; 12:00pm to 1:30pm
- Free Welcome to Child Care II (Training On Demand)  
Monday, May 13 - Sunday, May 26, 2024; Self-Guided Two Week Long Course
- Free Teachers Tuning In: Creating Positive Interactions with Infants and Toddlers (Training On Demand)  
Monday, May 13 - Sunday, May 19, 2024; Self-Guided Week Long Course
- Free Director's Network: Build Your Dream Team! Recruiting, Hiring, and Retaining Outstanding Educators (Live Virtual Training)  
Tuesday, May 14, 2024; 9:00am to 11:00am
- Free CPR / First Aid (In-Person)  
Tuesday, May 14, 2024; 12:00pm to 3:00pm
- Free First Steps to a Career in Child Care (In-Person)  
Wednesday, May 15, 2024; 9:00am to 10:30am
- Free First Steps to a Career in Child Care (Live Virtual Training)  
Wednesday, May 15, 2024; 9:00am to 10:30am
- Free Directors' Series: The Best of Care: Using 10 NAEYC Quality Standards as a Roadmap to Best Practices (Live Virtual Training)  
Thursday, May 16, 2024; 12:30pm to 2:30pm
- Free Meaningful Parent and Family Engagement (Live Virtual Training)  
Thursday, May 16, 2024; 6:00pm to 8:00pm
- \$20 Health & Safety: Jefferson County Department of Health Regulations for the Construction, Operation and Maintenance of Child Care Centers (In-Person)  
Saturday, May 18, 2024; 9:00am to 11:00am
- Free Emotion Monsters: Teaching Self-Regulation Skills (In-Person)  
Tuesday, May 21, 2024; 9:00am to 11:00am
- Free Language and Literacy Superstars: Nurturing Infants and Toddlers (In-Person)  
Wednesday, May 22, 2024; 9:00am to 11:00am
- \$25 Child Development Associate (CDA) Professional Portfolio (Session #1) (In-Person)  
Wednesday, May 22, 2024; 12:00pm to 2:00pm
- \$15 Inquiry Based Science Experiences for Preschool Children - Life Science (In-Person)  
Wednesday, May 29, 2024; 12:00pm to 1:30pm
- Free Eco-Healthy Child Care (In-Person)  
Thursday, May 30, 2024; 12:00pm to 2:00pm

## June

- Free Childcare Resources Presents: Thinking Outside of the Bin: Exploring STEM Bins (Live Virtual Training)  
Thursday, June 6, 2024; 2:00pm to 4:00pm
- Free Distance Learning Course with Alabama Public Television: Going to School Closeout (Live Virtual Training)  
Monday, June 10, 2024; 12:00pm to 1:00pm
- Free CPR / First Aid (In-Person)  
Tuesday, June 11, 2024; 12:00pm to 3:00pm
- \$20 Health & Safety: Jefferson County Department of Health Regulations for the Construction, Operation and Maintenance of Child Care Centers (Live Virtual Training)  
Wednesday, June 12, 2024; 12:00pm to 2:00pm
- \$25 Child Development Associate (CDA) Competency Statements (Session #2) (In-Person)  
Thursday, June 13, 2024; 12:00pm to 2:00pm
- Free Fun with Fingerplays: A Way to Extend Learning Beyond Books (In-Person Training)  
Tuesday, June 25, 2024; 9:00am to 11:00am
- Free Positive Discipline and Guidance: The Guide to Effective Class Management (In-Person)  
Wednesday, May 1, 2024; 9:00am to 11:00am
- Free Alabama Public Television Presents (APT): Right on Time: Healthy Routines for the Early Childhood Classroom (Live Virtual Training)  
Thursday, May 2, 2024; 2:00pm to 4:00pm
- \$35 Starting From Scratch (HOME ONLY) (In-Person)  
Monday, May 6 and Wednesday, May 8, 2024; 8:30am to 3:00pm
- \$40 Starting From Scratch (HOME & CENTER) (In-Person)  
Monday, May 6 - Wednesday May 8, 2024; 8:30am to 3:00pm
- \$35 Starting From Scratch (CENTER ONLY) (In-Person)  
Tuesday, May 7 and Wednesday, May 8, 2024; 8:30am to 3:00pm
- Free Health 101: The Basics of Keeping Children Healthy and Safe in a Child Care Setting (In-Person)  
Thursday, May 9, 2024; 9:00am to 10:00am
- Free Medication and Child Care: A Guide to the Baby Douglas Law (In-Person)  
Thursday, May 9, 2024; 10:15am to 11:15am
- Free Managing Food Allergies in the Early Childhood Setting (In-Person)  
Thursday, May 9, 2024; 11:30am to 12:30pm

Learner Name: \_\_\_\_\_

Training Levels	
Basic (B)	Most appropriate for entry-level professionals who are new to early childhood and/or school-age care. <b>Basic Level Training</b> covers a foundational understanding and demonstration of developing skills.
Intermediate (I)	Most appropriate for professionals who have at least (2) years of experience and 120 hours of training in child development, and are moving toward more formal education. <b>Intermediate Level Training</b> includes expanding knowledge and application, and refining skills.
Advanced (A)	Most appropriate for professionals who have at least three (3) years of experience and 30 credit hours in child development. <b>Advanced Level Training</b> focuses on a more thorough knowledge and understanding of developmentally appropriate practice and highly effective application and demonstration of skills.

Target Age Groups	
Infants	Birth to 12 months
Toddlers	1 and 2 year olds
Preschoolers	3 and 4 year olds
School-agers	5 to 12 year olds
ALL	Infants, Toddlers, Preschoolers, and School-agers

DHR Minimum Standards Training Areas	
CD	Child Development
HSUP	Health, Safety and Universal Precautions
QCCL	Quality Child Care and Licensing
CCPF	Child Care Professional and the Family
LD	Language Development
PDG	Positive Discipline and Guidance
AM	Administration and Management

CDA (Child Development Associate) Subject Areas	
1	Planning a safe and healthy learning environment
2	Advancing children's physical and intellectual development
3	Supporting children's social and emotional development
4	Building productive relationships with families
5	Managing an effective program
6	Maintaining a commitment to professionalism
7	Observing and recording children's behavior
8	Understanding principles of child development and learning

Alabama Pathways Core Knowledge Areas (CKA Areas)	
CGD	Child Growth and Development
HSN	Health, Safety & Nutrition
LEE	Learning Experiences and Enrichment
DIV	Diversity
COA	Child Observation and Assessment (Planning for Individual Needs)
ICFC	Interaction with Children, Families and Communities
PPD	Personal and Professional Development
MA	Management & Administration

## CCDF (Child Care Development Fund) Training Areas

- Prevention and control of infectious diseases (including immunizations)
- Sudden Infant Death Syndrome (SIDS) prevention and use of safe sleep practices
- Administration of medication
- Prevention of and response to emergencies due to food and allergic reactions
- Building and physical premises safety, including identifying electrical hazards, bodies of water, and vehicular traffic
- Prevention of Shaken Baby Syndrome and abusive head trauma
- Emergency preparedness and response planning for natural and man-caused events
- Handling and storage of hazardous materials, including correct disposal of biocontaminants
- If applicable, appropriate pre-cautions in transporting children
- First-aid and CPR
- Recognizing and reporting child abuse and neglect
- Identifying and serving homeless children and their families
- Promoting the social, emotional, physical and cognitive development of children, **including those related to nutrition and physical activity, using scientifically-based, developmentally appropriate and age appropriate strategies.**
- Caring for children in geographic areas with significant concentrations of poverty and unemployment
- Implementing behavior strategies, including positive behavior interventions and support models that promote positive social and emotional development and reduce challenging behaviors, **including reducing expulsions of preschool-aged children for such behaviors**
- Engaging parents and families in culturally and linguistically appropriate ways to expand their knowledge, skills and capacity to be meaningful partners in supporting their children's positive development
- Understanding early neurological development
- Using data to guide program improvement
- Supporting positive development of **school-age children**
- Improving the quality of programs and services for **infants and toddlers**

# JOIN US FOR IN-PERSON TRAININGS!

The Infant & Toddler Specialist Network (ITSN) extends an invitation to you and your colleagues to participate in our programs' upcoming trainings. Our program provides specialized training, technical assistance, and coaching to early childhood educators. Join us in these engaging in-person trainings, as we look forward to your participation and support in professional growth in early childhood education.



➤ **Giggles and Tears: Navigating Infant and Toddler Social Emotional Development - April 26th, 9:00am to 11:00am**

This training will focus on social emotional milestones and strategies that will help you establish and maintain positive relationships with infants and toddlers. We will also explore ways to support infants and toddlers through various seasons of their social and emotional development.

➤ **Language and Literacy Superstars: Nurturing Infants and Toddlers February 20th, 9:00am to 11:00am**

Through engaging activities and proven techniques, discover how to create an environment that fosters language development, sparks a love for reading, and sets the stage for future academic achievements. From interactive storytelling to nurturing oral language skills, this training will provide you with the knowledge and confidence to inspire language and literacy superstars

## CONTACT

**Kabrielle Nation— Infant and Toddler Specialist**  
[knation@ccr-bhm.org](mailto:knation@ccr-bhm.org) - (205)-945-0018



# training session descriptions

Curious about the difference between our online training options? Here's a helpful guide!

## IN-PERSON

In-person trainings held at Childcare Resources or another specified location at a specific date and time.

## LIVE VIRTUAL TRAINING

Virtual training with a live instructor at a specific date and time through Childcare Resources' Online Portal.

Learners must log on to the portal prior to and following the live training to complete the pre-test, post-test, and evaluation to receive credit for the course.

Learners must be present for the duration of the training to receive credit. Learners who are driving or attending to other matters while on the Live Virtual Training will not receive a certificate.

## TRAINING ON DEMAND (one week)

Self-guided, self-paced online training course through Childcare Resources' Online Portal. The training is available for a specified week, typically Monday through Sunday.

All course work must be completed to receive full credit. Most Training On Demand sessions result in the earning of 2 Clock Hours of training credit.

## CANVAS CATALOG

Self-guided, self-paced online training course through Childcare Resources' Canvas Catalog ([ccr-bhm.catalog.instructure.com](http://ccr-bhm.catalog.instructure.com)).

Participants can register and attend Canvas Catalog trainings at any time during the course availability dates. Courses are self-guided, and available online for 30 days. All sections of the session must be completed to receive full credit.

See Page 8 for detailed instructions for registration and course availability.

**To register for all online and in-person trainings, visit [www.ccr-bhm.org/training](http://www.ccr-bhm.org/training).** Prior to the start date of each training, you will receive an email with online training instructions from Childcare Resources and an invitation to join the training through Canvas Online Training Portal.



**SAVE  
THE  
DATE!**



**TRENDS AND INSIGHTS TO  
BUILDING THE WHOLE CHILD**

**WITH KEYNOTE SPEAKER  
DR. CALVIN MOORE, JR.**



**June 22, 2024  
8:30am to  
3:30pm**

**FOR MORE INFORMATION: (205) 945-0018 EXT. 304**

**Childcare Resources  
will be closed:**

**Memorial Day**

Monday, May 27, 2024

**Juneteenth**

Wednesday, June 19, 2024





# canvas catalog with childcare resources

**NOW AVAILABLE!**

Register, attend the session, complete the course, and earn your certificate all on your own. Let's get started!  
Visit [ccr-bhm.catalog.instructure.com](http://ccr-bhm.catalog.instructure.com)

## FIRST TIME USERS

1. Click desired training tile by the name of the course and then click "Enroll."
2. Create your account by entering your registration information.
3. Select the button "Register New Account." You will not be able to move forward in enrollment until all information is complete.
4. Follow prompts and select "Enroll."
5. Check your email for confirmation and instructions to create a password and continue following prompts to enroll in your selected course.

## REGISTERED USERS

1. Click desired training tile by the name of the course and then click "Enroll"
2. Select the blue button that states "Already have an account? Sign in here"
3. Sign in using your created login and password information.

## Self-Guided 30-Day Courses

Dates Offered: April 15 – May 15, 2024

Registration opens April 15, 2024. Space is limited to 30 participants for each course.

### Emergency Preparedness: Are You Ready?

Inevitably an emergency will arise in your child care setting. Are you and your staff prepared to handle any emergency situation you may encounter? This training includes realistic guidance for planning, preparing and practicing how to effectively handle any emergency situation.

Cost: Free

CEUs Offered: Yes

Funded By: DHR

DHR Categories: HSUP

Training Level: Basic

CDA Categories: 1

Target Age Group: ALL

CKA Categories: HSN

Training Hours: 1

CCDF Categories: 7

### Handling and Storage of Hazardous Materials

Children are much more vulnerable than adults to the exposure of hazardous materials because their bodies are developing. Children eat, drink, and breathe more in proportion to their body size. In this training, we will discuss potential toxic substances in the child care environment and how to minimize children's exposure to toxic materials.

Cost: Free

CEUs Offered: Yes

Funded By: DHR

DHR Categories: HSUP

Training Level: Basic

CDA Categories: 1

Target Age Group: ALL

CKA Categories: HSN

Training Hours: 1

CCDF Categories: 8

### Building and Physical Premises Safety

Children need to be safe to learn and to develop to their fullest potential. This training will discuss strategies for creating a safe environment and provide effective steps to promote building and physical premises safety in child care settings.

Cost: Free

CEUs Offered: Yes

Funded By: DHR

DHR Categories: HSUP

Training Level: Basic

CDA Categories: 1

Target Age Group: ALL

CKA Categories: HSN

Training Hours: 1

CCDF Categories: 5



**MIKE & GILLIAN GOODRICH  
FOUNDATION**

Funded, in part, by a generous grant from the Mike and Gillian Goodrich Foundation



Registration opens May 20, 2024. Space is limited to 30 participants for each course.

**Sudden Infant Death (SIDS) and Safe Sleep Practices**

This training is designed to increase learners' knowledge about Sudden Infant Death Syndrome (SIDS) and Safe Sleep practices. This training provides key information about SIDS and Safe Sleep and offers important data to help reduce the occurrences of SIDS.

Cost: Free  
CEUs Offered: Yes

Funded By: DHR  
DHR Categories: HSUP

Training Level: Basic  
CDA Categories: 1

Target Age Group: ALL  
CKA Categories: HSN

Training Hours: 1  
CCDF Categories: 2

**Prevention of Shaken Baby Syndrome and Abusive Head Trauma**

A crying baby can be overwhelming at times for caregivers and parents. Shaken baby syndrome is a serious form of abuse inflicted upon a child. Case studies show 80 percent of children suffer from some sort of permanent damage when shaken. This training will focus on strategies to use to help prevent shaken baby syndrome.

Cost: Free  
CEUs Offered: Yes

Funded By: DHR  
DHR Categories: HSUP

Training Level: Basic  
CDA Categories: 1

Target Age Group: ALL  
CKA Categories: HSN

Training Hours: 1  
CCDF Categories: 6

**Recognizing and Reporting Child Abuse and Neglect in Early Child Care**

In this workshop, we will examine the roles and responsibilities of child care providers in preventing, recognizing, reporting, and responding to child abuse and neglect within the early child care setting. This 1-hour training will provide an overview of prevention efforts, mandated reporting laws and responsibilities, as well as ways child care providers can care for and support children exhibiting symptoms of abuse.

Cost: Free  
CEUs Offered: Yes

Funded By: DHR  
DHR Categories: HSUP

Training Level: Basic  
CDA Categories: 1

Target Age Group: ALL  
CKA Categories: HSN

Training Hours: 1  
CCDF Categories: 11



**MIKE & GILLIAN GOODRICH  
FOUNDATION**

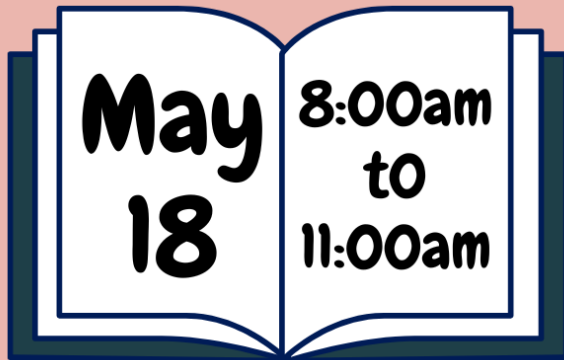
Funded, in part, by a generous grant from the Mike and Gillian Goodrich Foundation

**We make quality child care happen!**





# OPEN LIBRARY



**Our Early Learning Resource Library will be open Saturday, May 18 from 8:00am to 11:00am! Stop by and explore our treasure trove of educational resources! From engaging books to interactive activities, there's something for every curious mind!**

**For more info:  
Kenya Watts  
kwatts@ccr-bhm.org  
(205) 945-0018 Ext. 315**



# STARTING FROM SCRATCH

## MULTI-DAY TRAINING

Do you want a career working with children but unsure if you want to start a home or center? This multi-day course can answer questions you may have and help you decide which is best for you.

Information on DHR regulations, operating procedures, business plans, fire codes, health codes and zoning guidelines will be included.

**MUST ATTEND ALL DAYS OF TRAINING TO RECEIVE CREDIT**

### HOME

8:30am to 3:00pm

- ✓ MONDAY, MAY 6
- ✓ WEDNESDAY, MAY 8

### CENTER

8:30am to 3:00pm

- ✓ TUESDAY, MAY 7
- ✓ WEDNESDAY, MAY 8

### HOME + CENTER

8:30am to 3:00pm

- ✓ MONDAY, MAY 6
- ✓ TUESDAY, MAY 7
- ✓ WEDNESDAY, MAY 8

**REGISTER BY APRIL 29**



# Welcome TO THE TEAM

**Mary Douglas Craft**  
Child Development Consultant



“I graduated with a Bachelor's of Science in Human Development and Family Studies from the University of Alabama. I have worked in child care for several years and I am passionate about promoting child development in the early care field. I enjoy spending my time working with children, walking my dog, and mostly spending time with family. I am excited to start a new journey with Childcare Resources and be able to use my experiences and education to support child care providers.”

Contact Mary at [mdturner@ccr-bhm.org](mailto:mdturner@ccr-bhm.org) or (205) 945-0018 Ext. 333



## WANT TO ATTEND A PHYSICAL ACTIVITY LEARNING SESSION?

### Sessions Include.

- Physical Activity in Early Childhood is Important
- Best Practices for Physical Activity in ECE Setting: Time and Space
- Best Practices for Physical Activity in ECE Settings: Type, Daily Activities and Provider Roles
- Best Practices for Physical Activity in ECE Settings: Families, Training and Resources, Policies
- Best Practices for Physical Activity in ECE Settings: Goal Setting and Action Planning

Contact Dionne Chancey at  
(205) 945-0018 Ext. 322 and register today!

# April Training Sessions

## Distance Learning Course with Alabama Public Television: Going to School Orientation (Live Virtual Training)

**Dates Offered:** Friday, April 12, 2024; 12:00pm to 1:00pm

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Friday, April 5, 2024

**Cost:** Free

**Target Age Group:** Preschoolers

**DHR Categories:** CD, HSUP, QCCL, CCPF, LD, PDG

**CCDF Categories:** 13, 15, 17

**Funded By:** DHR

**Training Hours:** 1

**CDA Categories:** 1, 2, 3, 4, 8

**Training Level:** Intermediate

**CEUs Offered:** No

**CKA Categories:** CGD, LEE, ICFC, DIV

Going to School is a Ready To Learn service of the Educational Services Department of Alabama Public Television designed for parents and child care professionals serving children, ages three to five years old. It presents current and practical advice on supporting children's early learning for school readiness and success. It is delivered as a 12 -part series for broadcast or online viewing at [www.aptv.org](http://www.aptv.org). The Orientation session will be held on Childcare Resources' Online Portal on Friday, April 12, 2024 from 12:00pm to 1:00pm and the Closeout session is Monday, June 10, 2024. **You must attend the orientation, closeout, as well as complete and submit all assignments to receive credit.**

## Transportation in Early Child Care (Training On Demand)

**Dates Offered:** Monday, April 15 - Sunday, April 21, 2024; Self-Guided Week Long Course

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Monday, April 8, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** HSUP

**CCDF Categories:** 9

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** HSN

This training will highlight the importance of following safety guidelines when transporting children in the early child care setting. Topics include required documentation, safety checklists, driver safety, car seat safety, and how to safely plan field trips. Learners will leave this training with the knowledge needed to ensure they are following and implementing the appropriate transportation safety guidelines to keep children in their care safe when transporting in the early care setting.

## Welcome to Child Care I (Training On Demand)

**Dates Offered:** Monday, April 15 - Sunday, April 28, 2024; Self-Guided Two Week Long Course

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Monday, April 8, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** QCCL, CCPF, HSUP

**CCDF Categories:** 13, 20

**Funded By:** DHR

**Training Hours:** 6

**CDA Categories:** 1, 4, 5, 6

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** HSN, MA, ICFC

Welcome to Child Care I covers topics required by DHR Child Care Licensing and Performance Standards for child care providers and staff. The following training categories will be discussed: quality child care and licensing, the child care professional and family, and health, safety and universal precautions. Child care professionals must show proof of acquiring the necessary training hours in these categories before opening or working in a child care center or home.

## CPR / First Aid (In-Person)

**Dates Offered:** Tuesday, April 16, 2024; 12:00pm to 3:00pm

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, April 9, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** HSUP

**CCDF Categories:** 10

**Funded By:** DHR

**Training Hours:** 3

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** HSN

First responders are key in medical emergencies, and lives are being saved by initiating cardiopulmonary resuscitation (CPR) in a timely fashion. The Alabama Department of Public Health is a valuable source for certification for CPR and First Aid. **Limited to eight participants.**



# April Training Sessions

## Health 101: The Basics of Keeping Children Healthy and Safe in a Child Care Setting (In-Person)

**Dates Offered:** Wednesday, April 17, 2024; 9:00am to 10:00am

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, April 10, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** HSUP

**CCDF Categories:** 1

**Funded By:** DHR

**Training Hours:** 1

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** HSN

Alabama Department of Public Health/Healthy Child Care Alabama Nurse Consultant will lead an important discussion for exclusion criteria, diapering, disinfectant solution, infection control, and hand washing. Practical tips and resources for application in your child care program will be shared.

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## Medication and Child Care: A Guide to the Baby Douglas Law (In-Person)

**Dates Offered:** Wednesday, April 17, 2024; 10:15am to 11:15am

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, April 10, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** HSUP

**CCDF Categories:** 3

**Funded By:** DHR

**Training Hours:** 1

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** HSN

In 2004, the Alabama Legislature passed a new law addressing the safe medication of children in child care facilities known as the Baby Douglas Law. The law focuses on giving children only medications that are prescribed by a doctor or that are appropriate for the age of the child, and requires caregivers to follow dosage instructions precisely. Learn the history of the Baby Douglas Law from Alabama Department of Public Health/Healthy Child Care Alabama, and how to ensure that you are following the appropriate guidelines.

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## Managing Food Allergies in the Early Childhood Setting (In-Person)

**Dates Offered:** Wednesday, April 17, 2024; 11:30am to 12:30pm

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, April 10, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** HSUP

**CCDF Categories:** 4

**Funded By:** DHR

**Training Hours:** 1

**CDA Categories:** 1

**Training Level:** Advanced

**CEUs Offered:** No

**CKA Categories:** HSN

It is no surprise to find a list of food allergies on a child's enrollment form. A Nurse Consultant with Alabama Department of Public Health/Healthy Child Care Alabama will share how managing food allergies in the early childhood classroom is a collaborative effort involving parents, teachers, and the child.

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## Alabama Public Television Presents (APT): Innovative Inventors (Live Virtual Training)

**Dates Offered:** Thursday, April 18, 2024; 2:00pm to 4:00pm

**Location:** Alabama Public Television; Online Portal

**Deadline to Register:** Thursday, April 11, 2024

**Cost:** Free

**Target Age Group:** School-agers

**DHR Categories:** CD

**CCDF Categories:** 19

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 2

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** CGD, DIV, LEE

In this two hour training, participants will learn about different people who have created interesting inventions. We will explore children's books and PBS KIDS resources that can be used to teach children about these inventors, what they created, and how their creations made life different. This training will also address how children can be encouraged to be innovative and create something new of their own.

# April Training Sessions

## Health & Safety: Jefferson County Department of Health Regulations for the Construction, Operation and Maintenance of Child Care Centers (Training On Demand)

**Dates Offered:** Monday, April 22 - Sunday, April 28, 2024; Self-Guided Week Long Course

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Monday, April 15, 2024

**Cost:** \$20

**Target Age Group:** ALL

**DHR Categories:** HSUP

**CCDF Categories:** 1, 3

**Funded By:** UWCA

**Training Hours:** 2

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** HSN

This health and safety training meets the revised Jefferson County Department of Health Regulations as of July 2015; however, it is suitable for all counties. Topics will include employee requirements; child health and wellness; child illness; diapering; toileting and hand washing; food service; nutrition; and other health and safety related topics. This training also covers two of the Child Care Development Fund (CCDF) training regulations.

## First Steps to a Career in Child Care (Training On Demand)

**Dates Offered:** Monday, April 22 - Sunday, April 28, 2024; Self-Guided Week Long Course

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Monday, April 15, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** QCCL

**CCDF Categories:** N/A

**Funded By:** DHR

**Training Hours:** 1.5

**CDA Categories:** 6

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** PPD

Thinking about opening a child care center or a family child care home? Get answers to common questions regarding cost, location, how to get started and much more. Are you new to Childcare Resources? Get to know the mission and vision of our agency, and how to better utilize the programs and services we offer. This session is also for providers who have not previously attended a training at Childcare Resources.

## Conquering Canvas: A Learner's Guide to Navigate the Online Training Platform (In-Person)

**Dates Offered:** Tuesday, April 23, 2024; 9:30am to 11:30am

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, April 16, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** CCPF

**CCDF Categories:** N/A

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 6

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** PPD

Since 2020, Childcare Resources has utilized the Canvas Learning Management System as an online training platform to assist providers in attaining training credit hours and advancing professional development. This training will guide users in the process of successfully completing training using this platform. Early care professionals will gain information on what is expected of them, the role of Childcare Resources' staff, and how to successfully navigate experiences for both Live Virtual Trainings and Training on Demand.

## Giggles and Tears: Navigating Infant and Toddler Social Emotional Development (In-Person)

**Dates Offered:** Wednesday, April 24, 2024; 9:00am to 11:00am

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, April 17, 2024

**Cost:** Free

**Target Age Group:** Infants, Toddlers

**DHR Categories:** CD

**CCDF Categories:** 13

**Funded By:** ITPDN

**Training Hours:** 2

**CDA Categories:** 3

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** CGD

Social emotional development begins at birth and continues throughout life. This training will focus on social emotional milestones and strategies that will help you establish and maintain positive relationships with infants and toddlers. We will also explore ways to support infants and toddlers through various seasons of their social and emotional development. Kabrielle Nation is an Infant Toddler Development Specialist with the Infant Toddler Specialist Network.



# April Training Sessions

## Imagine, Create, Innovate with Engineering Design Challenges (Live Virtual Training)

**Dates Offered:** Wednesday, April 24, 2024; 1:00pm to 3:00pm

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Wednesday, April 17, 2024

**Cost:** Free

**Target Age Group:** Preschoolers, School-agers

**DHR Categories:** CD

**CCDF Categories:** 13, 19

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 2, 3

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** LEE

Today's youth are the innovators of tomorrow who will shape our future! Through engineering design challenges, you can inspire children to imagine and create and build a foundation for future STEM learning. These engaging, student-centered activities are great opportunities for you and your students to explore, learn, and grow together and can help children of all ages practice important problem-solving, critical thinking, collaboration, and communication skills. Join us as we share essential strategies and insights needed to effectively guide students through the stages of the design process and help them discover capabilities they didn't know they had. Are you ready to empower the engineers of tomorrow? Sandy Resa is the Afterschool Quality Standards Project Director and Michelle Denney is the Special Projects Coordinator for Truman Pierce Institute.

## Child Development Associate (CDA) 101: Orientation to Earning Your Credential (In-Person)

**Dates Offered:** Thursday, April 25, 2024; 11:00am to 1:00pm

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, April 18, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** CCPF

**CCDF Categories:** N/A

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 6

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** PPD

This class is a pre-requisite for individuals who wish to enroll in the CDA Credential Training. Learn about the CDA credential, how it can benefit your career, what you need to do to achieve the credential, the requirement to start, costs involved, and resources to further your career.

## Super Saturday: Are You Stressed: Stress Management for Teachers in Early Care (Training on Demand)

**Dates Offered:** Saturday, April 27 - Saturday, May 4, 2024; Self-Guided Week Long Course

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Saturday, April 20, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** CCPF

**CCDF Categories:** N/A

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 6

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** PPD

Research indicates that stress can take a serious toll on a person's physical, mental, and emotional well-being. Learners will gain knowledge about common life stressors and learn ways to create a more relaxing and balanced life and classroom experience. Each learner will write a plan of how they can manage stress as an individual, in their personal and professional life.

## Super Saturday: Mindful Moments in the Classroom (Training on Demand)

**Dates Offered:** Saturday, April 27 - Saturday, May 4, 2024; Self-Guided Week Long Course

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Saturday, April 20, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** CD

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** CGD, LEE

Children learn best when they are in a calm state of mind. It's easy and fun to infuse mindfulness throughout their daily schedule. Participants will learn how to bring mindfulness to young children and caregivers. Mindful Moments in the Classroom will explore simple awareness, breathwork, movement, games, play, and creative activities. The instructor for this training is Danna Purdue-Melton, LPC, IMH-E®

# April Training Sessions

## Make-n-Take: Lets Take it Out-side (In-Person)

**Dates Offered:** Tuesday, April 30, 2024; 12:00pm to 1:30pm

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, April 23, 2024

**Cost:** \$15

**Target Age Group:** Preschoolers

**DHR Categories:** CD

**CCDF Categories:** 13

**Funded By:** UWCA

**Training Hours:** 1.5

**CDA Categories:** 2

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** CGD

Let's take it outside! Research indicates that outdoor learning is significant in the preschool years. Outdoor activities allow children to actively participate and learn by doing. In this session, the learner will explore activities that incorporate natural materials while enhancing a child's creativity, overall development, and well-being. Learners will leave with materials to take outdoor learning to the next level.

# May Training Sessions

## Positive Discipline and Guidance: The Guide to Effective Class Management (In-Person)

**Dates Offered:** Wednesday, May 1, 2024; 9:00am to 11:00am

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, April 24, 2024

**Cost:** Free

**Target Age Group:** Preschoolers

**DHR Categories:** PDG

**CCDF Categories:** 15

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 8

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** LEE

According to research, classroom management is a core strategy for effective teaching. The fun-filled training is packed with strategies and techniques that will assist in tackling challenging classroom behaviors. Areas covered in the training include managing transitions with chaos, methods for teaching rules so children like to follow them, and de-escalation techniques. The instructor for this training is Danna Perdue-Melton, LPC, RPT, IMH-E®

## Alabama Public Television Presents (APT): Right on Time: Healthy Routines for the Early Childhood Classroom (Live Virtual Training)

**Dates Offered:** Thursday, May 2, 2024; 2:00pm to 4:00pm

**Location:** Alabama Public Television; Online Portal

**Deadline to Register:** Thursday, April 25, 2024

**Cost:** Free

**Target Age Group:** Infants, Toddlers

**DHR Categories:** CD

**CCDF Categories:** 13, 20

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1, 7

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** LEE, PPD

Routines keep a successful classroom running smoothly, making for effective teaching, learning, and growing. In this two-hour training, we'll explore how to create classroom routines to effectively care for infants and toddlers while maintaining the flexibility that this age group requires.

# May Training Sessions

## Starting From Scratch (HOME ONLY) (In-Person)

**Dates Offered:** Monday, May 6 and Wednesday, May 8, 2024; 8:30am to 3:00pm

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Monday, April 29, 2024

**Cost:** \$35

**Target Age Group:** ALL

**DHR Categories:** HSUP, QCCL, CCPF

**CCDF Categories:** 5

**Funded By:** UWCA

**Training Hours:** 10

**CDA Categories:** 1, 5

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** MA

Do you want to open a child care home? This two-day course will provide an overview of DHR requirements, operating procedures, health codes, fire codes, zoning board guidelines and more. Join us on Monday, May 6 and Thursday, May 8, 2024 to begin a new career and make a difference in the lives of children. **Limited to six participants.**

## Starting From Scratch (HOME & CENTER) (In-Person)

**Dates Offered:** Monday, May 6 - Wednesday May 8, 2024; 8:30am to 3:00pm

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Monday, April 29, 2024

**Cost:** \$40

**Target Age Group:** ALL

**DHR Categories:** HSUP, QCCL, CCPF

**CCDF Categories:** 5

**Funded By:** UWCA

**Training Hours:** 15

**CDA Categories:** 1, 5

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** MA

Do you want a career working with children but unsure if you want to start a home or center? This three-day course can answer questions you may have and help you decide which is best for you. Information on DHR regulations, operating procedures, business plans, fire codes, health codes and zoning guidelines will be included. You will need to attend all three days, Tuesday, Wednesday and Thursday, May 6, 7 and 8, 2024. **Limited to six participants.**

## Starting From Scratch (CENTER ONLY) (In-Person)

**Dates Offered:** Tuesday, May 7 and Wednesday, May 8, 2024; 8:30am to 3:00pm

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Monday, April 29, 2024

**Cost:** \$35

**Target Age Group:** ALL

**DHR Categories:** HSUP, QCCL, CCPF

**CCDF Categories:** 5

**Funded By:** UWCA

**Training Hours:** 10

**CDA Categories:** 1, 5

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** MA

Do you want to open a child care center? This two-day course will provide an overview of DHR requirements, operation procedures, health codes, fire codes, zoning guidelines and more. Join us Wednesday, May 7 and Thursday, May 8, 2024 to begin a new career and make a difference in the lives of children. **Limited to six participants.**

## Health 101: The Basics of Keeping Children Healthy and Safe in a Child Care Setting (In-Person)

**Dates Offered:** Thursday, May 9, 2024; 9:00am to 10:00am

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, May 2, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** HSUP

**CCDF Categories:** 1

**Funded By:** DHR

**Training Hours:** 1

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** HSN

Alabama Department of Public Health/Healthy Child Care Alabama Nurse Consultant will lead an important discussion for exclusion criteria, diapering, disinfectant solution, infection control, and hand washing. Practical tips and resources for application in your child care program will be shared.



# May Training Sessions

## Medication and Child Care: A Guide to the Baby Douglas Law (In-Person)

**Dates Offered:** Thursday, May 9, 2024; 10:15am to 11:15am

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, May 2, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** HSUP

**CCDF Categories:** 3

**Funded By:** DHR

**Training Hours:** 1

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** HSN

In 2004, the Alabama Legislature passed a new law addressing the safe medication of children in child care facilities known as the Baby Douglas Law. The law focuses on giving children only medications that are prescribed by a doctor or that are appropriate for the age of the child, and requires caregivers to follow dosage instructions precisely. Learn the history of the Baby Douglas Law from Alabama Department of Public Health/Healthy Child Care Alabama, and how to ensure that you are following the appropriate guidelines.

## Managing Food Allergies in the Early Childhood Setting (In-Person)

**Dates Offered:** Thursday, May 9, 2024; 11:30am to 12:30pm

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, May 2, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** HSUP

**CCDF Categories:** 4

**Funded By:** DHR

**Training Hours:** 1

**CDA Categories:** 1

**Training Level:** Advanced

**CEUs Offered:** No

**CKA Categories:** HSN

It is no surprise to find a list of food allergies on a child's enrollment form. A Nurse Consultant with Alabama Department of Public Health/Healthy Child Care Alabama will share how managing food allergies in the early childhood classroom is a collaborative effort involving parents, teachers, and the child.

## Welcome to Child Care II (Training On Demand)

**Dates Offered:** Monday, May 13 - Sunday, May 26, 2024; Self-Guided Two Week Long Course

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Monday, May 6, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** LD, CD, PDG

**CCDF Categories:** 13, 15

**Funded By:** DHR

**Training Hours:** 6

**CDA Categories:** 2, 3, 7, 8

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** CGD, LEE

Welcome to Child Care II covers topics required by DHR in the Child Care Licensing and Performance Standards for child care providers and staff. The following training categories will be discussed: child development, language development, and positive discipline, and guidance. All staff must show proof of acquiring the necessary clock hours in these categories before opening or working in a child care center or home.

## Teachers Tuning In: Creating Positive Interactions with Infants and Toddlers (Training On Demand)

**Dates Offered:** Monday, May 13 - Sunday, May 19, 2024; Self-Guided Week Long Course

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Monday, May 6, 2024

**Cost:** Free

**Target Age Group:** Infants, Toddlers

**DHR Categories:** CD

**CCDF Categories:** 20

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 3

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** CGD

In early childhood settings, each moment that caregivers and children interact with one another is an opportunity to develop positive relationships that build on learning. This training will highlight the importance of using developmentally appropriate strategies throughout the day to increase positive interactions that take into consideration children's individual differences and needs. Join us as we explore effective ways to support learning through intentional, supportive, and responsive interactions.

# May Training Sessions

## Director's Network: Build Your Dream Team! Recruiting, Hiring, and Retaining Outstanding Educators (Live Virtual Training)

**Dates Offered:** Tuesday, May 14, 2024; 9:00am to 11:00am

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Tuesday, May 7, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** AM

**CCDF Categories:** 18

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 5

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** MA

Skilled and knowledgeable program staff are the key to having a quality program that leads to positive youth outcomes. In this session, we will discuss effective ways to use local resources to find and attract talent that fits the culture and needs of your program. We will also provide tips for improving the effectiveness of your interviewing process and ensuring that your onboarding practices prepare your new staff members for success. Jason Bryant is the Director and Associate Clinical Professor at Truman Pierce Institute in Auburn, Alabama.

## CPR / First Aid (In-Person)

**Dates Offered:** Tuesday, May 14, 2024; 12:00pm to 3:00pm

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, May 7, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** HSUP

**CCDF Categories:** 10

**Funded By:** DHR

**Training Hours:** 3

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** HSN

First responders are key in medical emergencies, and lives are being saved by initiating cardiopulmonary resuscitation (CPR) in a timely fashion. The Alabama Department of Public Health is a valuable source for certification for CPR and First Aid. **Limited to eight participants.**

## First Steps to a Career in Child Care (In-Person)

**Dates Offered:** Wednesday, May 15, 2024; 9:00am to 10:30am

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, May 8, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** QCCL

**CCDF Categories:** N/A

**Funded By:** DHR

**Training Hours:** 1.5

**CDA Categories:** 6

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** PPD

Thinking about opening a child care center or a family child care home? Get answers to common questions regarding cost, location, how to get started and much more. Are you new to Childcare Resources? Get to know the mission and vision of our agency, and how to better utilize the programs and services we offer. This session is also for providers who have not previously attended a training at Childcare Resources.

## First Steps to a Career in Child Care (Live Virtual Training)

**Dates Offered:** Wednesday, May 15, 2024; 9:00am to 10:30am

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Wednesday, May 8, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** QCCL

**CCDF Categories:** N/A

**Funded By:** DHR

**Training Hours:** 1.5

**CDA Categories:** 6

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** PPD

Thinking about opening a child care center or a family child care home? Get answers to common questions regarding cost, location, how to get started and much more. Are you new to Childcare Resources? Get to know the mission and vision of our agency, and how to better utilize the programs and services we offer. This session is also for providers who have not previously attended a training at Childcare Resources. **Limited to six participants.**

# May Training Sessions

## Directors' Series: The Best of Care: Using 10 NAEYC Quality Standards as a Roadmap to Best Practices (Live Virtual Training)

**Dates Offered:** Thursday, May 16, 2024; 12:30pm to 2:30pm

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Thursday, May 9, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** QCCL

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 5

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** MA

Are you interested in finding a way to assess your program to ensure you are providing the very best care? This training will use the National Association for the Education of Young Children (NAEYC) 10 Standards as a roadmap for gauging quality in a child care center. Take the guesswork out of your efforts to produce quality and join us on a journey to the very best of care. Laura Bloom, Ph.D., C.F.L.E., is the Associate Professor/Faculty Director at the Child Study Center at the University of Montevallo.

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## Meaningful Parent and Family Engagement (Live Virtual Training)

**Dates Offered:** Thursday, May 16, 2024; 6:00pm to 8:00pm

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Thursday, May 9, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** CCPF

**CCDF Categories:** 15

**Funded By:** DHR

**Training Hours:** 1.5

**CDA Categories:** 4

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** ICFC

The family is the primary force in preparing children for school and life, and children benefit when all of the adults who care for them work together. When program staff and families are engaged as partners, they commit to working together on children's behalf. Join us as we explore communication techniques and family outreach strategies to strengthen parent and family engagement in your program.

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## Health & Safety: Jefferson County Department of Health Regulations for the Construction, Operation and Maintenance of Child Care Centers (In-Person)

**Dates Offered:** Saturday, May 18, 2024; 9:00am to 11:00am

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Saturday, May 11, 2024

**Cost:** \$20

**Target Age Group:** ALL

**DHR Categories:** HSUP

**CCDF Categories:** 1, 3

**Funded By:** UWCA

**Training Hours:** 2

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** HSN

This health and safety training meets the revised Jefferson County Department of Health Regulations as of July 2015; however, it is suitable for all counties. Topics will include employee requirements; child health and wellness; child illness; diapering; toileting and hand washing; food service; nutrition; and other health and safety related topics. This training also covers two of the Child Care Development Fund (CCDF) training regulations.

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## Emotion Monsters: Teaching Self-Regulation Skills (In-Person)

**Dates Offered:** Tuesday, May 21, 2024; 9:00am to 11:00am

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, May 14, 2024

**Cost:** Free

**Target Age Group:** Preschoolers

**DHR Categories:** CD, PDG

**CCDF Categories:** 13, 15

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1, 3, 7

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** CGD, DIV, COA

Preschoolers can have big emotions. Sometimes, as childcare professionals, we struggle to know what to do. During this training, we will discuss how to help develop self-regulation skills in preschoolers and how to offer tools to help support these emotions in our classrooms. Meredith Bishop is a Developmental Specialist with Child Care Enhancement With a Purpose-United Ability.



# May Training Sessions

## Language and Literacy Superstars: Nurturing Infants and Toddlers (In-Person)

**Dates Offered:** Wednesday, May 22, 2024; 9:00am to 11:00am

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, May 15, 2024

**Cost:** Free

**Target Age Group:** Infants, Toddlers

**DHR Categories:** LD

**CCDF Categories:** 20

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 8

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** LEE

Welcome to the world of language and literacy for infants and toddlers! Through engaging activities and proven techniques, discover how to create an environment that fosters language development, sparks a love for reading, and sets the stage for future academic achievements. From interactive storytelling to nurturing oral language skills, this training will provide you with the knowledge and confidence to inspire language and literacy superstars. Kabrielle Nation is an Infant Toddler Specialist for the Infant Toddler Specialist Network.

## Child Development Associate (CDA) Professional Portfolio (Session #1) (In-Person)

**Dates Offered:** Wednesday, May 22, 2024; 12:00pm to 2:00pm

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, May 15, 2024

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**Cost:** \$25

**Target Age Group:** ALL

**DHR Categories:** CCPF

**CCDF Categories:** N/A

**Funded By:** UWCA

**Training Hours:** 2

**CDA Categories:** 6

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** PPD

This session will specifically target the requirements and details for organizing your Professional Portfolio. Supplies and a portfolio file box will be provided.

## Inquiry Based Science Experiences for Preschool Children - Life Science (In-Person)

**Dates Offered:** Wednesday, May 29, 2024; 12:00pm to 1:30pm

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Wednesday, May 22, 2024

**Cost:** \$15

**Target Age Group:** Preschoolers

**DHR Categories:** CD

**CCDF Categories:** 13

**Funded By:** UWCA

**Training Hours:** 1.5

**CDA Categories:** 8

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** LEE

Young children are naturally curious, wonderful observers of their surroundings and are fascinated by even the most common living things. Learn strategies to foster scientific knowledge, introduce scientific vocabulary, and provide hands-on life science opportunities. Strengthen your curriculum by learning fun ways to incorporate the natural world into your little scientists' experiences.

## Eco-Healthy Child Care (In-Person)

**Dates Offered:** Thursday, May 30, 2024; 12:00pm to 2:00pm

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, May 23, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** HSUP

**CCDF Categories:** 8

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 1

**Training Level:** Intermediate

**CEUs Offered:** Yes

**CKA Categories:** HSN

It's easier than you think for your center to be Eco-Healthy! Join us for this cutting edge training as we share simple, free and low cost steps that will help you create a safer and healthier environment for children to learn and grow. Topics will include the presence and impacts of radon, pesticides, chemicals, lead and other elements. Learn where they can be found in the child care environment and how to protect children from the dangers of exposure. Come learn easy steps your center can take to become an Eco-Healthy Child Care Facility.

# June Training Sessions

## Childcare Resources Presents: Thinking Outside of the Bin: Exploring STEM Bins (Live Virtual Training)

**Dates Offered:** Thursday, June 6, 2024; 2:00pm to 4:00pm

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Thursday, May 30, 2024

**Cost:** Free

**Target Age Group:** School-agers

**DHR Categories:** CD

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 2, 3

**Training Level:** Intermediate

**CEUs Offered:** No

**CKA Categories:** LEE

Do you want to learn how to use simple, everyday objects to encourage children to create, invent, and solve problems? This two hour training will explore teaching STEM using plastic, portable bins, in a fun and safe way. Let's get ready to construct and discover together.

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## Distance Learning Course with Alabama Public Television: Going to School Closeout (Live Virtual Training)

**Dates Offered:** Monday, June 10, 2024; 12:00pm to 1:00pm

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Monday, June 3, 2024

**Cost:** Free

**Target Age Group:** Preschoolers

**DHR Categories:** CD, HSUP, QCCL, CCPF, LD, PDG

**CCDF Categories:** 13, 15, 17

**Funded By:** DHR

**Training Hours:** 1

**CDA Categories:** 1, 2, 3, 4, 8

**Training Level:** Intermediate

**CEUs Offered:** No

**CKA Categories:** CGD, LEE, ICFC, DIV

Going to School is a Ready To Learn service of the Educational Services Department of Alabama Public Television designed for parents and child care professionals serving children, ages three to five years old. It presents current and practical advice on supporting children's early learning for school readiness and success. It is delivered as a 12 -part series for broadcast or online viewing. It can also be viewed online at [www.aptv.org](http://www.aptv.org). The Orientation session is Friday, April 12, 2024. The Closeout session will be held on Childcare Resources' Online Portal on Monday, June 10, 2024 from 12:00pm to 1:00pm. **You must attend the orientation, closeout, as well as complete and submit all assignments to receive credit.**

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## CPR / First Aid (In-Person)

**Dates Offered:** Tuesday, June 11, 2024; 12:00pm to 3:00pm

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, June 4, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** HSUP

**CCDF Categories:** 10

**Funded By:** DHR

**Training Hours:** 3

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** No

**CKA Categories:** HSN

First responders are key in medical emergencies, and lives are being saved by initiating cardiopulmonary resuscitation (CPR) in a timely fashion. The Alabama Department of Public Health is a valuable source for certification for CPR and First Aid. **Limited to eight participants.**

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## Health & Safety: Jefferson County Department of Health Regulations for the Construction, Operation and Maintenance of Child Care Centers (Live Virtual Training)

**Dates Offered:** Wednesday, June 12, 2024; 12:00pm to 2:00pm

**Location:** Childcare Resources; Online Portal

**Deadline to Register:** Wednesday, June 5, 2024

**Cost:** \$20

**Target Age Group:** ALL

**DHR Categories:** HSUP

**CCDF Categories:** 1, 3

**Funded By:** UWCA

**Training Hours:** 2

**CDA Categories:** 1

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** HSN

This health and safety training meets the revised Jefferson County Department of Health Regulations as of July 2015; however, it is suitable for all counties. Topics will include employee requirements; child health and wellness; child illness; diapering; toileting and hand washing; food service; nutrition; and other health and safety related topics. This training also covers two of the Child Care Development Fund (CCDF) training regulations.

# June Training Sessions

## Child Development Associate (CDA) Competency Statements (Session #2) (In-Person)

**Dates Offered:** Thursday, June 13, 2024; 12:00pm to 2:00pm

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Thursday, June 6, 2024

**Cost:** \$25

**Target Age Group:** ALL

**DHR Categories:** CCPF

**CCDF Categories:** N/A

**Funded By:** UWCA

**Training Hours:** 3

**CDA Categories:** 6

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** PPD

This session will provide details on how to prepare written reflections and the Professional Philosophy Statement based on teaching practices. Many of the statements require the use of specific resources from the CDA resource collection in the Professional Portfolio. Resources will be matched with competencies during this session.

## Fun with Fingerplays: A Way to Extend Learning Beyond Books (In-Person Training)

**Dates Offered:** Tuesday, June 25, 2024; 9:00am to 11:00am

**Location:** Childcare Resources; Conference Room; 244 West Valley Avenue, Suite 200; Birmingham, AL 35209

**Deadline to Register:** Tuesday, June 18, 2024

**Cost:** Free

**Target Age Group:** ALL

**DHR Categories:** CD

**CCDF Categories:** 13

**Funded By:** DHR

**Training Hours:** 2

**CDA Categories:** 8

**Training Level:** Basic

**CEUs Offered:** Yes

**CKA Categories:** LEE

Calling all early care providers! This training will focus on the benefits of fingerplays while unlocking children's learning potential. Fingerplays are a fun, no-cost way to spend time with children while engaging multiple senses. Using fingerplays helps children develop gross and fine motor coordination as they have to manipulate their hands and fingers.

**INQUIRY  
BASED-SCIENCE**

EXPERIENCES FOR PRESCHOOL CHILDREN - HEALTH AND BIOLOGY

**MAY 29, 2024 | 12PM TO 1:30PM**

Young children are naturally curious. Learn strategies to foster scientific investigations for health and biology science.

Health and Biology support a rich learning environment by introducing scientific vocabulary, and providing opportunities for children to solve problems and investigate using hands on experiences.

***There is a \$15 fee to attend this training.***



# Alabama Early Learning Guidelines Credential

The **Alabama Early Learning Guidelines** (AELG) provides the professional building blocks necessary to prepare each child for future success in school and life. Learners will develop a basic understanding of concepts and terminology related to child development. The AELG series consists of 9 modules. **In order to attend all 9 sessions, you must first attend the orientation session.** Registration for the orientation session will register you for all 9 modules. If you have attended the orientation and missed a module, please call or email Beth Nelson at (205) 945-0018 Ext. 302 or bnelson@ccr-bhm.org to register for the module you need to make up.

## Monday, June 3, 2024

**In-Person:** 8:30am to 10:30am

### AELG Session 1: Orientation

**DHR Categories:** CD

**CDA Categories:** 8

**CKA Categories:** CGD

**CCDF Categories:** 13, 17, 20

## Monday, June 3, 2024

**In-Person:** 10:30am to 12:30pm

### AELG Session 2: Observation

**DHR Categories:** CD

**CDA Categories:** 7, 8

**CKA Categories:** COA, CGD

**CCDF Categories:** 13, 17, 18, 20

## Monday, June 3, 2024

**In-Person:** 1:30pm to 3:30pm

### AELG Session 3: The Role of the Parent & Caregiver

**DHR Categories:** CCPF, QCCL

**CDA Categories:** 4, 6

**CKA Categories:** ICFC, PPD

**CCDF Categories:** 16, 20

## Tuesday, June 4, 2024

**In-Person:** 8:30am to 10:30am

### AELG Session 4: Self-Concept & Emotional Development

**DHR Categories:** CD

**CDA Categories:** 8

**CKA Categories:** CGD

**CCDF Categories:** 13, 15, 17, 20

## Tuesday, June 4, 2024

**In-Person:** 10:30am to 12:30pm

### AELG Session 5: Social Development

**DHR Categories:** CD

**CDA Categories:** 7, 8

**CKA Categories:** COA, CGD

**CCDF Categories:** 15, 17, 20

## Tuesday, June 4, 2024

**In-Person:** 1:30pm to 3:30pm

### AELG Session 6: Language & Literacy

**DHR Categories:** CCPF, QCCL

**CDA Categories:** 4, 6

**CKA Categories:** ICFC, PPD

**CCDF Categories:** 17, 20

## Wednesday, June 5, 2024

**In-Person:** 8:30am to 10:30am

### AELG Session 7: Physical Development

**DHR Categories:** CD

**CDA Categories:** 8

**CKA Categories:** CGD

**CCDF Categories:** 5, 8, 13, 20

## Wednesday, June 5, 2024

**In-Person:** 10:30am to 12:30pm

### AELG Session 8: Cognitive Development

**DHR Categories:** CD

**CDA Categories:** 7, 8

**CKA Categories:** COA, CGD

**CCDF Categories:** 13, 17, 20

## Wednesday, June 5, 2024

**In-Person:** 1:30pm to 3:30pm

### AELG Session 9: Putting it All Together for Alabama's Children

**DHR Categories:** CCPF, QCCL

**CDA Categories:** 4, 6

**CKA Categories:** ICFC, PPD

**CCDF Categories:** 16, 18, 20

## AELG Guidelines Course Descriptions

The **Alabama Early Learning Guidelines** (AELG) are a guide to the building blocks necessary to prepare each child for their future in school and life and they are intended to be inclusive for all children. AELG is a result of a collaboration between the Alabama Department of Human Resources (DHR) and various stakeholders across the state.

The AELG consist of nine modules:

- 1. Orientation:** This session will involve learners in activities to become familiar with the AELG course and basic child development concepts. It will explain the origin and the purpose of AELG, list the sessions included and help learners develop a basic understanding of concepts and terminology related to child development.
- 2. Observation:** This session will involve learners in activities to understand the critical importance of child observations. It will identify the purpose of intentional child observations, children's learning styles and will demonstrate techniques of observing and reflecting on children, and how to complete a developmental checklist.
- 3. The Role of Parent and Caregiver:** This session will involve learners in activities to help facilitate positive relationships between parents and caregivers. The session will help learners become familiar with ways to help start, build and maintain positive relationships when children are in out-of-home care and learn how to set a positive tone for a partnership between parents and caregivers.
- 4. Self-concept and Emotional Development:** This session will engage learners in activities that can be used to help children develop a positive picture of self, understand and express their emotions. Learners will also use AELG to help children build self-esteem, identify and name their emotions and regulate behaviors.

**5. Social Development:** This session will engage learners in activities that can be used to help children enhance their social interaction skills, identify strategies to help children develop trusting relationships with nurturing adults, demonstrate caring cooperation and role play relationship dynamics.

**6. Language and Literacy:** This session will teach learners to stimulate and enhance children's communication skills. It will engage learners in using AELG to understand verbal and non-verbal communication, explore various methods of communication, identify with home languages, and become familiar with ages and stages of language and literacy development.

**7. Physical Development:** This session will teach learners to stimulate and enhance children's physical skills necessary for healthy development. Learners will engage in becoming familiar with how children develop gross and fine motor skills and ways to enhance self-help skills.

**8. Cognitive Development:** This session will engage learners in activities that can be used to help children build and expand concepts to develop problem-solving skills. Learners will gain an understanding of basic concepts and relationships, apply knowledge to new situations and problem solving.

**9. Putting It All Together:** This session will have learners participate in activities that encourage the use of all available resources for caregivers, families and children. The session will help participants provide additional resources and materials to parents to promote high quality care and education and pull together information from previous AELG sessions.



**Note: You MUST attend the Orientation Session first in order to attend sessions 2-9. Upon completion of each session you will receive a certificate. When all 9 sessions have been completed you will receive a Credential from the Alabama Department of Human Resources.**

# Policies for In-Person Service

As Childcare Resources begins to resume normal business operations, including in-person services for clients and the community, the following policies and safety practices have been put in place for the protection of all Childcare Resources staff, clients, volunteers, and customers.

## April 1, 2024 - June 30, 2024

- The agency will be serving clients through limited, in-person trainings and by appointment with the appropriate staff member. To make an appointment, call (205) 945-0018.
- Clients needing Early Learning Resource Library (205-945-0018 ext. 315) services **must call and schedule an appointment before visiting the building.**
- Once your appointment is confirmed, the appropriate staff member will contact you with next steps and additional details.

**Please check our website regularly for updates on in-person service policies.**

## What to Expect When Visiting

In response to the COVID-19 pandemic, Childcare Resources is adopting preventive measures to help protect the safety and health of our staff, clientele and community.

1. Childcare Resources will conduct a **screening of each visitor before permitting their entrance into the office.** Depending on the visitor's response to each question, the visitor will either be permitted to enter the building or will be asked to re-schedule their visit. The three questions visitors will be asked are (1) Do you have flu-like symptoms such as fever, coughing, and shortness of breath? (2) Have you been in contact with anyone experiencing these symptoms? and (3) Have you or a family member been instructed to self-quarantine?
2. Masks are optional for everyone who enters our office.
3. You are recommended to use **hand sanitizer** when you enter the building as well as upon entry to any of our training rooms.