



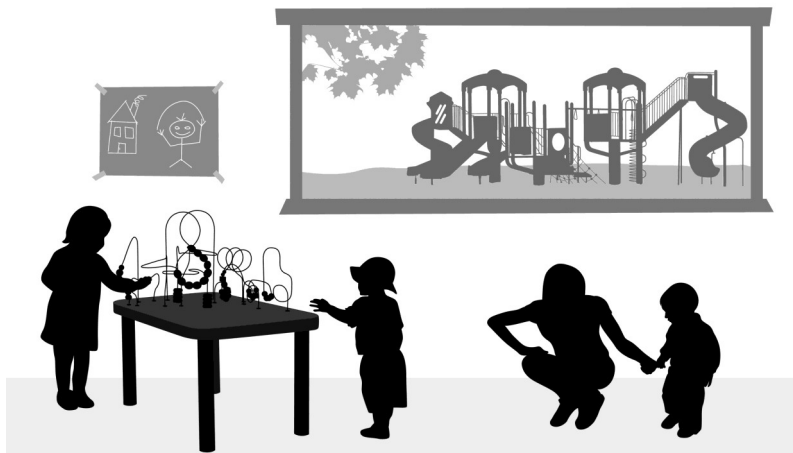
# Quality TIMES

Quarterly Training Opportunities and Resources  
for Early Childhood Educators

## New Child Care Regulations spell *quality* for children

Childcare Resources is pleased to partner with the Jefferson County Department of Health (JCDH) and others on the recently adopted Child Care Regulations. These updated regulations aim to address the health and safety of young children in Jefferson County child care centers by increasing access to healthy snacks and meals, developmentally appropriate physical activities, and cleaner and safer environments. Jefferson County has the highest number of child care programs in the state – over 500 serving more than 34,000 children every day.

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## Traditions make happy kids in the classroom!

When we hear the word *traditions*, many of us automatically think of holidays and family. Yes, there are many wonderful ways for families to celebrate and create traditions, but have you thought of establishing them within your classroom?

Traditions enhance children's emotional wellbeing by helping to create feelings of security, stability and identity. You may have a child in your class who doesn't have strong family relationships; perhaps his world is filled with chaos. Taking the opportunity to establish some traditions in your classroom can make a big difference to a small child!

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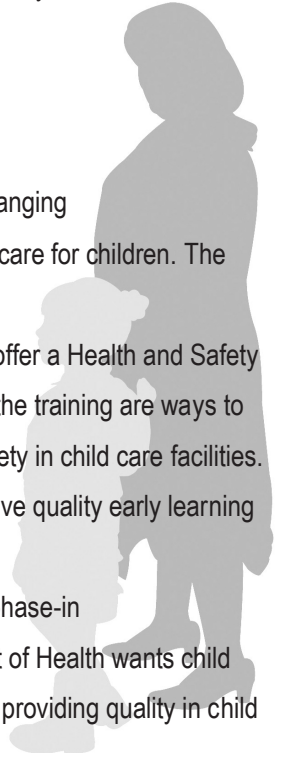
The regulations require meeting various standards that promote opportunities for active play, healthy foods and facilities that are free of tobacco smoke and other hazards. Some of the new requirements include:

- Prominently posted daily schedules that include physical activity times
- Mandatory criminal history background checks for all employees
- Improved standards to prevent transmission of diseases such as sanitary methods for diaper changing

Many child care centers in Jefferson County are already doing an excellent job of providing safe, healthy care for children. The new regulations will simply help to bridge the gap.

The new regulations may seem overwhelming but Childcare Resources is here to help. We will offer a Health and Safety training to child care providers that supports meeting the new regulations. Among the topics covered in the training are ways to use screen time appropriately, healthy eating habits, age appropriate physical activity and increasing safety in child care facilities. By understanding and implementing these regulations, child care providers can ensure that children receive quality early learning experiences in clean, safe and healthy environments.

On January 2, 2012, the new Child Care Regulations will go into effect. The first year will be a phase-in period allowing time for child care providers to meet the requirements. The Jefferson County Department of Health wants child care programs to succeed in meeting the new regulations. Compliance with these regulations, along with providing quality in child care programs, can positively impact children for generations to come.



### Childcare Resources Training Registration Policies

We appreciate your respect of our training policies and procedures and look forward to providing an effective learning environment for all of our participants. If you have any questions or concerns, please contact AnnMarie Jordan, Provider Education and Support Manager, (205) 252-1991 ext. 304 or [ajordan@ccr-bhm.org](mailto:ajordan@ccr-bhm.org).

- Childcare Resources' training is open to all persons regardless of race, national origin, religion, age, sex, political beliefs or disability.
- Submission of a registration form grants permission for Childcare Resources to take photographs during training to use in agency publications.

#### Registration Procedures

1. Please register using our agency registration forms. **FORMS MUST BE COMPLETE!**
2. One applicant per registration form. You may duplicate the form as needed.
3. Fee based trainings must be paid before the training deadline for registration to be complete. A \$35 fee will be charged for all returned checks. If payment is not received registration is incomplete.
4. You will receive an email or postcard to confirm registration. If you do not receive confirmation within 24 hours of the training, please call (205) 252-1991 ext. 300.
5. MasterCard and Visa are accepted for payment.
6. Trainings are enrolled on a first come first serve basis. If a training is full when you register, your name will be placed on a waiting list.

#### Training Policies

1. Training begins on time. You are expected to arrive on time. Once the training begins, entering the training will be prohibited.
2. Childcare Resources is an authorized provider by the International Association for Continuing Education and Training (IACET). To receive full clock hours and CEU credit, you must be present for the entire training.
3. Learners are expected to actively participate in all training activities, complete a pre- and post- assessment, which will be used for the evaluation of the learning outcomes and learning expectations, and submit a training evaluation.
4. Children are not permitted at any training session.
5. Cancellations are permitted **one full business day** prior to the scheduled training. Refunds are not available. A Training Voucher will be issued and can be applied to future trainings.

# The Learning Legend

## Training Level

<b>Basic</b>	Most appropriate for entry level professionals who are new to early childhood and/or school-age care.
<b>Intermediate</b>	For professionals who have at least two (2) years experience and 120 hours of training in child development and are moving toward more formal education.
<b>Advanced</b>	For professionals who have at least three (3) years of experience and 30 credit hours in child development. Advanced level training focuses on a more thorough knowledge of developmentally appropriate practice and highly effective application and demonstration of skills.
<b>All</b>	For professionals of all levels of education and experience.

## Child Development Associate (CDA) Content areas

1	Planning a safe and healthy environment to invite learning
2	Steps to advance children's physical and intellectual development
3	Positive ways to support children's social and emotional development
4	Strategies to establish productive relationships with families
5	Strategies to manage an effective program operation
6	Maintaining a commitment to professionalism
7	Observing and recording children's behavior
8	Principles of child growth and development

## Alabama Pathways Core Knowledge Areas (CKA)

<b>CGD</b>	Child Growth and Development
<b>HSN</b>	Health, Safety and Nutrition
<b>LEE</b>	Learning Experiences and Enrichment
<b>DIV</b>	Diversity
<b>COA</b>	Child Observation and Assessment (Planning for Individual Needs)
<b>PPD</b>	Personal and Professional Development
<b>MA</b>	Management and Administration

## DHR Minimum Standards Training Areas

<b>CD</b>	Child Development
<b>HSUP</b>	Health, Safety and Universal Precautions
<b>QCCL</b>	Quality Child Care and Licensing
<b>AM</b>	Administration and Management
<b>CCPF</b>	Child Care Professional and the Family
<b>LD</b>	Language Development
<b>PDG</b>	Positive Discipline and Guidance

**Courses are coded according to DHR Minimum Standard Categories, Child Development Associate (CDA) Content Areas and the Alabama Pathways Core Knowledge Areas (CKA). Please refer to this page to determine the topic areas covered in each course.**

Childcare Resources is on  
Facebook & Twitter



**FOLLOW US!**

# Training To Go

Childcare Resources offers Training to Go - a program that brings trainings directly to your child care program Monday through Friday. Call (205) 252-1991 ext. 300 to [arrange your reservation today!](#)

## BASIC

### ***Active Learning for Children - QCCL***

Discusses the role active learning plays in a child's development. Gives understanding between the differences of structured and unstructured activities and the importance of all types of play in a child's day.

### ***Do You Know Me: Diversity from the Eyes of the Child - CCPF***

Learn how to identify and recognize the importance of fostering diversity in the early childhood classroom through discussions, visuals, illustrations and activities.

### ***"Let's Explore" Encouraging Curiosity in Young Children - CD***

Experiences that help young children develop a positive attitude about curiosity, exploring, experimenting and investigating. The overall goal is to help early childhood educators feel more confident encouraging children's curiosity.

### ***Who's Watching the Children: Supervision in the Classroom - HSUP***

Learn how to identify appropriate solutions for supervision of young children.

## INTERMEDIATE

### ***The More We Get Together: Learning Ideas for Circle Time - LD***

Need some new and fun activities for circle time? This training is for you! Learn how circle time can be an important teaching opportunity for early childhood classrooms.

### ***Nightmare in my Classroom: Shedding Fear about Relationships with Parents - CCPF***

Learn how to identify solutions to negative parent/teacher relationships and solutions to creating healthier relationships.

### ***No, David! Gentle Discipline using Children's Books - LD***

Learn how to teach discipline concepts using children's books. In this class we use the example of teaching positive behavior through the book, *No, David!* by David Shannon.

### ***Healthy Enhancements with Story Time - HSUP***

Use different aspects of children's literature to promote healthy eating and physical activity by developing creative activities around a specific theme.

### ***Child Abuse and Your Classroom - HSUP***

Get clarity on how to identify different types of child abuse and determine appropriate strategies to prevent escalation and continuation of abuse in each situation.

## ADVANCED

### ***2+2=4: Enhancing Early Math Skills in the Preschool Classroom - CD***

Learn how to construct a list of ways to incorporate math into your classroom centers.

### ***Creating a Win-Win Situation: Partnering with Parents and Other Primary Caregivers - CCPF***

Successful communication with parents and other caregivers creates a win-win for the children you serve. Learn how to develop strategies to maintain and encourage successful communication with the best interest of the children being the focus.

### ***My Dog Died: Handling Difficult Topics with Children - CD***

Learn how to help children learn how to deal with grief in a developmentally appropriate way.

### ***Playground Safety - HSUP***

Using games, you will learn safety strategies for outdoor activities with young children.

## Traditions... continued from page 1

Here are some ideas to get you started:

- Establish a morning greeting.** Children take comfort in consistency and drop off time can be stressful for them. Try coming up with a set statement, question or gesture that you do when you first see each child. For example, you might say, "Happy morning! Do you have a smile today?"
- Create a nap ritual.** This might be a quiet song you play while the children are getting on their mats, a book you read before the lights go out or something you tell each child as they lay down. In my class, we turned off the lights and played Raffi's "Thanks A Lot" (You can make up motions to go with the song). At the end of the song, as the quiet chimes played, the teachers walked and "sprinkled sweet dreams" on all of the children.
- Sit with the children at meal times.** If you aren't already required to serve your meals "family style," you might be prone to just stand around, looking for spills and waiting to refill cups. Instead, sit down beside the children. Talk to them about what they are eating, what they did earlier or whatever they are already discussing.

A final thought about "celebrations," is that not everyone acknowledges holidays and birthdays. For some, it might be a cultural or religious reason. Try not to focus so much on "traditional" celebrations to avoid being culturally insensitive. Instead, create ways to enhance your day with classroom traditions!

# Parenting Counts Workshops

**Mini-Workshops ~ Pick Two (1.5 hrs)**

**Valuing Emotions: PGD**   **Reading Faces: PGD**   **Copycats: LD**  
**Testing 1, 2, 3: PGD**   **Baby Cues: LD**   **Parentese: LD**  
**Building Words: LD**   **Tantrums: PGD**   **Stress: HSUP**

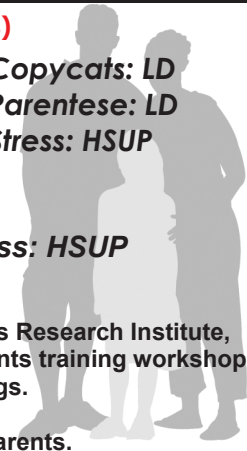
**Full-length Workshops (2.5 hrs)**

**Communication: LD**   **Handling Stress: HSUP**  
**Exploring: CD**

In collaboration with Alabama Public Television and Talaris Research Institute, Childcare Resources is pleased to offer FREE Parenting Counts training workshops for parent groups or on-site staff meetings.

This is a wonderful way to provide social and learning opportunities for your parents.

To schedule a Parenting Counts Workshop, please call (205) 252-1991 ext. 300



**¿Necesita un  
entrenamiento  
en español?**

Childcare Resources  
tiene a su disposición  
entrenamientos!

Para más información  
llame al  
**(205) 252-1991**  
Presione el numero 8

*"We now accept the fact that learning is a lifelong process of keeping abreast of change.  
And the most pressing task is to teach people how to learn."*

*~Peter Drucker*

## Directors' Network

All Network Meetings are 12:30pm-1:30pm

Jefferson County                      Shelby County  
Tuesday, January 10th              Tuesday, March 13th  
Harris Early                              Odyssey @ Trace  
Learning Center                          Crossings

Blount County  
Tuesday, February 7th  
Lester Memorial

Email Beckie McRee at [bmcree@ccr-bhm.org](mailto:bmcree@ccr-bhm.org)  
to join our Directors' Network email list and  
get up-to-date information and support!

## Early Learning Resource Library

A FREE library of resources and services

**OPEN**

**Monday-Thursday**

**8:30am-4:00pm**

**available Friday by appointment**

**Located at Childcare Resources**

**1904 1st Avenue North**

Call for more details (205) 252-1991 ext. 315  
or email [bcook@ccr-bhm.org](mailto:bcook@ccr-bhm.org)

Laminating 📖 Die Cuts 📖 Resources 📖  
Theme Boxes 📖 Music CDs 📖 Puppets 📖  
Teacher Resource Books and much more

**Are you looking for help in starting your  
career as an early childhood professional? Need some assistance?**

If you or someone you know has an interest in opening a child care business, please contact Beckie McRee at (205) 252-1991 ext. 311 or [bmcree@ccr-bhm.org](mailto:bmcree@ccr-bhm.org). Each month we will offer "FIRST STEPS" - a brown bag lunch training that will help you get off to a great start in the child care profession.

Learn more about Alabama Pathways to Quality Care and Education and the Professional Lattice. We are here to assist and guide you in your professional development. Information about the Alabama Early Learning Guidelines (AELG) Credential, Child Development Associate (CDA) Credential, T.E.A.C.H., and Leadership in Child Care Scholarship resources, local institutions of higher learning and much more are available.

To schedule an appointment contact, Margie Walker (205) 252-1991 ext. 300.

# January

<p><b>Thursday</b> <b>January 5th</b> <b>6:00pm-7:00pm</b></p> <p>Deadline to Register: December 29th</p>	<p><b>Whole Child Distance Learning Class in partnership with Alabama Public Television</b></p> <p>This 12 episode series involves weekly television program viewing and independent study with written exercises for early care educators. It will be completed by submitting the written paperwork weekly and independently viewing the program on APTV Saturday mornings from 7:00am-7:30am. You must attend the orientation and final session, complete and submit all course work to receive credit. Funded by DHR.</p>						
	<b>Fee:</b>	FREE	<b>Level:</b>	Basic	<b>CEUs/</b>	1.5 CEU / 15 hours	
	<b>DHR Training Area:</b>	4hrs: CD; 1hr: PGD; 2hrs: LD; 2hrs: HSUP; 3hrs: QCCL; 3hrs: CCFP	<b>Alabama Pathways CKA:</b>	8hrs: CGD; 2hrs: COA; 2hrs: HSN; 3hrs: PPD	<b>CDA Content area:</b>	2hrs: 1; 2hrs: 2; 3hrs: 4; 8hrs: 8	<b>Target Age Group:</b>
<p><b>Saturday</b> <b>January 7th</b> <b>9:00am-11:30am</b></p> <p>Deadline to Register: December 30th</p>	<p><b>Teaching Our Children to Respect Diversity</b></p> <p>We CAN make a difference by teaching our young children using APTV educational television clips, to respect the diversity of others in the world and around us. We can change the world one person at a time. Funded by DHR.</p>						
	<b>Fee:</b>	FREE	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours	
	<b>DHR Training Area:</b>	CD	<b>Alabama Pathways CKA:</b>	DIV	<b>CDA Content area:</b>	3	<b>Target Age Group:</b>
<p><b>Tuesday</b> <b>January 10th</b> <b>9:00am-11:30am</b></p> <p>Deadline to Register: January 3rd</p>	<p><b>Do you have a Quality Center? How to take the guessing game out of quality care</b></p> <p>Have you ever wondered if your center is really providing the highest quality care? This training helps take the guessing game out of quality care by revealing research based information about how best practices are implemented. Learn how to objectively assess your program and make improvements to reach a level of excellence. Funded by DHR.</p>						
	<b>Fee:</b>	FREE	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	.20 CEU / 2 hours	
	<b>DHR Training Area:</b>	QCCL	<b>Alabama Pathways CKA:</b>	COA	<b>CDA Content area:</b>	6	<b>Target Age Group:</b>
<p><b>Wednesday</b> <b>January 11th</b> <b>9:00am-11:00am</b></p> <p>Deadline to Register: January 4th</p>	<p><b>Alabama Early Learning Guidelines - Session 5: Social Development</b></p> <p>See AELG Guidelines on page 15 for description. <i>You will need to bring your copy of the AELG standards.</i> <b><u>In order to attend this session, you must attend the orientation session first.</u></b> Funded by DHR.</p>						
	<b>Fee:</b>	FREE	<b>Level:</b>	Basic	<b>CEUs/Hours</b>	.20 CEU / 2 hours	
	<b>DHR Training Area:</b>	CCPF	<b>Alabama Pathways CKA:</b>	PPD	<b>CDA Content area:</b>	6	<b>Target Age Group:</b>
<p><b>Wednesday</b> <b>January 11th</b> <b>2:00pm-4:30pm</b></p> <p>Deadline to Register: January 4th</p>	<p><b>What's in your lunch box? Healthy Ideas for Healthy Kids</b></p> <p>This session will focus on healthy ideas to use for lunch and snacks. Funded by UWCA.</p>						
	<b>Fee:</b>	FREE	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours	
	<b>DHR Training Area:</b>	HSUP	<b>Alabama Pathways CKA:</b>	HSN	<b>CDA Content area:</b>	1	<b>Target Age Group:</b>

<b>Thursday January 12th 9:00am-11:30am</b>  Deadline to Register: January 5th	<b>Directors Series: 9 Things a Leader Should Do</b> Being an effective leader is tough. We know what to do but we often fail to do it. Join us as we learn why it is important to stay strong, be a good example and utilize great strategies that will create a strong staff with vision and dedication. Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Basic	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	QCCL	<b>Alabama Pathways CKA:</b>	MA		
	<b>CDA Content area:</b>	5	<b>Target Age Group:</b>	All		
<b>Thursday January 12th 5:30pm-8:00pm</b>  Deadline to Register: January 5th	<b>Challenging Behaviors in Infants and Toddlers: How to Guide our Youngest</b> For children to develop "self-discipline" it takes time, teachable moments and maturation as well as a lot of patience and effort from the adults who care for them. In this training we will identify solutions to challenging behaviors and distinguish the difference between discipline and punishment. Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	CD	<b>Alabama Pathways CKA:</b>	COA		
	<b>CDA Content area:</b>	3	<b>Target Age Group:</b>	Infant & Toddler		
<b>Friday January 13th 9:00am-11:30am</b>  Deadline to Register: January 6th	<b>CPR Certification</b> Are you in need of becoming certified in CPR? This class meets the CPR requirements set by DHR. The class is instructed by Susan Washington from Healthy Child Care Alabama. Due to high demand this class enrolls on a first come first serve basis and is <b>limited to 12 participants</b> . Please call Margie Walker to register (205) 252-1991 ext. 300. Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Basic	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	HSUP	<b>Alabama Pathways CKA:</b>	HSN		
	<b>CDA Content area:</b>	1	<b>Target Age Group:</b>	All		
<b>Friday January 13th 12:00pm-1:30pm</b>  Deadline to Register: January 6th	<b>First Steps: Brown Bag Lunch</b> Do you have a dream to open a child care center or family child care home? Your questions may include hours, time, cost, location and resources. Come join us for a mini-session on how to get started and we will answer many of the common questions you have about opening a child care program. Please feel free to bring a lunch. Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Basic	<b>CEUs/Hours</b>	.15 CEU / 1.5 hours
	<b>DHR Training Area:</b>	QCCL	<b>Alabama Pathways CKA:</b>	MA		
	<b>CDA Content area:</b>	5	<b>Target Age Group:</b>	All		
<b>Tuesday, Thursday January 17th &amp; 19th 8:30am-3:00pm</b>  Deadline to Register: January 10th	<b>Family Child Care Home Basics</b> Are you interested in being a family child care home provider? Caring for children in your home is a lot different from working at a child care center. In this training you will hear from different speakers on the "ins and outs" of family child care and what steps to take in preparation for becoming a licensed family child care home provider. THIS TRAINING IS ONLY FOR INDIVIDUALS INTERESTED IN OPENING A FAMILY CHILD CARE HOME. Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Basic	<b>CEUs/Hours</b>	1 CEU / 10 hours
	<b>DHR Training Area:</b>	3hrs: HSUP; 4hrs: QCCL; 3hrs: CCPF		<b>Alabama Pathways CKA:</b>	10 MA	
	<b>CDA Content area:</b>	5hrs: 1; 5hrs: 5	<b>Target Age Group:</b>	All		

<b>Wednesday January 18th 9:00am-11:30am</b>  Deadline to Register: January 11th	<b>Health and Humor - Where has all the Workplace Laughter Gone?</b> Finding out chicken pox is running through your preschool or lice is making its rounds is no laughing matter, but laughter, like exercise, can reduce stress, improve tolerance to pain and alter bodily functions such as blood pressure, heart rate and muscle activity. The workplace becomes an environment where specific strategies can be used to decrease stress and increase feelings of "team." Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	HSUP	<b>Alabama Pathways CKA:</b>	LEE		
	<b>CDA Content area:</b>	5	<b>Target Age Group:</b>	All		

<b>Monday January 23rd 9:00am-11:30am</b>  Deadline to Register: January 13th	<b>Creating Order Out of Chaos: Discipline in the Preschool Classroom</b> Come learn how to manage your preschool classroom effectively in a calm and safe environment. You will learn how to develop a solid discipline plan and implement simple rules and consequences into your classroom everyday. Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	PGD	<b>Alabama Pathways CKA:</b>	LEE		
	<b>CDA Content area:</b>	3	<b>Target Age Group:</b>	Preschool		

<b>Tuesday, Thursday January 24th and 26th 9:00am-3:30pm</b>  Deadline to Register: January 17th	<b>All About Me: School Age Child Development</b> Come join us to discover to explore options for improving care for the school age child. Topics will include classroom design, safety issues, bullying prevention, activities and homework guidance. Funded by UWCA.					
	<b>Fee:</b>	\$25	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	1 CEU / 10 hours
	<b>DHR Training Area:</b>	2hr: CD; 2hr: QCCL; 2hr: PGD; 2hr: HSUP; 2hr: LD	<b>Alabama Pathways CKA:</b>	3hr: CGD; 3hr: LEE; 1hr: ICFC; 1hr: PPD; 1hr: HSN; 1hr: COA		
	<b>CDA Content area:</b>	2hr: 1; 2hr: 2; 2hr: 3; 1hr: 4; 1hr: 5; 1hr: 7; 1hr: 8	<b>Target Age Group:</b>	School-age		

<b>Wednesday January 25th 9:00am-3:00pm</b>  Deadline to Register: January 18th	<b>Welcome To Child Care I</b> This class covers topics required in the DHR Minimum Standards for new providers. We will discuss child development, quality child care and licensing, and positive guidance and discipline. Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Basic	<b>CEUs/Hours</b>	.50 CEU / 5 hours
	<b>DHR Training Area:</b>	2hrs: CD; 2hrs: QCCL; 2hrs: PGD	<b>Alabama Pathways CKA:</b>	2hrs: CGD; 1hr: LEE; 1hr: ICFC; 2hrs: PPD		
	<b>CDA Content area:</b>	2hrs: 3; 1hr: 4; 1hr: 6; 2hrs: 8	<b>Target Age Group:</b>	All		

<b>Tuesday January 31st 9:00am-11:00am</b>  Deadline to Register: January 24th	<b>Alabama Early Learning Guidelines - Session 6: Language and Literacy</b> See AELG Guidelines on page 15 for description. <i>You will need to bring your copy of the AELG standards.</i> <u>In order to attend this session, you must attend the orientation session first.</u> Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Basic	<b>CEUs/Hours</b>	.20 CEU / 2 hours
	<b>DHR Training Area:</b>	LD	<b>Alabama Pathways CKA:</b>	CGD		
	<b>CDA Content area:</b>	8	<b>Target Age Group:</b>	ALL		

<b>Tuesday January 31st 2:00pm-4:30pm</b>  Deadline to Register: January 24th	<b>Professional Behaviors Every Preschool Teacher Should Know</b> Why worry about professional behavior? Professionalism brings about respect, trust and credibility. Come to this training and learn how your students, co-workers and parents will all benefit from your ability to carry yourself in a professional manner. Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	CCPF	<b>Alabama Pathways CKA:</b>	ICFC		
	<b>CDA Content area:</b>	6	<b>Target Age Group:</b>	All		

## February

<b>Thursday February 2nd 9:00am-11:30am</b>  Deadline to Register: January 26th	<b>Healthy Habits Start Now: Your Role in Preventing Child Abuse and Neglect</b> What do child abuse awareness, shaken baby prevention, safe sleeping environments and smoking have in common? The answer: health and safety of children, parents, the classroom and more. Come interact with the Shaken Baby doll, identify signs of child abuse and neglect and learn more about activities you can do to enhance the health and safety of children. Funded by UWCA.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	HSUP	<b>Alabama Pathways CKA:</b>	HSN		
	<b>CDA Content area:</b>	1	<b>Target Age Group:</b>	All		

<b>Tuesday February 7th 5:30pm-8:00pm</b>  Deadline to Register: January 31st	<b>Balance My Day with Nutrition and Physical Activity</b> This session will focus on ways to promote good nutrition and physical activity. It will generate discussion on the appropriate portions for children to eat and the desired amount of physical activity. Funded by UWCA.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	HSUP	<b>Alabama Pathways CKA:</b>	HSN		
	<b>CDA Content area:</b>	2	<b>Target Age Group:</b>	Toddler & Preschool		

<b>Wednesday February 8th 9:00am-11:30am</b>  Deadline to Register: February 1st	<b>Creating Effective Lesson Plans for Infant and Toddlers</b> Infants and Toddlers need structure and are often overlooked when it comes to "lesson plans." Meeting children's needs are essential to providing responsive care and education. Lesson plans are the what, why, when and how teachers do this! Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	CD	<b>Alabama Pathways CKA:</b>	CGD		
	<b>CDA Content area:</b>	8	<b>Target Age Group:</b>	Infants & Toddlers		

<b>Wednesday February 8th 2:00pm-4:00pm</b>  Deadline to Register: February 1st	<b>Alabama Early Learning Guidelines - Session 7: Physical Development</b> See AELG Guidelines on page 15 for description. <i>You will need to bring your copy of the AELG standards. In order to attend this session, you must attend the orientation session first.</i> Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Basic	<b>CEUs/Hours</b>	.20 CEU / 2 hours
	<b>DHR Training Area:</b>	CD	<b>Alabama Pathways CKA:</b>	CGD		
	<b>CDA Content area:</b>	2	<b>Target Age Group:</b>	All		

<b>Thursday February 9th 2:00pm-4:30pm</b>  Deadline to Register: February 2nd	<b>Health and Safety in the Preschool Classroom</b> This training will cover ways to control or prevent the spread of germs in the child care setting. The training is also great as a reminder of how to be safe indoors and outdoors, how to plan for an emergency and how to keep food safe. Join us as we cover these important topics. Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	HSUP	<b>Alabama Pathways CKA:</b>	HSN		
	<b>CDA Content area:</b>	1	<b>Target Age Group:</b>	Preschool		

<b>Friday February 10th 12:00pm-1:30pm</b>  Deadline to Register: February 3rd	<b>First Steps: Brown Bag Lunch</b> Do you have a dream to open a child care center or family child care home? Your questions may include hours, time, cost, location and resources. Come join us for a mini-session on how to get started and we will answer many of the common questions you have about opening a child care program. Please feel free to bring a lunch. Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	.15 CEU / 1.5 hours
	<b>DHR Training Area:</b>	QCCL	<b>Alabama Pathways CKA:</b>	MA		
	<b>CDA Content area:</b>	5	<b>Target Age Group:</b>	All		

<b>Monday February 13th 2:00pm-4:30pm</b>  Deadline to Register: February 6th	<b>Let's Take Learning Outside!</b> Everyone needs a change of scenery in order to stay interested in learning. Every season in the outside offers wonderful opportunities for children to learn the basics and more, but in a new environment. Come learn how to open a whole new world. ONLY FOR ADVENTUROUS TEACHERS!!! Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	.15 CEU / 1.5 hours
	<b>DHR Training Area:</b>	CD	<b>Alabama Pathways CKA:</b>	LEE		
	<b>CDA Content area:</b>	2	<b>Target Age Group:</b>	Preschool		

<b>Tuesday, Thursday February 14th &amp; 16th 9:00am-3:30pm</b>  Deadline to Register: February 7th	<b>All About Me - Infant Development Course</b> If you are interested in knowing how to provide quality care for infants, then this course is for you. Topics that will be discussed includes ages and stages of development, developmental goals, classroom design, child abuse and neglect, safety practices, safe sleeping environments, parent-teacher communication and much more. Funded by UWCA.					
	<b>Fee:</b>	\$25	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	1 CEU / 10 hours
	<b>DHR Training Area:</b>	3hrs: CD, 3hrs: HSUP; 2hrs: QCCL; 1hr: LD; 1hr: PGD	<b>Alabama Pathways CKA:</b>	3hr: CGD; 2hr: HSN; 1hr: LEE; 1hr: DIV; 1hr: COA; 1hr: ICFC; 1hr: PPD		
	<b>CDA Content area:</b>	2hrs: 1; 1hr: 2; 1hr: 3; 1hr: 4; 1hr: 6; 1hr: 7; 3hrs: 8	<b>Target Age Group:</b>	Infant		

<b>Wednesday February 15th 5:30pm-8:00pm</b>  Deadline to Register: February 8th	<b>CDA: Resource File Box</b> Are you pursuing a Child Development Associate credential? This training is designed for learners who specifically need assistance understanding and putting together their CDA Resource File Box. The training will address the requirements for the box and learners will spend time organizing their materials. Funded by UWCA.					
	<b>Fee:</b>	\$10	<b>Level:</b>	Basic	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	CCPF	<b>Alabama Pathways CKA:</b>	PPD		
	<b>CDA Content area:</b>	6	<b>Target Age Group:</b>	All		

<p align="center"><b>Friday February 17th 9:00am-11:00am</b></p> <p>Deadline to Register: February 10</p>	<p><b>Health 101</b></p> <p>Put those infections behind bars. Get those childhood rashes off the street. Susan Washington from Healthy Child Care Alabama will share safety, diapering and proper hand washing tips. Funded by DHR.</p>
	<p><b>Fee:</b> FREE      <b>Level:</b> Intermediate      <b>CEUs/Hours</b> .25 CEU / 2.5 hours</p>
	<p><b>DHR Training Area:</b> HSUP      <b>Alabama Pathways CKA:</b> HSN</p> <p><b>CDA Content area:</b> 1      <b>Target Age Group:</b> All</p>
<p align="center"><b>Thursday February 23rd 2:00pm-4:30pm</b></p> <p>Deadline to Register: February 16th</p>	<p><b>Weird Science</b></p> <p>Build on the natural curiosity and sense of wonder a child has about the world around him. Through various activities and observations, you will be able to prepare lessons that show children just how WEIRD and WONDERFUL science can be! Funded by DHR.</p>
	<p><b>Fee:</b> FREE      <b>Level:</b> Intermediate      <b>CEUs/Hours</b> .25 CEU / 2.5 hours</p>
	<p><b>DHR Training Area:</b> CD      <b>Alabama Pathways CKA:</b> LEE</p> <p><b>CDA Content area:</b> 2      <b>Target Age Group:</b> All</p>
<p align="center"><b>Friday February 24th 9:00am-11:30am</b></p> <p>Deadline to Register: February 17th</p>	<p><b>Make and Take: Exploring Science</b></p> <p>Children are full are curiosity and science is one way to explore that curiosity. Come join us as we make and create activities that are developmentally appropriate for a theme box. You will leave with many fun and interactive activities to use in the classroom. <b>Limited to 25 participants.</b> Funded by DHR.</p>
	<p><b>Fee:</b> FREE      <b>Level:</b> Intermediate      <b>CEUs/Hours</b> .25 CEU / 2.5 hours</p>
	<p><b>DHR Training Area:</b> CD      <b>Alabama Pathways CKA:</b> LEE</p> <p><b>CDA Content area:</b> 2      <b>Target Age Group:</b> All</p>
<p align="center"><b>Monday February 27th 2:00pm-4:30pm</b></p> <p>Deadline to Register: February 20th</p>	<p><b>Munch and Move for a Healthy Child</b></p> <p>This session will assist child care providers in promoting strategies that will encourage healthy eating, active play and fundamental movement skills. It will increase the skills and confidence of staff, as well as influence your current policies and practices. Funded by UWCA.</p>
	<p><b>Fee:</b> FREE      <b>Level:</b> Intermediate      <b>CEUs/Hours</b> .25 CEU / 2.5 hours</p>
	<p><b>DHR Training Area:</b> HSUP      <b>Alabama Pathways CKA:</b> HSN</p> <p><b>CDA Content area:</b> 1      <b>Target Age Group:</b> Toddler &amp; Preschool</p>
<p align="center"><b>Tuesday February 28th 9:00am-11:00am</b></p> <p>Deadline to Register: February 21st</p>	<p><b>Alabama Early Learning Guidelines - Session 8: Cognitive Development</b></p> <p>See AELG Guidelines on page 15 for description. <i>You will need to bring your copy of the AELG standards. <u>In order to attend this session, you must attend the orientation session first.</u></i> Funded by DHR.</p>
	<p><b>Fee:</b> FREE      <b>Level:</b> Basic      <b>CEUs/Hours</b> .20 CEU / 2 hours</p>
	<p><b>DHR Training Area:</b> CD      <b>Alabama Pathways CKA:</b> CGD</p> <p><b>CDA Content area:</b> 2      <b>Target Age Group:</b> All</p>
<p align="center"><b>Wednesday February 29th 5:30pm-8:00pm</b></p> <p>Deadline to Register: February 22nd</p>	<p><b>Creating a Gossip Free Work Zone</b></p> <p>Come and learn how to discuss conflicts and respectfully negotiate solutions while choosing a positive attitude over negativity and gossip. Funded by DHR.</p>
	<p><b>Fee:</b> FREE      <b>Level:</b> Basic      <b>CEUs/Hours</b> .25 CEU / 2.5 hours</p>
	<p><b>DHR Training Area:</b> CCPF      <b>Alabama Pathways CKA:</b> PPD</p> <p><b>CDA Content area:</b> 6      <b>Target Age Group:</b> All</p>

<b>Wednesday February 29th 9:00am-3:00pm</b>	<b>Directors Retreat: <i>LOVING YOURSELF and LOVING OTHERS: Using Self Reflection to Improve Director Practices</i></b>			
	Relationships are the “heart” of everything we do. Join us for this enlightening and encouraging time of fellowship, fun and food as we learn the importance of how our past affects our present, future and the way we direct not only our child care centers but our own lives. This will be hosted at Childcare Resources’ Conference Room. Funded by UWCA.			
	<b>Fee:</b> \$35	<b>Level:</b> Intermediate	<b>CEUs/Hours</b>	.50 CEU / 5 hours
Deadline to Register: February 22nd	<b>DHR Training Area:</b> CCPF	<b>Alabama Pathways CKA:</b>	PPD	
	<b>CDA Content area:</b> 6	<b>Target Age Group:</b>	ALL	

# March

<b>Thursday March 1st 8:30am-3:00pm</b>	<b>Welcome To Child Care II</b>			
	This class covers topics required in the DHR Minimum Standards for new providers. We will discuss child development; quality child care and licensing; and positive guidance and discipline. Funded by DHR.			
	<b>Fee:</b> FREE	<b>Level:</b> Basic	<b>CEUs/Hours</b>	.60 CEU / 6 hours
Deadline to Register: February 23rd	<b>DHR Training Area:</b> 2hrs: CD; 2hrs: QCCL; 2hrs: PGD	<b>Alabama Pathways CKA:</b>	2hrs: CGD; 1hr: LEE; 1hr: ICFC; 2hrs: PPD	
	<b>CDA Content area:</b> 2hr: 1; 2hr: 4, 2hr: 6	<b>Target Age Group:</b>	All	

<b>Monday March 5th 9:00am-11:30am</b>	<b>Autism in the Early Childhood Classroom</b>			
	Come join us to welcome a specialist who will help us understand how to support children with autism in the early childhood classroom. You will learn what it is, how to recognize it and work with families to provide easy solutions to help all children in a typical early childhood classroom. Funded by DHR.			
	<b>Fee:</b> FREE	<b>Level:</b> Intermediate	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
Deadline to Register: February 27th	<b>DHR Training Area:</b> HSUP	<b>Alabama Pathways CKA:</b>	HSN	
	<b>CDA Content area:</b> 1	<b>Target Age Group:</b>	Toddler & Preschool	

<b>Monday March 5th 5:30pm-8:00pm</b>	<b>The Basics of Individual Child Assessment</b>			
	Come and explore the why, what and how of conducting individual child assessments. This class will help you develop observation skills and practice completing individual child assessments. Funded by DHR.			
	<b>Fee:</b> FREE	<b>Level:</b> Intermediate	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
Deadline to Register: February 27th	<b>DHR Training Area:</b> CD	<b>Alabama Pathways CKA:</b>	COA	
	<b>CDA Content area:</b> 7	<b>Target Age Group:</b>	All	

<b>Tuesday March 6th 2:00pm-4:30pm</b>	<b>It is OK to be Different: Diversity in the Preschool World</b>			
	We live in a diverse and multicultural world. It is our responsibility as caregivers to help children and families value diversity and enhance positive self-esteem. Come and discuss how to address children’s questions about differences with accurate developmentally appropriate information. Funded by DHR.			
	<b>Fee:</b> FREE	<b>Level:</b> Advanced	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
Deadline to Register: February 28th	<b>DHR Training Area:</b> CCPF	<b>Alabama Pathways CKA:</b>	DIV	
	<b>CDA Content area:</b> 6	<b>Target Age Group:</b>	Preschool	

<p><b>Thursday March 8th 5:30pm-8:00pm</b></p> <p>Deadline to Register: March 1st</p>	<p><b>Directors Series: How to Help Parents During Stressful Times</b></p> <p>Life is not easy and everyone goes through struggles that affect everyone around them – especially children. We need to understand the importance of good relations with parents to create a wonderful loving environment for the children to learn and grow. Learn how to “be there” for the parents in your program and be empowered with outside resources that help them cope during hard times. Funded by DHR.</p> <p><b>Fee:</b> FREE      <b>Level:</b> Basic      <b>CEUs/Hours</b> .25 CEU / 2.5 hours</p> <p><b>DHR Training Area:</b> CCPF      <b>Alabama Pathways CKA:</b> ICFC</p> <p><b>CDA Content area:</b> 4      <b>Target Age Group:</b> All</p>
<p><b>Friday March 9th 12:00pm-1:30pm</b></p> <p>Deadline to Register: March 2nd</p>	<p><b>First Steps: Brown Bag Lunch</b></p> <p>Do you have a dream to open a child care center or family child care home? Your questions may include hours, time, cost, location and resources. Come join us for a mini-session on how to get started and we will answer many of the common questions you have about opening a child care program. Please feel free to bring a lunch. Funded by DHR.</p> <p><b>Fee:</b> FREE      <b>Level:</b> Intermediate      <b>CEUs/Hours</b> .15 CEU / 1.5 hours</p> <p><b>DHR Training Area:</b> QCCL      <b>Alabama Pathways CKA:</b> MA</p> <p><b>CDA Content area:</b> 5      <b>Target Age Group:</b> All</p>
<p><b>Monday March 12th 1:00pm– 3:30pm</b></p> <p>Deadline to Register: March 5th</p>	<p><b>First Aid</b></p> <p>Are you in need of becoming certified in First Aid? This class meets the First Aid requirements set by DHR. The class is instructed by Susan Washington from Healthy Child Care Alabama. Due to high demand this class enrolls on a first come first serve basis and is <b>limited to 12 participants</b>. Please call Margie Walker to register (205) 252-1991 ext. 300. Funded by DHR.</p> <p><b>Fee:</b> FREE      <b>Level:</b> Basic      <b>CEUs/Hours</b> .25 CEU / 2.5 hours</p> <p><b>DHR Training Area:</b> CCPF      <b>Alabama Pathways CKA:</b> PPD</p> <p><b>CDA Content area:</b> 6      <b>Target Age Group:</b> All</p>
<p><b>Tuesday, Thursday March 13th &amp; 15th 9:00am-3:30pm</b></p> <p>Deadline to Register: March 6th</p>	<p><b>All About Me: Toddler Development Class</b></p> <p>The early years are very important in growth and development. Toddlers are generally agreed to be children between 12 and 30 months old. They are natural leaders — the first step to guiding toddlers is to understand who they are and what they can do. Funded by UWCA.</p> <p><b>Fee:</b> \$25      <b>Level:</b> Intermediate      <b>CEUs/Hours</b> 1 CEU / 10 hours</p> <p><b>DHR Training Area:</b> 2hr: CD; 2hr: HSUP; 2hr: LD; 2hr: PGD; 1hr: QCCL; 1hr: CCPF      <b>Alabama Pathways CKA:</b> 3hr: CGD; 3hr: LEE; 1hr: CSN; 1hr: CFC; 1hr: COA; 1hr: DIV</p> <p><b>CDA Content area:</b> 2hr: 2; 2hr: 2; 2hr: 3; 1hr: 4; 1hr: 5; 1hr: 7; 1hr: 8      <b>Target Age Group:</b> Toddler</p>
<p><b>Tuesday, Thursday Monday, Wednesday March 20th, 22nd 26th &amp; 28th 8:30am-3:00pm</b></p> <p>Deadline to Register: March 13th</p>	<p><b>Basic Administration</b></p> <p>Come learn the basics of operating a child care center. Topics will include hiring staff, wage and hour, staff management, stress management and more. This course fulfills the DHR licensing requirement of administrative training for directors. You may choose from two options: 1) four day course with five hour practicum with a child care mentor or 2) four day course only. <b>You must attend all four days of training.</b> Funded by UWCA and DHR.</p> <p><b>Fee:</b> \$55      <b>Level:</b> Basic      <b>CEUs/Hours</b> 2.5 CEUs / 25hrs or 2CEUs / 20 hours</p> <p><b>DHR Training Area:</b> 5hrs: QCCL; 20hrs: AM or 20hrs: AM      <b>Alabama Pathways CKA:</b> 5hrs: PPD, 20hrs: MA; or 20hrs: MA</p> <p><b>CDA Content area:</b> 5hrs: 1; 3hrs: 4; 14hrs: 5; 3hrs: 6; or 4hrs: 1; 1hr: 4; 14hrs: 5; 1hr: 6      <b>Target Age Group:</b> ALL</p>

<b>Friday March 23rd 9:00am-11:30pm</b>  Deadline to Register: March 16th	<b>Fostering Science and Math with APTV!</b> In this session you will learn about early math and science skills through some of PBS Kid's most popular children's programs. We will explore ways to use the programs as a learning tool, in addition to using children's books and hands-on activities. Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Basic	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	QCCL	<b>Alabama Pathways CKA:</b>	CGD		
	<b>CDA Content area:</b>	8	<b>Target Age Group:</b>	All		

<b>Friday March 23rd 1:30pm-4:00pm</b>  Deadline to Register: March 16th	<b>A T.A.S.T.E of Health</b> Come learn creative ways to incorporate healthy foods into your lesson plans and teach healthy habits for children early in your classroom. Funded By UWCA.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Basic	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	HSUP	<b>Alabama Pathways CKA:</b>	HSN		
	<b>CDA Content area:</b>	1	<b>Target Age Group:</b>	Toddler & Preschool		

<b>Saturday March 24th 9:00am-11:30am</b>  Deadline to Register: March 16th	<b>Transitions and Other Troublesome Times</b> Transitions can be a dreaded time during the learning day, however, there are effective strategies for keeping control of the group and making this a learning time as well. Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	CD	<b>Alabama Pathways CKA:</b>	LEE		
	<b>CDA Content area:</b>	1	<b>Target Age Group:</b>	Toddler & Preschool		

<b>Thursday March 29th 9:00am-11:00am</b>  Deadline to Register: March 22nd	<b>Alabama Early Learning Guidelines - Session 9: Putting It All Together for Alabama's Children</b> See AELG Guidelines on page 15 for description. <i>You will need to bring your copy of the AELG standards. In order to attend this session, you must attend the orientation session first.</i> Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Basic	<b>CEUs/Hours</b>	.20 CEU / 2.0 hours
	<b>DHR Training Area:</b>	CD	<b>Alabama Pathways CKA:</b>	LEE		
	<b>CDA Content area:</b>	8	<b>Target Age Group:</b>	ALL		

<b>Thursday March 29th 5:30pm-8:00pm</b>  Deadline to Register: March 22nd	<b>Positive Guidance: What? Why? How?</b> Learn strategies to better understand WHAT happens when children misbehave, WHY the behavior is happening and HOW to work with the children to promote positive behavior. Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Basic	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	PGD	<b>Alabama Pathways CKA:</b>	LEE		
	<b>CDA Content area:</b>	3	<b>Target Age Group:</b>	Preschool & School-age		

<b>Friday March 30th 9:00am-11:30am</b>  Deadline to Register: March 23rd	<b>Effective Classroom Management Strategies for Infants and Toddlers</b> There have been significant changes in the child care industry over the past 30 years. As a result, teachers now have an increasing need for motivating and managing children. This session will help you develop a positive learning environment and improve classroom management skills. Funded by DHR.					
	<b>Fee:</b>	FREE	<b>Level:</b>	Intermediate	<b>CEUs/Hours</b>	.25 CEU / 2.5 hours
	<b>DHR Training Area:</b>	PGD	<b>Alabama Pathways CKA:</b>	LEE		
	<b>CDA Content area:</b>	1	<b>Target Age Group:</b>	Infant & Toddler		

## Childcare Resources Training Registration Form (No Payment Required)

The following is a list of the free trainings offered by Childcare Resources from January through March 2012.

One registration form per person. Duplications may be made.

Please mark which trainings you would like to attend and mail this form to:

Childcare Resources 1904 First Avenue North Birmingham, AL 35203

Phone: (205) 252-1991 Fax: (205) 251-2076

Name (Please Print):	Employer:
Home Address:	Business Address:
Race: African-American <input type="checkbox"/> Caucasian <input type="checkbox"/> Hispanic <input type="checkbox"/> Other <input type="checkbox"/>	Center <input type="checkbox"/> Family Child Care Home <input type="checkbox"/> Other <input type="checkbox"/>
Gender: Female <input type="checkbox"/> Male <input type="checkbox"/>	City/County: <input type="checkbox"/> Birmingham <input type="checkbox"/> Jefferson <input type="checkbox"/> Shelby <input type="checkbox"/> Walker <input type="checkbox"/> Blount
City/State/Zip:	City/State/Zip:
Home # ( ) Cell #: ( )	Center Phone ( ) Center Fax: ( )
Email Address:	Center Email Address:
Is This A New Address? Yes No	Is This A New Address? Yes No

### January 2012

Whole Child Distance Learning Class	January 5	6:00 to 7:00
Teaching Our Children to Respect Diversity	January 7	9:00 to 11:30
Do you have a Quality Center? How to take the guessing game out of quality care	January 10	9:00 to 11:30
What's in Your Lunchbox? Healthy Ideas for Healthy Kids	January 11	2:00 to 4:30
Director's Series: 9 Things a Leader Should Do	January 12	9:00 to 11:30
Challenging Behaviors in Infants and Toddlers: How to Guide our Youngest Children	January 12	5:30 to 8:00
First Steps: Brown Bag Lunch	January 13	12:00 to 1:30
Family Child Care Home Basics	January 17 and 19	8:30 to 3:00
Health and Humor: Where has all the Laughter Gone?	January 18	9:00 to 11:30
Creating Order Out of Chaos: Discipline in the Preschool Classroom	January 23	9:00 to 11:30
Welcome to Child Care I	January 25	9:00 to 3:00
Professional Behaviors Every Preschool Teacher Should Know	January 31	2:00 to 4:30

### February 2012

Healthy Habits Start Now: Your Role in Preventing Child Abuse and Neglect	February 2	9:00 to 11:30
Balance My Day with Nutrition and Physical Activity	February 7	5:30 to 8:00
Creating Effective Lesson Plans for Infant and Toddlers	February 8	9:00 to 11:30
Health and Safety in the Preschool Classroom	February 9	2:00 to 4:30
First Steps: Brown Bag Lunch	February 10	12:00 to 1:30
Let's Take Learning Outside	February 13	2:00 to 4:30
Health 101	February 17	9:00 to 11:00
Weird Science	February 23	2:00 to 4:30
Make and Take: Exploring Science	February 24	9:00 to 11:30
Munch and Move for a Healthy Child	February 27	2:00 to 4:30
Creating a Gossip Free Work Zone	February 29	5:30 to 8:00

### March 2012

Welcome to Child Care II	March 1	8:30 to 3:00
Autism in the Early Childhood Classroom	March 5	9:00 to 11:30
The Basics of Individual Child Assessment	March 5	5:30 to 8:00
It is Ok to be Different: Diversity in the Preschool World	March 6	2:00 to 4:30
Directors Series: How to Help Parents During Stressful Times	March 8	5:30 to 8:00
First Steps: Brown Bag Lunch	March 9	12:00 to 1:30
Fostering Science and Math with APTV	March 23	9:00 to 11:30
A T.A.S.T.E. of Health	March 23	1:30 to 4:00
Transitions and Other Troublesome Times	March 24	9:00 to 11:30
Positive Guidance: What? Why? How?	March 29	5:30 to 8:00
Effective Classroom Management Strategies for Infants and Toddlers	March 30	9:00 to 11:30

## Childcare Resources AELG Training Registration Form (No Payment Required)

The following is a list of the free Alabama Early Learning Guidelines trainings offered by Childcare Resources from January through March 2012. One registration form per person. Duplications may be made. Please mark which trainings you would like to attend and mail this form to:  
Childcare Resources 1904 First Avenue North, Birmingham, AL 35203

Name (Please Print):	Employer:
Home Address:	Business Address:
Race: African-American <input type="checkbox"/> Caucasian <input type="checkbox"/> Hispanic <input type="checkbox"/> Other <input type="checkbox"/>	Center <input type="checkbox"/> Family Child Care Home <input type="checkbox"/> Other <input type="checkbox"/>
Gender: Female <input type="checkbox"/> Male <input type="checkbox"/>	City/County: <input type="checkbox"/> Birmingham <input type="checkbox"/> Jefferson <input type="checkbox"/> Shelby <input type="checkbox"/> Walker <input type="checkbox"/> Blount
City/State/Zip:	City/State/Zip:
Home # ( ) Cell #: ( )	Center Phone ( ) Center Fax: ( )
Email Address:	Center Email Address:
Is This A New Address? Yes No	Is This A New Address? Yes No

**In order to attend the Alabama Early Learning Guidelines session, you must attend the orientation.**

<b>January 2012</b>			
Session 5: Social Development	January 11		9:00 to 11:00
Session 6: Language and Literacy	January 31		9:00 to 11:00
<b>February 2012</b>			
Session 7: Physical Development	February 8		2:00 to 4:00
Session 8: Cognitive Development	February 28		9:00 to 11:00
<b>March 2012</b>			
Session 9: Putting It All Together for Alabama's Children	March 29		9:00 to 11:00

### ALABAMA EARLY LEARNING GUIDELINES



## Childcare Resources Training Registration Form (Payment Required)

The following is a list of the trainings offered by Childcare Resources from January through March 2012.  
 The trainings listed below do have a fee requirement. The fee for each training is listed.  
 One registration form per person. Duplications may be made.  
 Select trainings and mail form with payment or vouchers to:  
 Childcare Resources 1904 First Avenue North, Birmingham, AL 35203

Name (Please Print):	Employer:
Home Address:	Business Address:
Race: African-American <input type="checkbox"/> Caucasian <input type="checkbox"/> Hispanic <input type="checkbox"/> Other <input type="checkbox"/>	Center <input type="checkbox"/> Family Child Care Home <input type="checkbox"/> Other <input type="checkbox"/>
Gender: Female <input type="checkbox"/> Male <input type="checkbox"/>	City/County: <input type="checkbox"/> Birmingham <input type="checkbox"/> Jefferson <input type="checkbox"/> Shelby <input type="checkbox"/> Walker <input type="checkbox"/> Blount
City/State/Zip:	City/State/Zip:
Home # ( ) Cell # : ( )	Center Phone ( ) Center Fax: ( )
Email Address:	Center Email Address:
Is This A New Address? Yes No	Is This A New Address? Yes No

<input type="checkbox"/> Visa <input type="checkbox"/> MasterCard Expiration Date:	Credit Card Number:
3 digit security code (found on back of card):	Authorization Signature:

### January 2012

	\$25	All About Me - School Age Development	January 24 and 26	9:00 to 3:30
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### February 2012

	\$25	All About Me - Infant Development Course	February 14 and 16	9:00 to 3:30
	\$10	CDA: Resource File Box	February 15	5:30 to 8:00
	\$35	Director's Retreat: Loving Yourself and Loving Others	February 29	9:00 to 3:00

### March 2012

	\$25	All About Me - Toddler Development Course	March 13 and 15	9:00 to 3:30
	\$55	Basic Administration Course (Option 1) four day course with five hour practicum	March 20, 22, 26 and 28	8:30 to 3:00
	\$55	Basic Administration Course (Option 2) four day course only	March 20, 22, 26 and 28	8:30 to 3:00

**Total Amount Due**

Payment for training must be made in full at the time of registration. If a check is rejected by your bank, a \$35 returned check fee will be applied to your total payment. No partial payment will be accepted. If payment is not received, you are NOT registered for the class. If you are unable to attend the training, you must cancel one full business day prior and a training voucher will be mailed to you.  
**NO CASH REFUNDS WILL BE GIVEN!**

**Childcare Resources HEALTH AND SAFETY Training Registration Form (Payment Required)**

The following is a list of the Health and Safety trainings offered by Childcare Resources from January through March 2012. One registration form per person. Duplications may be made. Select the training date you would like to register for and mail form with payment to:

Childcare Resources  
1904 First Avenue North  
Birmingham, AL 35203

Name (Please Print):	Employer:
Home Address:	Business Address:
Race: African-American <input type="checkbox"/> Caucasian <input type="checkbox"/> Hispanic <input type="checkbox"/> Other <input type="checkbox"/>	Center <input type="checkbox"/> Family Child Care Home <input type="checkbox"/> Other <input type="checkbox"/>
Gender: Female <input type="checkbox"/> Male <input type="checkbox"/>	City/County: <input type="checkbox"/> Birmingham <input type="checkbox"/> Jefferson <input type="checkbox"/> Shelby <input type="checkbox"/> Walker <input type="checkbox"/> Blount
City/State/Zip:	City/State/Zip:
Home # ( ) Cell #: ( )	Center Phone ( ) Center Fax: ( )
Email Address:	Center Email Address:
Is This A New Address? Yes No	Is This A New Address? Yes No

<input type="checkbox"/> Visa <input type="checkbox"/> MasterCard Expiration Date:	Credit Card Number:
3 digit security code (found on back of card):	Authorization Signature:

**January 2012**

\$15	Health and Safety	Friday, January 6	9:00 to 11:30
\$15	Health and Safety	Monday, January 9	9:00 to 11:30
\$15	Health and Safety	Wednesday, January 18	5:30 to 8:00
\$15	Health and Safety	Friday, January 20	2:30 to 5:00
\$15	Health and Safety	Monday, January 23	5:30 to 8:00

**February 2012**

\$15	Health and Safety	Monday, February 6	9:00 to 11:30
\$15	Health and Safety	Wednesday, February 15	9:00 to 11:30
\$15	Health and Safety	Tuesday, February 21	9:00 to 11:30
\$15	Health and Safety	Tuesday, February 21	5:30 to 8:00
\$15	Health and Safety	Wednesday, February 22	9:00 to 11:30

**March 2012**

\$15	Health and Safety	Friday, March 2	9:00 to 11:30
\$15	Health and Safety	Monday, March 12	9:00 to 11:30
\$15	Health and Safety	Wednesday, March 14	2:00 to 4:30
\$15	Health and Safety	Wednesday, March 21	2:00 to 4:30
\$15	Health and Safety	Saturday, March 31	9:00 to 11:30

**Total Amount Due**

Payment for training must be made in full at the time of registration. If a check is rejected by your bank, a \$35 returned check fee will be applied to your total payment. No partial payment will be accepted. If payment is not received, you are NOT registered for the class. If you are unable to attend the training, you must cancel one full business day prior and a training voucher will be mailed to you.

**NO CASH REFUNDS WILL BE GIVEN!**

# NEW REGULATIONS FOR JEFFERSON COUNTY CHILD CARE CENTERS

The Jefferson County Department of Health has adopted regulations for ALL child care centers operating more than 4 hours a day in Jefferson County. On January 2, 2012 these regulations will take effect. You can print a copy of the regulations at <http://www.jcdh.org/>. Each center is given one year from the date of adoption to comply. Childcare Resources will be providing the mandatory Health and Safety training as listed below.

## Health and Safety Training at Childcare Resources \$15/person Level: ALL .25 CEU / 2.5 hours

### January

Friday, January 6th	9:00am - 11:30am
Monday, January 9th	9:00am - 11:30am
Wednesday, January 18th	5:30pm - 8:00pm
Friday, January 20th	2:30pm - 5:00pm
Monday, January 23rd	5:30pm - 8:00pm

### February

Monday, February 6th	9:00am - 11:30am
Wednesday, February 15th	9:00am - 11:30am
Tuesday, February 21st	9:00am - 11:30am
Tuesday, February 21st	5:30pm - 8:00pm
Wednesday, February 22nd	9:00am - 11:30am

### March

Friday, March 2nd	9:00am - 11:30am
Monday, March 12th	9:00am - 11:30am
Wednesday, March 14th	2:00pm - 4:30pm
Wednesday, March 21st	2:00pm - 4:30pm
Saturday, March 31st	9:00am - 11:30am

## Alabama Early Learning Guidelines

The Alabama Early Learning Guidelines (AELG) are a guide to the building blocks necessary to prepare each child for future in school and life and they are intended to be inclusive for all children. AELG is a result of a collaboration between the Alabama Department of Human Resources (DHR) and various stakeholders across the state. The AELG consist of nine modules:

- 1. Orientation:** This session will involve learners in activities to become familiar with the AELG course and basic child development concepts. It will explain the origin and the purpose of AELG, list the sessions included and help learners develop a basic understanding of concepts and terminology related to child development.
- 2. Observation:** This session will involve learners in activities to understand the critical importance of child observations. It will identify the purpose of intentional child observations, children's learning styles and will demonstrate techniques of observing and reflecting on children, and how to complete a developmental checklist.
- 3. The Role of Parent and Caregiver:** This session will involve learners in activities to help facilitate positive relationships between parents and caregivers. The session will help learners become familiar with ways to help start, build and maintain positive relationships when children are in out-of-home care and learn how to set a positive tone for a partnership between parents and caregivers.
- 4. Self-concept and Emotional Development:** This session will engage learners in activities that can be used to help children develop a positive picture of self, understand and express their emotions. Learners will also use AELG to help children build self-esteem, identify and name their emotions and regulate behaviors.
- 5. Social Development:** This session will engage learners in activities that can be used to help children enhance their social interaction skills, identify strategies to help children develop trusting relationships with nurturing adults, demonstrate caring cooperation and role play relationship dynamics.

**6. Language and Literacy:** This session will teach learners to stimulate and enhance children's communication skills. It will engage learners in using AELG to understand verbal and non-verbal communication, explore various methods of communication, identify with home languages, and become familiar with ages and stages of language and literacy development.

**7. Physical Development:** This session will teach learners to stimulate and enhance children's physical skills necessary for healthy development. Learners will engage in becoming familiar with how children develop gross and fine motor skills and ways to enhance self-help skills.

**8. Cognitive Development:** This session will engage learners in activities that can be used to help children build and expand concepts to develop problem-solving skills. Learners will gain an understanding of basic concepts and relationships, apply knowledge to new situations and problem solving.

**9. Putting It all Together:** This session will have learners participate in activities that encourage the use of all available resources for caregivers, families and children. The session will help participants provide additional resources and materials to parents to promote high quality care and education and pull together information from previous AELG sessions.

**NOTE:** You **MUST** attend the Orientation Session first in order to attend sessions 2-9. Upon completion of each session you will receive a certificate. When all 9 sessions have been completed you will receive a certificate from the Alabama Department of Human Resources.

ALABAMA EARLY LEARNING GUIDELINES



ALABAMA DEPARTMENT OF HUMAN RESOURCES



1904 First Avenue N  
Birmingham, AL 35203



United Way  
of Central Alabama, Inc.



**Quality Times**  
Winter 2012

**Training Opportunities,  
News and Resources  
for the Early Care  
Educator**

Serving Blount, Jefferson,  
Shelby and Walker  
Counties

(205) 252-1991  
(800) 822-2734  
[www.ccr-bhm.org](http://www.ccr-bhm.org)

**Childcare Resources  
Mission**

The mission of Childcare Resources is to make quality care and education of children happen by providing information, education, and assistance to families, providers of child care and the community.

Nonprofit  
Organization  
U.S. POSTAGE  
PAID  
Birmingham, AL  
Permit #4550

## Regional Training Sessions

### **Blount County Super Saturday**

First Baptist of Oneonta  
January 28th  
8:15am -12:30pm

### **Family Child Care Home**

**Super Saturday**  
Childcare Resources  
March 3rd  
8:15am - 12:30pm

## UPCOMING CONFERENCES

### **Sky's the Limit Conference**

February 18th  
7:45am-3:15pm

### **Canterbury United Methodist Church**

350 Overbrook Road Mountain Brook, AL 35216

For registration information visit  
[www.ccr-bhm.org](http://www.ccr-bhm.org) or call (205) 252-1991 ext. 300

## **Training with a Purpose**

Do you have a specific challenge in your center and do not know where to turn? Childcare Resources is here to help you with our Training with a Purpose. We will provide you a consultation with an experienced technical assistance leader and make a plan for training and implementation to help resolve your challenge!

**The cost? FREE**

**The investment? Your time and willingness to succeed**

**Who wins? The children you serve and your staff!**

Contact Lisa Nunn for more information  
(205) 252-1991 ext. 312 or email [lnunn@ccr-bhm.org](mailto:lnunn@ccr-bhm.org)